

CURRICULUM VITAE

Tammy Lyn Kindel, MD, PhD, FACS, FASMBS

Professor of Surgery
Chief, Division of Surgical Research
Medical Director, Bariatric Surgery Program
Associate Program Director, Advanced GI/MIS and Bariatric Surgery Fellowship
Division of Minimally Invasive and Gastrointestinal Surgery, Department of Surgery (primary)
Graduate School of Biomedical Sciences (secondary)
Department of Microbiology & Immunology (secondary)
Medical College of Wisconsin

I am an academic bariatric surgeon-scientist leader with specific clinical development experience in adolescent bariatric surgery, revisional bariatric surgery, and metabolic surgery in advanced heart failure patients. I am the clinical director of the MBSAQIP accredited bariatric surgery program at Froedtert & Medical College of Wisconsin and vice chief of the division of surgical research in the department of surgery. My research interests involve GI mediated mechanisms for cardiovascular disease remission after metabolic surgery funded by the National Institutes of Health. Nationally, I serve on the board of directors for the American Society of Metabolic and Bariatric Surgery.

HOME ADDRESS:

OFFICE ADDRESS: Medical College of Wisconsin

8701 Watertown Plank Road
Milwaukee, WI 53226
Phone: (414) 955-1763
Email:

EDUCATION:

08/1997-06/2001 BS, Wilmington College, Wilmington, OH
08/2001-06/2005 MD, The Ohio State University, Columbus, OH
06/2007-06/2010 PhD, University of Cincinnati, Cincinnati, OH
Department of Pathobiology and Molecular Medicine
Dissertation: The effects of duodenal-jejunal bypass on glucose homeostasis

POSTGRADUATE TRAINING AND FELLOWSHIP APPOINTMENTS:

07/2005-06/2013 Residency, General Surgery, Northwestern Memorial Hospital,
Chicago, IL
07/2014-06/2015 Fellowship, Minimally Invasive and Bariatric Surgery, University of
Nebraska, Medical Center, Omaha, NE
09/2017-08/2019 CTSI of Southeast Wisconsin, Clinical Research Scholars Program

LEADERSHIP TRAINING:

06/2022 Columbia University School of Business Executive Education, Women in
Leadership
01/2023-10/2023 MCW Women's Leadership Learning Collaborative

09/2023-05/2024 MCW Department of Surgery CAPTAINS leadership training

FACULTY APPOINTMENTS:

11/2013-06/2015 Clinical Assistant Professor, Department of Surgery, Division of General Surgery, University of Nebraska Medical Center, Omaha, NE
 09/2015-06/2019 Assistant Professor, Department of Surgery, Division of Minimally Invasive and General Surgery, Milwaukee, WI
 07/2020-present Associate Professor, Department of Surgery, Division of Minimally Invasive and Gastrointestinal Surgery (primary appointment), Medical College of Wisconsin, Milwaukee, WI
 09/2020-present Associate Professor, Graduate School of Biomedical Sciences (secondary appointment), Medical College of Wisconsin; Milwaukee, WI
 3/2021-present Associate Professor, Department of Microbiology & Immunology (secondary appointment), Medical College of Wisconsin; Milwaukee, WI
 7/2025-present Professor, Department of Surgery, Medical College of Wisconsin; Milwaukee, WI

COLLEGE ADMINISTRATIVE APPOINTMENTS:

10/2023-present Faculty director, Women's Learning Leadership Collaborative, Office of Advancing Women in Science & Medicine, MCW
 07/2024-present Vice Chief, Division of Research, Department of Surgery

EDUCATIONAL ADMINISTRATIVE APPOINTMENTS:

10/2021-present Associate Program Director, Gastrointestinal/Minimally Invasive Surgery and Bariatric Surgery Fellowship, Milwaukee, WI
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HOSPITAL ADMINISTRATIVE APPOINTMENTS:

04/2018-present Medical Director, Bariatric Surgery Program of Froedtert & MCW

RESEARCH ADMINISTRATIVE APPOINTMENTS:

09/2022- present MCW IACUC Chair

HOSPITAL STAFF PRIVILEGES:

11/2013-6/2015 University of Nebraska Medical Center, Omaha, NE
 09/2015-present Froedtert Memorial Lutheran Hospital, Milwaukee, WI
 09/2015-present Children's Hospital of Wisconsin, Milwaukee, WI

SPECIALTY BOARDS AND CERTIFICATION:

