

Maia L. Routly-Mansfield DNP, MA, RN, CPN, EBP-CH

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Atlanta, GA 30329
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EMPLOYMENT

- 2022 – Present **Children’s Healthcare of Atlanta**
Program Manager Strong4Life Clinic/Bariatric program
Management Strong4Life
Child Advocacy Department
- 2020 – 2022 **Children’s Healthcare of Atlanta at Scottish Rite**
Trauma Performance Improvement Coordinator
Trauma Services
- 2018 – 2020 **Children’s Healthcare of Atlanta at Scottish Rite**
Trauma Clinician
Trauma Services
- 2016 – 2018 **Children’s Healthcare of Atlanta Satellite Boulevard**
Resource Nurse
Urgent Care System
- 2011 – 2016 **Children’s Healthcare of Atlanta at Scottish Rite**
Trauma Clinician
Trauma Services
- 2003 – 2011 **Children’s Healthcare of Atlanta at Egleston**
Resource Nurse/Trauma Specialist
Emergency Department
- 2001 – 2003 **Children’s Healthcare of Atlanta at Egleston**
Charge Nurse
5 East Neurology/Neurosurgery Inpatient Unit

- 1999 – 2001 **Travmed Traveling Nurse Agency**
Travel Nurse
- 1997 – 1999 **Saint Luke’s Hospital**
Charge Nurse
Orthopaedic/Neurology Inpatient Unit
- 1996 – 1997 **Meadow Point Retirement Center**
Charge Nurse
Alzheimer’s Unit

EDUCATION

- 2023 **Quinnipiac University**
Doctorate in Nursing Practice
Capstone: “Decreasing Trauma Nurse Data Input Time: An Evidence-based Practice Initiative”
Capstone Chair: Corey Boyd DNP
- 2005 **Liberty University**
Master of Arts/Human Relations
- 1996 **Eastern Washington University**
Bachelor of Science in Nursing

CERTIFICATION/LICENSURE

- Registered Nurse** - Dec. 1996/Jan. 202, State of Georgia
- Certified Pediatric Nurse** - Sept. 2008, Pediatric Nursing Certification Board (PNCB)
- Evidence-based Practice Certification** - June 2022, Helene Fuld Health Trust National Institute for Evidence-based Practice in Nursing and Healthcare (FULD) and the Accreditation Board for Specialty Nursing Certification (ABSNC)
- Member** – American Society for Metabolic and Bariatric Surgery

PEER REVIEWED PUBLICATIONS

Agoston, A.M., Bleacher, J., Smith, A., Edwards, S., **Routly, M.**, (2024). Longitudinal associations between pain, risk for posttraumatic stress disorder, posttraumatic stress symptoms, and pain characteristics in children after unintentional injury. *The Clinical Journal of Pain*

Routly, M., Gettis, M., (2024). A quality improvement project to revise and reduce nursing data entry in a pediatric trauma unit. *Journal of Nursing Administration*

Routly, M., Gettis, M., Thomas, A., Macias, J., Cherven, B. (2023). Transferring critical pediatric patients from Emergency Department to Intensive Care: A quality improvement initiative. *Journal of Pediatric Nursing*

Agoston, M., Bhatia, A., Bleacher, J., Smith, A., Hill, K., Edwards, S., Cochran, A., **Routly, M.**, (2022). PTSD risk factors and acute pain intensity predict length of hospital stay in children after unintentional injury. *Clinical Journal of Pain*

Agoston, M., Bhatia, A., Bleacher, J., Smith, A., Hill, K., Edwards, S., Cochran, A., **Routly, M.**, (2022). PTSD risk factors and acute pain intensity predict length of hospital stay in children after unintentional injury. *Children*

PRESENTATIONS

Routly-Mansfield, M. (2025, December). How True Interdisciplinary Collaboration has Revolutionized the Georgia Chapter of the ASMBS. Webinar, ASMBS Weekend 2025 Integrated Health Recap.

Routly-Mansfield, M. (2025, November). Shared Medical Visits vs Group Visits. Podium Presentation, Better Together: Integrating Surgery and Medications in the Age of Multimodal Obesity Care session at ASMBS Weekend meeting, Louisville, KY.

Routly-Mansfield, M. (2025, November). How True Interdisciplinary Collaboration has Revolutionized the Georgia Chapter of the ASMBS. Podium Presentation, Beyond Awareness: Resource-Driven Obesity Advocacy for Everyone session at ASMBS Weekend meeting, Louisville, KY.

McIntire, B., Telfare, Z., Routly-Mansfield, M. (2025, November). Interactive Group Visits in a Pediatric Weight Management Clinic: A Quality Improvement Initiative. Poster Presentation at The Obesity Society (TOS) Annual meeting, Atlanta, GA.

