

# Amy M. Laktash, MSN, APRN, NP-C, FASMBS-IH

## PROFESSIONAL SUMMARY

Nurse Practitioner and Fellow of the ASMBS Integrated Health Section with over a decade of leadership across metabolic and bariatric surgery, obesity medicine, and program development. Experienced in building, scaling, and optimizing cardiometabolic programs across academic, private, and virtual care environments, with deep expertise in MBSAQIP quality infrastructure and multidisciplinary care models. Recognized for advancing longitudinal, cardiometabolic approaches to obesity care through strategic partnerships with bariatric surgeons, health systems, and payers. Nationally engaged ASMBS educator and committee leader with contributions to outcomes research demonstrating improved clinical outcomes and reduced healthcare costs.

## CLINICAL & ACADEMIC APPOINTMENTS

### Senior Nurse Practitioner, Bariatrics & Business Development

*Accomplish Health, Remote | 2026 - Present*

- Provide comprehensive clinical care in obesity medicine and bariatric care, supporting patients across medical management, surgical pathways, and long-term longitudinal treatment.
- Partner with bariatric surgeons and multidisciplinary programs to support coordinated, team-based care delivery.
- Support strategic growth initiatives focused on expanding access to integrated obesity and bariatric care through collaboration with surgical practices and health systems.
- Contribute to program development efforts aimed at strengthening longitudinal care models and enhancing patient access and utilization across the continuum of care.

### Nurse Practitioner, Obesity & Cardiometabolic Medicine

*FlyteHealth, Remote | 2022 - 2026*

- Delivered comprehensive obesity medicine care for medically complex patients using algorithm-driven treatment strategies.
- Contributed to the implementation and evaluation of a comprehensive cardiometabolic pilot with a state employee health plan, supporting clinical strategy and outcomes assessment.
- Co-authored and presented outcomes from a comprehensive cardiometabolic program with a state health plan (ObesityWeek 2025).
- Served as subject matter expert for bariatric integration and post-surgical care, supporting development of scalable clinical pathways, guidelines, and patient education resources.

### Nurse Practitioner, Metabolic and Bariatric Surgery

*The Cleveland Clinic, Akron, OH | 2015 – 2021*

- Foundational clinical leader in the development and launch of a comprehensive metabolic and bariatric surgery program, establishing multidisciplinary care pathways, quality infrastructure, and access models from inception through implementation.
- Led shared medical appointments and virtual care initiatives, improving access, efficiency, and follow-up adherence while reducing no-show rates by 75%.
- Delivered comprehensive bariatric care through complex clinical evaluation, diagnostic interpretation, and individualized peri-operative management.

## **Clinical Coordinator, MBSAQIP**

*The Cleveland Clinic, Akron, OH | 2015 – 2021*

- Led the metabolic and bariatric surgery accreditation and quality improvement efforts, ensuring compliance with MBSAQIP national standards.
- Partnered with surgical and administrative leadership to implement data-driven quality initiatives and standardized operating procedures.

## **EDUCATION**

- Master of Science in Nursing, The University of Akron, 2015
- Bachelor of Science in Nursing, Miami University, 2008
- Associate of Applied Science in Nursing, Miami University, 2007

## **CERTIFICATION & HONORS**

- **Fellow, American Society of Metabolic and Bariatric Surgery – Integrated Health (FASMBS-IH), 2025**
- Adult-Gerontology Nurse Practitioner, AANP (Expires June 2030)

## **NATIONAL LEADERSHIP & SERVICE**

- **Integrated Health Chair**, ASMBS Ohio/Kentucky State Chapter (2023 – Present)  
*Appointed leadership role providing strategic oversight of integrated health initiatives, education programming, and statewide engagement in collaboration with surgical and executive leadership.*
- Integrated Health State Access to Care Representative, ASMBS Ohio/Kentucky State Chapter (2024 – Present)
- Advanced Practice Committee, ASMBS (2025 – Present)
- Integrated Health Clinical Issues Committee, ASMBS (2025 – Present)
- Quality Improvement & Patient Safety Committee, ASMBS (2025 – Present)
- Access to Care Committee, ASMBS (2024 – Present)
- State & Local Chapters Committee, ASMBS (2023 – Present)
- ASMBS Integrated Health Mentorship Program – Mentor (2025)