<u>Board Certified</u>		<u>Issue Date</u>	<u>Expiration</u>
American Board of Surgery #058841 (CC)		01/2014	01/05/2026
FPD-ABS, Bariatric & Metabolic Surgery #000164		4/2023	01/05/2026
<u>Certificates</u>	<u>Issued By</u>	<u>Issue Date</u>	<u>Expiration</u>
Satisfactory Training in MBS	ASMBS	10/2015	none
<u>Licensure</u>	<u>Number</u>	<u>Issue Date</u>	<u>Expiration</u>
Wisconsin License	64165	06/2015	10/31/2025

PROFESSIONAL AWARDS AND HONORS:

06/2001	Summa Cum Laude, Wilmington College, Wilmington, OH, 06/2001
05/2004	AOA Honor Society, Junior member induction
05/2004	AOA Gamma Chapter President
06/2005	Glasgow-Rubin Achievement citation, American Medical Women's Association
06/2005	Ferguson Award in Surgery, The Ohio State University COM
06/2005	Cum Laude, The Ohio State University COM
06/2008	Pathobiology and Molecular Medicine Milestone Achievement Award, University of Cincinnati
06/2009	Winner Open/Basic Science Research Competition, Department of Surgery, Northwestern Memorial Hospital, Chicago, IL
05/2010	2 nd place poster award winner, Digestive Health Center Annual Scientific Research Symposium, Children's Hospital and Medical Center of Cincinnati
06/2011	"Resident as Teachers" award winner, Department of Surgery, Northwestern Memorial Hospital
06/2012	"Resident as Teachers" award winner, Department of Surgery, Northwestern Memorial Hospital, Chicago, IL
06/2012	Kanavel Scholars Award Winner, Department of Surgery, Northwestern Memorial Hospital
07/2012	Administrative Chief Resident, Northwestern Memorial Hospital (07/2012-06/2013)
04/2019	SAGES Young Researcher Award- This award is designated for a young member of SAGES within 5 years of completion of fellowship training with significant clinical and/or basic science research, publication or presentation at national meetings, and dedication to an academic career.
05/2020	The Ohio State University COM Early Career Achievement Award- This award is presented to an alumnus/alumna who has made significant career contributions to the community or college in the areas of service, scientific or academic achievement within 10 years of medical training.
08/2021	SAGES Foundation Excellence in Medical Leadership Award- This leadership program scholarship is to optimize a high potential surgeon leader in the medical field/industry so they can deliver sustainable results driven by their greatest capabilities and purpose as a leader.
06/2022	MCW Department of Surgery Professionalism Award- This award is selected by the general surgery residents and given each year to one faculty member from the department of surgery who exemplifies honesty, integrity and a commitment to patient care.
06/2022	MCW Office of Research 2022 Outstanding Committee Service Award
06/2023	Medical College Physicians 2023 Lee A. Biblo Excellence in Professionalism Award
06/2024	American Society of Metabolic and Bariatric Surgery 2024 Distinguished Service Award- This award is bestowed upon members who have made notable and outstanding contributions to the field of metabolic and

11/2024 bariatric surgery and demonstrate a strong commitment to ASMBS and its mission.
Outstanding Graduate School Educator 2023-2024

ACTIVE MEMBERSHIPS IN HONORARY AND PROFESSIONAL SOCIETIES:

Society for American Gastrointestinal and Endoscopic Surgeons (SAGES)
American College of Surgeons (Member and Fellow, ACS)
American Society for Metabolic and Bariatric Surgery (Member and Fellow, ASMBS)
Wisconsin Surgical Society
Society of University Surgeons
Alpha Omega Alpha

EDITORSHIPS/EDITORIAL BOARDS/JOURNAL REVIEWS:

Editorship

01/2024-present Surgery for Obesity and Related Diseases (associate editor)

Editorial Board

07/2023-present Surgical Endoscopy

Ad-hoc Review

Annals of Surgery
Annals of Surgical Oncology
Biomedicines
BMC Obesity
Diabetes
Expert Review of Cardiovascular Therapy
EBioMedicine
Gut Microbes
Journal of Clinical Medicine
Journal of Gastrointestinal Surgery
Journal of Surgical Research
Medical Science Monitor
Nutrients
Obesity Surgery
Surgery

LOCAL/REGIONAL APPOINTED LEADERSHIP AND COMMITTEE POSITIONS:

