

Carl M. Pesta D.O.

ASMBS Service Roles

TREO Past President 2022-2024

Chair: Community and Independent practice 2024/25
State Chapters 2018

Co-Chair: Public Education 2025

Member of Committees: Quality Improvement Patient safety, access to care, pediatric,
Credentials Task Force Member

State Chapter President: Michigan 2016

Michigan Bariatric Collaborative Executive Council Current

Political Action Donor: Top Level.

STAFF PRIVILEGES:

McLaren Macomb Hospital

Nov. 2003- Present

Mt. Clemens, MI

Staff Surgeon

Allure Medical

July 2016- Present

Shelby Twp, MI

Medical Director, Cosmetic Surgeon

EDUCATION:

Michigan State University

Sept. 1992- July 1996

College of Osteopathic Medicine

East Lansing, MI

Doctor of Osteopathy

Michigan State University

Sept. 1988- July 1992

East Lansing, MI

Bachelor of Science

POSTDOCTORAL TRAINING:

Mount Clemens General Hospital

July 1997- July 2001

Michigan State University Affiliated

General Surgery Residency

Mount Clemens General Hospital

July 1996- July 1997

Internal Medicine Track Internship

Henry Ford Bi County Community Hospital

April 2003

Bariatric Surgery Proctorship

CERTIFICATION AND LICENSURE:

Medical Licensure
Controlled Substance Registration
Board Certification
Board Certification
FACOS

Michigan, 1996- Present #5101013083
1996- Present #5101013083
NBOME 1996, recertification 2015
General Surgery
2009

ORGANIZATIONS AND LEADERSHIP:

ASMBS:

President TREO Foundation (ASMBS Foundation)
Community and Independent Practice Co-Chair
Committee Participation:
 Access to Care, Public Education, Quality Improvement and Patient Safety, Bariatric
 Surgery Training, Past Chair State Chapter,
Obesity PAC

POSTDOCTORAL SOCIETIES

American Society of Metabolic and Bariatric Surgery.
SAGES
American Academy of Cosmetic Surgery
American College of Osteopathic Surgeons
American Osteopathic Association

TEACHING POSITIONS

Clinical Professor

Teaching Assistant

Michigan State University, General
Surgery: 1996-Present
MSUCOM; Physiology, Anatomy,
Pharmacology,
MSU; Physics, Chemistry

PUBLICATIONS:

Metabolic and Bariatric Surgery Exam and Board Review 1st Edition

Author(s) Robert B. Lim; Daniel B. Jones

Publisher McGraw-Hill Education / Medical 2022

Chapter 34: Post gastric bypass Strictures

Effectiveness of Online Aftercare Programs Following Intra-gastric Balloon Placement for Obesity Is Similar to Traditional Follow-up: a Large Propensity Matched US Multicenter Study.

Vargas EJ, Bazerbachi F, Storm AC, Rizk M, Acosta A, Grothe K, Clark MM, Mundi MS, Pesta CM, Bali A, Ibegbu E, Moore RL, Kumbhari V, Curry T, Sharaiha RZ, Abu Dayyeh BK. *Obes Surg.* 2019 Jul 25. doi: 10.1007/s11695-019-04102-0.

Single Fluid-Filled Intra-gastric Balloon Safe and Effective for Inducing Weight Loss in a Real-World Population.

Vargas EJ, Pesta CM, Bali A, Ibegbu E, Bazerbachi F, Moore RL, Kumbhari V, Sharaiha RZ, Curry TW, DosSantos G, Schmitz R, Agnihotri A, Novikov AA, Pitt T, Dunlap MK, Herr A, Aronne L, Ledonne E, Kadouh HC, Cheskin LJ, Mundi MS, Acosta A, Gostout CJ, Abu Dayyeh BK. *Clin Gastroenterol Hepatol.* 2018 Jul;16(7):1073-1080.e1. doi: 10.1016/j.cgh.2018.01.046. Epub 2018 Feb 7.

American Society for Metabolic and Bariatric Surgery: care pathway for laparoscopic sleeve gastrectomy.

Telem DA, Gould J, Pesta C, Powers K, Majid S, Greenberg JA, Teixeira A, Brounts L, Lin H, DeMaria E, Rosenthal R. *Surg Obes Relat Dis.* 2017 May;13(5):742-749. doi: 10.1016/j.soard.2017.01.027. Epub 2017 Jan 24. Review. No abstract available

Site-specific Approach to Reducing Emergency Department Visits Following Surgery.

Abdel Khalik H, Stevens H, Carlin AM, Stricklen A, Ross R, Pesta C, Finks JF, Ibrahim A, Ghaferi AA. *Ann Surg.* 2018 Apr;267(4):721-726. doi: 10.1097/SLA.0000000000002226.

Preoperative placement of inferior vena cava filters and outcomes after gastric bypass surgery.

Birkmeyer NJ, Share D, Baser O, Carlin AM, Finks JF, Pesta CM, Genaw JA, Birkmeyer JD; Michigan Bariatric Surgery Collaborative. *Ann Surg.* 2010 Aug;252(2):313-8. doi: 10.1097/SLA.0b013e3181e61e4f.

C. Pesta, DO, K. Minanov, MD, M. Thornton, DO: Thoracic Hernia Presenting as a Mass. *Annals of Thoracic Surgery*: September, 2001

Recently From the Podium:

Moderator Webinar: SADI How to get Started. ASMBS Community and Independent Practice committee
ASMBS Weekend 2022:

 Focused Practice Designation: Nutritional Considerations for metabolic /bariatric surgery

 GERD: There is Reflux Post Gastric Bypass? Evaluation and Pathophysiology

 Multidisciplinary Practice Management: Incorporating cosmetic surgery into your practice

Michigan Assoc. Osteopathic Family Practitioners 2022: Bariatric Surgery Update

ASMBS Track at IFSO 2022: Symptomatic Hiatal Hernia following Sleeve in Normal BMI Patient

Ezisurg Medical's ASMBS 2022 Symposium Speaker Panelist Revisional Bariatric Surgery

ASMBS Moderator/ Coordinator 2022 Practice Building Course

ASMBS 2021 Virtual Meeting: The Allure of the Side Hustle: From Supplements to Non-Surgical Cosmetic

BOARD MEMBERSHIP:

Turning Point INC. Supporting Physical and Sexual Abuse, and human trafficking survivors

McLaren Macomb Hospital Foundation

HONORS AND AWARDS:

Sigma Sigma Phi
Outstanding Senior

Honorary Fraternity MSUCOM '93 - '96
Michigan State University; For
Community and University as well as
Academics.

Deans List

Michigan State University 1992-1996

MEDICAL SCHOOL ACTIVITIES

Sigma Sigma Phi
Sports Medicine Club
Social Chair

Osteopathic Honorary Fraternity
President
Co- Chairman

WORK HISTORY:

Bi County Community Hospital
Carl M. Pesta, D.O. PLLC
Michigan Tri County Medical Specialists, PLLC
Surgical Consultants, PLLC

08/01/2001- 11/05/2002
11/06/2002- 09/01/2003
09/02/2003- 11/01/2004
11/02/2004- Present