## **PEER – REVIEWED PUBLICATIONS**

- Igel, L., **Laktash, A.**, Lorenzo, A., Pegus, C., & Saunders, K. (2025). *Improving outcomes and reducing employer costs: Results from a comprehensive cardiometabolic program with a state health plan. Obesity.* <https://doi.org/10.1002/oby.24213>.
- Laktash, A. & Saunders, K. (2025). *Flattening the cost curve and improving health outcomes: Results from a weight management pilot program with a state employee health plan. Surgery for Obesity and Related Diseases, 21(6),* S129–S130. <https://doi.org/10.1016/j.soard.2025.04.407>.
- Daigle, C., Augustin, T., Wilson, R., Schulz, K., Fathalizadeh, A., **Laktash, A.**, Bauman, M., Bencsath, K., Cha, W., Rodriguez, J., & Aminian, A. (2020). *A structured approach for safely reintroducing bariatric surgery in a COVID-19 environment. Obesity Surgery, 30(10),* 4159–4164. <https://doi.org/10.1007/s11695-020-04733-8>.

## INVITED FACULTY, EDUCATIONAL LEADERSHIP & NATIONAL PRESENTATIONS

- *Integrated Health Weekend 2025 Conference Recap*. ASMBS Webinar, December 2025. *Selected Top Presenter (ASMBS Weekend 2025)*
- **Invited Faculty**, ASMBS Weekend Meeting, Louisville, KY, November 2025
  - Maximizing Reimbursement for Body Composition
  - Health Disparities to Consider in Your Practice
  - Making Sense of the Science: Practical Lab Interpretation for Nutrition Care
- **Invited Faculty**, Advanced Metabolic & Bariatric Nutrition Certificate Training Course, ASMBS National Meeting, Washington, D.C., June 2025
- *Losing More than Weight: Addressing Muscle Loss, Sarcopenia, and Anti-Obesity Medications*. ASMBS National Meeting, APP Symposium, Washington, D.C., June 2025
- *Nutrition Strategies for Complex Surgeries: Meeting Unique Patient Needs*. ASMBS National Meeting, Washington, D.C., June 2025
- *Adding Obesity Medicine to Your MBS Practice: Where Do You Begin?* ASMBS Advanced Practice Provider Webinar Series, May 2025
- *Science and Strategy of Obesity Management for Primary Care*. Ohio Association of Advanced Practice Nurses (OAAPN) Northwest Region Conference, Bowling Green State University, May 2025
- *Muscle Loss Associated with Anti-Obesity Medications*. Cleveland Clinic ObesityLIVE Webinar Series, August 2024

## NATIONAL SCIENTIFIC POSTERS

- Igel, L, **Laktash, A**, Lorenzo, A, Pegus, C, & Saunders, K. *Improving outcomes and reducing employer costs: Results from a comprehensive cardiometabolic program with a state health plan*. Poster presented at Obesity Week, 2025. (Abstract published in **Obesity**).
- Laktash, A. & Saunders, K. (2025). *Flattening the cost curve and improving health outcomes: Results from a weight management pilot program with a state employee health plan*. Poster presented at ASMBS National Meeting, 2025. (Abstract published in **SOARD**).

## ADVISORY & INDUSTRY ROLES

- **Clinical Advisor**, Ursamin (2025 – Present)

## PROFESSIONAL MEMBERSHIPS

- American Society for Metabolic and Bariatric Surgery (ASMBS)
- Ohio/Kentucky State Chapter, ASMBS
- The Obesity Society (TOS)
- Obesity Medicine Association (OMA)
- American Academy of Nurse Practitioners (AANP)
- Ohio Association of Advanced Practice Nurses (OAAPN)

## CERTIFICATES

- Obesity Medicine for the Metabolic and Bariatric Patient, Advanced Practice Provider Assessment Based Certificate, ASMBS, 2024
- Obesity Medicine Certificate, AANP, 2022

## **PROFESSIONAL LICENSURE**

Registered Nurse and Advanced Practice Registered Nurse licenses held in multiple U.S. states (full list available upon request).