Telfare, Z., Routly-Mansfield, M. (2025, November). Engaging Physical Activity Tools in a Pediatric Obesity Clinic: A Quality Improvement Initiative. Poster Presentation at The Obesity Society (TOS) Annual meeting, Atlanta, GA.

Routly-Mansfield, M. (2025, November). Clinical Track Implementation to Increase Access to Care at a Pediatric Weight Management Clinic. Poster Presentation at The Obesity Society (TOS) Annual meeting, Atlanta, GA.

Routly-Mansfield, M., Palmer, W., McIntire, B. (2025, October). Telehealth Counseling by a Registered Dietitian to Increase Access to Pediatric Obesity Care. Poster Presentation at the Food and Nutrition Conference and Exhibition (FNCE), Atlanta, GA.

McIntire, B., Van Cise, A., Routly-Mansfield, M., Palmer, W., Welsh, J. (2025, October). Teaching Kitchen Experience in a Pediatric Weight Management Clinic to Increase Nutrition Knowledge and Confidence. Poster Presentation at the Food and Nutrition Conference and Exhibition (FNCE), Atlanta, GA.

Routly-Mansfield, M., McIntire, B., Van Cise, A., Palmer, W., Welsh, J. (2025, September). Teaching Kitchen Experience in a Pediatric Weight Management Clinic to Increase Nutrition Knowledge and Confidence. Poster Presentation at GA Chapter ASMBS meeting, Amelia Island, FL.

Routly-Mansfield, M., McIntire, B. (2025, June). Post-operative Bariatric Nausea and Vomiting: A Medical Nutritional Intervention. Poster Presentation at ASMBS Annual meeting Washington, DC.

Routly-Mansfield, M., McIntire, B., Waddle, C. (2025, June). RD Virtual Evaluation: An Access Improvement Project. Poster Presentation at ASMBS Annual meeting Washington, DC

Routly-Mansfield, M. (2024, November). Advocacy and the IH Voice. Podium Presentation at American Society of Metabolic and Bariatric Surgery (ASMBS) Weekend meeting, Atlanta, GA

Routly-Mansfield, M. (2024, August). CHOA Exercise Intervention: Increasing activity in a pediatric and adolescent population. Podium Presentation at GA Chapter ASMBS meeting, St. Simons, GA.

Routly-Mansfield, M. (2024, August). CHOA QI Project: Decreasing post-operative nausea/vomiting leading to ED visit and hospital readmissions. Podium Presentation at GA Chapter ASMBS meeting, St. Simons, GA.

Routly, M. (2023, August). Conversations in Communication: Words matter. Podium Presentation GA Chapter ASMBS meeting, St. Simons, GA.

St. Vincent, C., Routly, M., Wood, E. (2023, July). EEG Skin Checks: An Evidence - based Project to Decrease Pressure Injuries During EEG. Podium Presentation at the ASET Neurodiagnostic Society Annual Conference, Orlando, FL.

Hanada, S., Routly, M. (2023, March). EEG Skin Check Policy: An EBP Project to Decrease Pressure Injuries During EEG. Poster Presentation at the Society of Trauma Nurses TraumaCon, Denver, CO.

Larsen, K., Routly, M. (2023, February). Use of a Balanced Plate Method in a Pediatric Weight Management Program. Poster Presentation at the Academy of Nutrition and Dietetics Virtual Symposium.

Routly, M., St Vincent, C., Wood, E. (2023, February). EEG Skin Check Policy: An EBP Project to Decrease Pressure Injuries. Poster Presentation at the 12th Annual Research & EBP Symposium for Nursing & Allied Health, Atlanta, GA.

Demodna, J., Routly, M. (2023, February). Daily Routine Recall to Identify Unhealthy Behaviors in Obese Youth. Poster Presentation at the 12th Annual Research & EBP Symposium for Nursing & Allied Health, Atlanta, GA.

Routly, M. (2022, March). ED to PICU Transfer of Care: An Evidence-Based Nursing Process Change. Podium presentation and poster presentation at the Society of Trauma Nurses TraumaCon, Las Vegas, NV.

Routly, M. (2022, February). Early Open Fracture Identification and Treatment. Podium presentation at the 11th Annual Research & EBP Symposium for Nursing & Allied Health, Atlanta, GA.

Routly, M. (2022, February). ED to PICU Transfer of Care: An Evidence-Based Nursing Process Change. Poster presentation at the 11th Annual Research & EBP Symposium for Nursing & Allied Health, Atlanta, GA – Winner 2nd place poster presentations.

Agoston, M., Bleacher, J., Routly, M. (2020, November) Relationship between Pain/Pain -Related Characteristics and Posttraumatic Stress Symptoms in Children After Accidental Injury podium presentation at Pediatric Trauma Society (PTS) 7th Annual Meeting, New Orleans, LA.