01/2016-01/2018 Leadership Council, Wisconsin State Chapter of the American Society for Metabolic and Bariatric Surgery, at large position
11/2017-11/2019 Leadership Council, Wisconsin Surgical Society, State Chapter of the American College of Surgeons
01/2018-01/2020 Leadership Council, Wisconsin State Chapter of the American Society for Metabolic and Bariatric Surgery, Secretary/Treasurer
7/2021-06/2022 Leadership Council, Wisconsin State Chapter of the American Society for Metabolic and Bariatric Surgery, Vice-president

NATIONAL/INTERNATIONAL ELECTED/APPOINTED LEADERSHIP AND COMMITTEE POSITIONS:

06/2015-05/2017 Member, Safety in Cholecystectomy Task Force, SAGES
 06/2015-present Member, Guidelines Committee, SAGES
 01/2016-present Member, Research Committee, ASMBS
 11/2016-present Member, Quality Improvement & Patient Safety Committee, ASMBS
 02/2017-02/2019 Member, Membership Committee, AAS
 01/2020-present Program Committee, Scientific Sessions Sub-committee member, ASMBS
 07/2020-06/2023 Co-chair, Quality Improvement & Patient Safety Committee, ASMBS
 07/2020-present Career Development and Research Committee member, SAGES
 06/2022-06/2025 Treo Foundation Board Member
 07/2022-present Co-chair, Guidelines Committee, SAGES
 04/2023-04/2025 Member, Nominating Committee ASMBS
 05/2023 2023/08 ZRD1 ENDA-L Endocrinology A VA
 06/2023-present CTSA External Reviewers Exchange Consortium
 06/2023 NIH Bioengineering, Technology, and Surgical Sciences (BTSS) Study Section
 06/2023-06/2025 Chair, Quality Improvement & Patient Safety Committee, ASMBS
 06/2023-06/2025 Co-chair, Research Committee, ASMBS
 04/2024-present American Board of Surgery/ASMBS Standard Setting Panelist for Metabolic and Bariatric Surgery FPD exam
 06/2024-present Member, Board Certification Committee, ASMBS
 07/01/24-6/30/28 NIH Bioengineering, Technology, and Surgical Sciences (BTSS/SBIB) standing study section member
 10/01/24-present ACS-MBSAQIP Data and Quality Advisory Council
 07/01/25-06/30/26 ASMBS Board of Directors, Member-at-large
 07/01/25-present Bariatric and Metabolic Surgery Committee, SAGES

RESEARCH GRANTS/AWARDS/CONTRACTS/PROJECTS:

Active

Peer Review

Title: Using novel RNA therapy to understand the role of fibrinogen in thromboinflammation in acute and chronic venous thrombosis
 Source: NIH/NHLBI K08
 Role: Co-Mentor/Key Personnel (PI Dyer)
 Dates: 1/1/2025-12/31/2029
 Total Funds: \$757,615
 Effort: 0%

Title: Identifying gut microbiome mediated mechanisms of diastolic dysfunction improvement after bariatric surgery
 Source: NIH/NHLBI R01HL158900
 Role: PI
 Dates: 6/1/2022-5/31/2027
 Total Funds: \$2,209,200

Effort: 30%

Prior

Title: The effect of sleeve gastrectomy on endothelial nitric oxide availability as a mechanism to improve diastolic dysfunction of obesity

Source: Sages Research Award 2024

Role: co-PI/mentor (PI Suh, research resident)

Dates: 04/15/2024-04/14/2025

Total Funds: \$30,000

Title: The effect of sleeve gastrectomy on endothelial nitric oxide availability as a mechanism to improve diastolic dysfunction of obesity

Source: We Care Scholar Award

Role: co-PI/mentor (PI Suh, research resident)

Dates: 07/01/2024-06/30/2025

Total Funds: \$90,000

Title: The role of GLP-1 in cardiac recovery after bariatric surgery in obesity-induced heart failure.

