

ASMBS BOD Biosketch- Tammy Lyn Kindel, MD, PhD

I believe I offer a unique perspective to the ASMBS Board of Directors with a combination of high clinical volume experience, program development, and research expertise that benefits the ASMBS membership. I am a metabolic and bariatric surgeon practicing in Milwaukee, Wisconsin at the Medical College of Wisconsin since 2015. I am the medical director of our hospital's MBSAQIP-accredited MBS program and associate program director for our Advanced GI-MIS-Bariatric Fellowship. My clinical practice is solely bariatric surgery, with special interest in clinical management of adolescent, advanced heart failure, and complex revisional patients. I also am Chief of the Division of Surgical Research and run a NIH-funded translational science lab studying the effects of metabolic surgery on cardiovascular disease.

ASMBS member service, regardless of project visibility, is critical to the long-term success of the ASMBS and a tenant I would continue to offer to the BOD. I have served the society in many domains over the past decade receiving the ASMBS distinguished service award in 2024. A few highlights of my roles in the ASMBS include: Quality Improvement and Patient Safety committee (chair), Research committee (co-chair), Program committee, Board Certification committee, and Nominating committee. In addition, I actively participate in the ASMBS mentorship program, serve as an associate editor for SOARD, and as board member of the Treo Foundation. I am the past Vice President of our Wisconsin State Chapter. Finally, I co-published the multi-society consensus document on GLP-1R agonist perioperative usage led by the ASMBS.

To better serve the society and my clinical practice, I have worked purposefully to build leadership skills. This includes formal leadership training from the Columbia University School of Business Executive Education, the Women's Leadership Learning Collaborative, and MCW's CAPTAINS program for surgical leadership. I hope to bring to the BOD servant leadership, founded in integrity, clinical expertise, advocacy, and professional productivity to best serve our membership. I am passionate about the importance for the BOD to lead current efforts of the ASMBS to define our position within the landscape of obesity treatment, leveraging the science to shape guidelines and policy. It would be an honor to be nominated and elected for the position of Director-at-Large for the ASMBS Board of Directors and I would be grateful to continue to serve.