Agoston, M., Bleacher, J., Routly, M. (2020, November) Relationship between Pain/Pain -Related Characteristics and Posttraumatic Stress Symptoms in Children After Accidental Injury poster presentation at International Society for Trauma Stress Studies (ISTSS) 36th Annual Meeting, Atlanta, GA.

Agoston, M., Bleacher, J., Routly, M. (2020, April) Relationship between Pain/Pain -Related Characteristics and Posttraumatic Stress Symptoms in Children After Accidental Injury poster presentation at Society for Pediatric Psychology (SPPAC) Annual Conference, Dallas, TX.

Routly, M., Bleacher, J. (2019, November) Trauma Follow Up Clinic poster presentation at Pediatric Trauma Society (PTS) 6th Annual Meeting, San Diego, CA.

Routly, M., Bleacher, J. (2019, July) Trauma Follow Up Clinic poster presentation at Western Pediatric Trauma (WPT) Conference, Telluride, CO – Winner 1st place poster presentations.

Routly, M., Bleacher, J. (2019, February) Trauma Follow Up Clinic poster presentation at 10th Annual Nursing Research Symposium, Atlanta, GA.

PROFESSIONAL ACTIVITIES

2025 November: Course Co-Director Unseen, Unheard, Underserved: Confronting Obesity Bias in Healthcare, ASMBS Weekend meeting, Louisville, KY.

2025 September: Course Director Integrated Health Session/Facilitator Integrated Health poster competition, GaASMBS State Chapter Meeting, Amelia Island, FL.

2025 June: Course Co-Director Collaborative Scientific Session, Beyond Size: Special Considerations for Pediatric Patients with Obesity, ASMBS Annual meeting, Washington D.C.

2025 June: Course Co-Director Collaborative Scientific Session: Pediatrics, ASMBS Annual meeting, Washington D.C.

2024 – present: Integrated Health STAR (State Access to Care Representative) to national ASMBS Access to Care committee

2024 - present: Member ASMBS Integrated Health Program Sub-committee

2024 - present: Member COMPASS Pediatric Obesity Treatment Research Group

2024 November: Course Co-Director Pediatric Scientific Session, ASMBS Weekend Meeting, Atlanta, GA

2023 – 2025: Integrated Health Chair, Georgia chapter of ASMBS

2023 – 2024: Site supervisor, Emory DNP student project

2023 – 2024: Mentee, ASMBS Integrated Health mentorship program

2022 – 2023: Lead Special Project: Policy revision to decrease pressure injuries from EEG

2021 – 2022: Chair Scottish Rite Evidence-Based Practice Council

2021 – 2022: Lead Special Project: Trauma REDCap Revision: Trauma Registrars

2021 – 2022: Lead Special Project: Monthly Mock Trauma Series

2021: Evidence-Based Practice Immersion Program: Helene Fuld Center for Evidence-Based Practice

2021: Society of Trauma Nurses Leadership Institute

2020 – 2022: Member State Level Committees
GTCE Pediatric Sub-committee

GTCE PI Sub-committee
GTCE Opioid Use Workgroup

2020 – 2021: Lead Special Project: ED to PICU Transfer of Care

2018 – 2022: Lead Special Project: Trauma Follow Up Clinic

2018 – 2022: Lead Special Project: Trauma Clinician New Hire Onboarding

2007 – 2009: Chair Trauma Nurse Specialist Group

2006: Trauma Specialist Program Creation Workgroup

TEACHING SERVICE

TEACHING

2020 – 2022: ATLS Course Coordinator

2011 – 2022: ATCN Course Instructor

2006 – 2022: TNCC/ENPC Course Instructor

ADVISEMENT

Clinical Partner: Maria Lopes BSN, RN, Emory University. Capstone: “A Culturally Relevant Nutrition Screening and Preliminary Intervention Telehealth Program among Hispanic Children with Obesity”

COMMUNITY ACTIVITIES

VOLUNTEER/MEMBER

2024-present: PTA member Duluth high school, Duluth, Georgia

2024-2025: PTA member Norcross high school, Norcross, Georgia

2021-present: Member 6Degree Tilt Alternative Rock Band, Alpharetta, Georgia

2007-2024: Volunteer/PTA member, Coleman Middle School/Duluth High School, Duluth, Georgia

2008-2023: Volunteer, Camp Nurse, Camp Westminster, Conyers, Georgia

2007-2022: Volunteer, Thunderbolts Swim Team, Duluth, Georgia

2000-2022: Volunteer/Member, Perimeter Church, John’s Creek, Georgia

2007-2021: Volunteer/PTA member, Chattahoochee Elementary

2011-2018: Volunteer, Safe Families, Bethany Christian Services, Atlanta, GA

2008-2010: Volunteer, Nurse, Good Samaritan Health Clinic, Duluth, GA

AWARDS AND HONORS

Candlish Nursing Scholarship - 2022