Source: American College of Surgeons George Clowes Career Development Award

Role: PI

Dates: 7/2020-6/2025

Total Funds: \$225,000

Effort: supplement to K08 75%

Title: The intersection of GLP-1, gut microbiota, and brain connectivity in prodromal Alzheimer's disease

Source: NIA/NIH 1R21AG075501

Role: Co-I (PI Umfleet)

Dates: 01/15/2022-12/31/2024

Total Funds: \$396,000

Effort: 5%

Title: DK0833205: Is GIP Involved in the Resolution of Diabetes after Gastric Bypass

Source: NIH/NIDDK NRSA FK32

Role: PI

Dates: 07/2008-07/2010

Total Funds: \$116,744

Title: The effect of sleeve gastrectomy on post-prandial serum bile acids
Source: University of Nebraska Medical Center Clinical and Translational Research Support Fund

Role: PI

Dates: 01/2015-12/2016

Total Funds: \$160,000

Title: The effect of sleeve gastrectomy on post-prandial serum bile acids
 Source: SAGES Research Grant
 Role: PI
 Dates: 04/2015-04/2017
 Total Funds: \$30,000

Title: The effect of sleeve gastrectomy on cardiac function in diet-induced obese rats.
 Source: ASMBS
 Role: PI
 Dates: 11/2016-10/2017
 Total Funds: \$25,000

Title: The role of GLP-1 in cardiac recovery after bariatric surgery in obesity-induced heart failure.
 Source: NIH/NCATS Mentored Career Development Award- KL2TR001438
 Role: Principal Investigator
 Dates: 4/2017-1/2019 (K08 supplanted this award)
 Total Funds: \$273,240
 Effort: 75%

Title: The effect of bariatric surgery and antibiotics on the gut microbiome and hypertension
 Source: We Care Fund for Medical Innovation and Research Award, MCW
 Role: Principal Investigator
 Dates: 9/1/2018-8/31/2020
 Total Funds: \$70,000
 Effort: 5%

Title: The role of GLP-1 in cardiac recovery after bariatric surgery in obesity-induced heart failure.
 Source: NIH/NHLBI K08 Career Development Award- K08 HL140000-01A1
 Role: PI
 Dates: 1/15/2019-6/1/2022
 Total Funds: \$603,496
 Effort: 75%

Title: Weight loss independent effects of bariatric surgery on cardiac function in rodents.
 Source: Research Affairs Committee
 Role: Principal Investigator
 Dates: 1/1/2020-12/31/2021
 Total Funds: \$25,000
 Effort: 5%

Title: Integrated Clinical & Research Ensemble in Obesity
 Source: CTSI Greater Milwaukee and Southeastern Wisconsin, UL1TR001436
 Role: Member
 Dates: 2/1/2020-2/1/2024
 Total Funds: \$50,000
 Effort: 0%

Title: How the microbiome mediates changes in hypertension after bariatric surgery
 Source: Michael Keelan Jr. MD Research Foundation Award, MCW CVC
 Role: PI
 Dates: 11/1/2020-10/30/2022
 Total Funds: \$50,000
 Effort: 5%

Title: NIH Clinical Research Scholars Loan Repayment Program
 Date: 9/2021-8/2023

Pending

Peer Review

Title: Sleeve gastrectomy for treatment of midline obesity to reduce risk of Alzheimer's disease: A pilot study on vascular inflammatory mediators
 Source: NIH/NIA R03 (resubmission Nov 2025)
 Role: MPI (Contact PI Kindel, co-PI Umfleet)
 Dates: 04/2026-3/2028
 Total Funds: \$312,000
 Effort: 9.05%

Title: The role of ceruloplasmin in inflammatory risk-reduction for Alzheimer's disease
 Source: NIH/NIA R01 (resubmission July 2025)
 Role: PI (PI Kindel)
 Dates: 04/2026-3/2027
 Total Funds: \$3,504,405
 Effort: 25%

INVITED LECTURES/WORKSHOPS/PRESENTATIONS:

International

1. 65th International Bariatric Club, University of Oxford, Hot Topics in Surgery Webinar, "Bariatric and Metabolic Surgery in Adolescents- A 2022 Update." 5/2022
2. IFSO 2022, Invited Symposium Speaker, "Hernias and the Morbidly Obese Patient." 08/2022

3. IFSO 2022, Invited Speaker, "Top papers of the past 3 years." 8/2022
4. 3rd eSPACE Heart Failure Digital Conference 2022 Translational Medicine Academy, "How to manage the obese patient with heart failure: Bariatric Surgery" 10/2022
5. 10th Heart Failure Guidelines Forum Translational Medicine Academy, "Bariatric Surgery for obese patients with heart failure," 10/2022
6. 3rd Cardio-Renal-Metabolic Digital Conference (eSPACE-CRM), "Bariatric Surgery" 3/2023
7. 4th International Bariatric Club University of Oxford World Congress, Expert's forum panelist, "Dietetic, Medical and Surgical Considerations when Operating in Extreme Obesity BMI > 70kg/m." Oxford, England 9/2023
8. 4th International Bariatric Club University of Oxford World Congress, Session Moderator, "Bands, clips and rings on the foregut: regressive innovation or surgical genius?" Oxford, England 9/2023
9. TMA iCARDIO Alliance, Meeting on Guidelines on Obesity Management in Cardiovascular Disease; speaker "Controversies regarding bariatric/metabolic surgery recommendation," 7/2024
10. Chair of 2024 Task Force on Global Implementation Guidelines on obesity therapy in patients with cardiovascular disease; iCardio Alliance/Translational Medicine Academy (taskforce comprises approximately 25-30 experts in total coming from around the globe and representing at least four continents) 7/2024
11. 5th International Bariatric Club University of Oxford World Congress, Expert's forum panelist, "Adolescent Bariatric Surgery" Oxford, England 9/2024
12. IFSO-PAC 2025, Session Chair, "Metabolic and Bariatric Surgery: Targeting to Treat" Mumbai, India 02/2025
13. IFSO-PAC 2025, Invited Speaker, "Targeting to Treat: Cardiometabolic Health" Mumbai, India 02/2025
14. IFSO 2025, Invited Speaker, "Metabolic Bariatric Surgery Cases World Cup" Santiago, Chile 09/2025
15. IFSO 2025, Invited Speaker, "Metabolic Surgery Updates and Much More: CVD" Santiago, Chile 09/2025

National

1. ACS Clinical Congress Panel Session 2012, Co-chair, "Does the science support extending bariatric criteria to new populations?" 10/2012
2. ACS Clinical Congress 2015, Co-moderator, "Video Education Bariatric Surgery," 10/2015
3. Obesity Week 2016, Invited Panel Sessions Speaker, "Concomitant Hiatal Hernia Repair and Sleeve Gastrectomy," 11/2016
4. SAGES 2017 Moderator, "Lets do Lunch: Gastric" 04/2017
5. ACS Quality and Safety conference 2017, Invited Speaker, "Research in Metabolic and Bariatric Surgery" 07/2017
6. ACS Quality and Safety conference 2017, Invited speaker, "An Interactive Panel Session for the MBSCR" 07/2017
7. Obesity Week 2017, Invited Speaker, "Management algorithms of Ventral/Incisional Hernias during Bariatric Surgery." 11/2017

8. SAGES 2018, Co-Chair, “The Future of Bariatrics, Diabetic Care, and Metabolic Surgery: No Weight Loss Required!” 04/2018
9. SAGES 2018, Invited Panel Speaker, “The clinical effect of bariatric surgery on diabetic cardiac dysfunction.” 04/2018
10. ACS Quality and Safety Conference 2018, invited speaker, “Choosing and Prioritizing a QI Project.” 7/2018
11. ACS Quality and Safety Conference 2018, “Metabolic Surgery: The future of heart failure management.” 7/2018
12. ACS Clinical Congress 2018, co-moderator, “Bariatric/Foregut” 10/2018
13. Obesity Week 2018, Co-chair, “Bariatric Surgery and Mending of an Achy Breaky Heart” 11/2018
14. SAGES 2019, Co-Chair, “Devil’s in the Details: Sleeve Gastrectomy” 4/2019
15. SAGES 2019, invited speaker, “Managing Hiatal Hernias During Gastric Bypass” 4/2019
16. SAGES 2019, invited speaker, “Laparoscopic Revision of Chronic Marginal Ulcers/Stricture” 4/2019
17. ACS Clinical Congress 2019, Co-moderator, “Bariatric Surgery/Foregut” San Francisco, CA. 10/2019
18. Obesity Week 2019, Invited Speaker TOS/ASMBS Joint Symposium “The Pancreas, Resolution of Pancreatic Dysfunction, Predicting Surgical Risk and Diabetes Remission in the Digital Revolution” Las Vegas, NV. 11/2019
19. Obesity Week 2019, Invited Speaker, “Impact of metabolic surgery on end-organ complications of diabetes” Las Vegas, NV. 11/2019
20. Obesity Week 2019, Co-Chair, “Enhanced Recovery After Surgery” Las Vegas, NV. 11/2019
21. Minimally Invasive Surgery Symposium 2020, Invited Speaker Metabolic/Bariatric Surgery Program; “How does obesity cause heart failure, effects of bariatric surgery on heart failure.” 06/2020
22. SAGES 2020, Chair, “Avoiding and Managing Recidivism after Bariatric Surgery” 08/2020
23. SAGES 2020, Invited Speaker, “Managing Bariatric Complications On-Call: This patient is too sick to transfer—Now what do I do? 08/2020
24. SAGES 2020, Invited Speaker, “Adolescent Weight Loss Surgery- How to Get Them Through College” 08/2020
25. ACS Clinical Congress 2020, Invited Speaker, “Metabolic surgery: Mechanisms and Clinical Outcomes” 10/2020
26. ACS Clinical Congress 2020, Moderator, “Bariatric/Foregut” 10/2020
27. ASMBS Annual meeting, Top paper discussant, 6/2021
28. SAGES Co-chair, “Management of Reflux Pre- and Post-Bariatric Surgery”, 8/2021
29. SAGES Moderator Scientific Sessions 11: Bariatric Foregut Video Session 2, 8/2021
30. ACS Clinical Congress 2021, Moderator, “Bariatric/Foregut” 10/2021
31. SAGES Moderator Scientific Sessions, “Bariatric Sessions 3” 3/2022
32. Pennington Biomedical Research Center Metabolic Surgery Grand Rounds, panelist “Metabolic Surgery and Cardiovascular Outcomes,” 6/2022
33. ASMBS Video/Paper Palooza Session 4, Co-moderator, 6/2022
34. SAGES Moderator “Conquering Bariatric Disasters” Video Session; 4/2023

35. SAGES “Masters Foregut: Controversies in the Management of GERD”, Invited Speaker; 4/2023
36. American Association for Clinical Endocrinology (AACE) Annual Meeting, Invited Speaker “Metabolic Surgery” 5/2023
37. Pennington Biomedical Research Center Metabolic Surgery Grand Rounds, panelist “Metabolic Surgery for Heart Failure,” 5/2023
38. ASMBS Annual Meeting invited speaker, “Treatment of Resistant Obesity”, 6/2023
39. ASMBS Obesity Weekend session co-chair, “Difficult surgical decisions in cancer patients” 10/2023
40. ASMBS Obesity Weekend invited speaker, “Revisional surgery is the best option for weight recurrence (30% weight recurrence after RYGB)” 10/2023
41. ASMBS Obesity Weekend invited speaker, “Metabolic and bariatric surgery impact on cardio-metabolic health and type 2 diabetes” 10/2023
42. ACS Clinical Congress 2023, Moderator, “Bariatric/Foregut II” 10/2023
43. SAGES 2024 Session Chair: “Bariatric Emergencies” 4/2024
44. ASMBS Annual Meeting invited speaker, “How I integrate medical weight loss into my surgical practice” 6/2024
45. ASMBS Annual Meeting invited speaker, “Sleeve gastrectomy: Bariatric Surgery Made Easy. Not Really!” 6/2024
46. ASMBS Annual Meeting invited speaker, “GLP-1 Receptor Agonist” 6/2024
47. ASMBS Annual Meeting invited speaker, “Multiple Receptor Agonist” 6/2024
48. ASMBS Annual Meeting invited speaker, “How can bariatric surgery help with heart failure” 6/2024
49. ASMBS Annual Meeting Course Director, “When to repeat diagnostic testing after weight loss” 6/2024
50. Endo 2024, Invited speaker: “The role of metabolic surgery for solid organ transplant candidates.” 6/2024
51. SAGES 6th Annual Minimally Invasive Surgery Fellows Career Development Course, Invited Speaker, “Academic Surgery” 8/2024
52. ACS Clinical Congress 2024, Speaker, “Seminal Works in Surgery”, 10/2024
53. ASMBS Obesity Weekend 2024, “Pre-operative Optimization for Hernia Repair,” 11/2025
54. ASMBS Obesity Weekend 2024, “Limb Distalization for Weight Recurrence,” 11/2025
55. Society of Perioperative Care Virtual Journal Club, “GLP-1R Agonists,” 2/2025
56. SAGES 2025 Session Chair: “Bariatric Masters: Revisional,” 3/2025
57. ASMBS Annual Meeting 2025 invited speaker, “OAGB”
58. ASMBS Annual Meeting 2025 invited speaker, “Special populations: adolescents”
59. ASMBS Annual Meeting 2025 invited speaker, “Gut-Brain axis”
60. ASMBS Annual Meeting 2025 Session chair, “Essential Papers you need to know.”
61. SAGES 7th Annual Minimally Invasive Surgery Fellows Career Development Course, Invited Speaker, 8/2025
62. ACS Clinical Congress 2025, Speaker, “Adolescent Bariatric Surgery.” 10/2025
63. ACS Clinical Congress 2025, Speaker, “GLP-1 Receptor Agonists in the peri-operative period.” 10/2025
64. Obesity Medicine Association 2025, Invited Speaker, “Targeting the gut microbiome in obesity: a novel approach to CV risk management.” 10/2025

65. Obesity Medicine Association 2025, Invited Speaker, “Impact of Bariatric Surgery on CV Risk Reduction.” 10/2025
66. Obesity Medicine Association 2025, Invited Facilitator, “Case Works: Lessons learned from the SELECT trial.” 10/2025
67. ASMBS Weekend 2025, Invited Speaker, “OAGB: Indications and Outcomes.” 11/2025
68. ASMBS Leadership Academy 2025, Invited Speaker, “Leading through Research.” 11/2025
69. ASMBS Weekend 2025, Invited Speaker, “Women First: the overlooked impact of bariatric surgery on women’s health.” 11/2025
70. ASMBS Weekend 2025, Co-moderator and invited Speaker, “The Great Debates: unpacking the controversial topics in bariatric surgery.” 11/2025

Regional

1. Update in Clinical Endocrinology Conference, “Surgical Treatment of Obesity”, Brookfield, WI 11/2015
2. 4th Annual Midwest Bariatric Summit, “Sleeve to Bypass: Does the physiology support conversion for weight loss failure?” Chicago, IL 9/2016
3. MCW Green Bay Symposium Debates and Controversies in GERD, Esophageal Motility, and Obesity Management, “Bariatric Surgery is Underutilized! Safety and Efficacy of Modern Bariatric Procedures.” Green Bay, WI 12/2016
4. University of Minnesota Bariatric Education Days: An Integrated Approach to Treating Obesity Conference, Guest Speaker; “Safety and Efficacy of Modern Bariatric Procedures,” Bloomington, MN 5/2017
5. Wisconsin ASMBS State Chapter Meeting co-chair; speaker: “Adolescent Bariatric Surgery” 11/2017
6. MCW Advances in Minimally Invasive General Surgery Symposium, “Evaluation and Management of Post-Bariatric Surgery Complications.” Green Bay, WI 12/2017
7. University of Minnesota Bariatric Education Days: An Integrated Approach to Treating Obesity Conference, Invited Speaker; “Obesity Surgery through the Lifespan,” Bloomington, MN 5/2018
8. University of Wisconsin Obesity Management Summit, Invited Speaker, “Adolescent Bariatric Surgery” Madison, WI 5/2018
9. MCW Green Bay Symposium Updates in General Surgery, “Bariatric Surgery in Complex and Challenging Patients.” Green Bay, WI 12/2018
10. MCW Green Bay Symposium Updates in General Surgery, “The science of obesity for dummies.” Green Bay, WI 12/2019
11. 16th Annual Diabetes and Metabolic Disease Symposium of Wisconsin, “Biology of Bariatric Surgery,” 5/2023
12. 9th Annual Midwest Bariatric Summit, “Post-operative diabetes management after bariatric surgery.” Chicago, IL 9/2023
13. MCW Green Bay Symposium Updates in General Surgery, “Overview of obesity medications for surgeons.” Green Bay, WI 9/2023
14. Virginia Bariatric Society ASMBS State Chapter Meeting, Keynote Speaker, “Food for thought: a surgeon-physiologist’s slice on metabolic surgery.” Charlottesville, VA 8/2024
15. MCW Green Bay Symposium Updates in General Surgery, “Revisional Bariatric Surgery.” Green Bay, WI 11/2025

Local

1. Northwestern Memorial Hospital General Surgery Grand Rounds, “Why dieting doesn’t work but bariatric surgery does: the prevention of weight regain.” Chicago, IL 12/2012
2. Northwestern Memorial Hospital Internal Medicine Grand Rounds, “An Update on Bariatric Surgery.” Chicago, IL 02/2013
3. Milwaukee Academy of Surgery, “Bariatric Surgery in Unpopular Patient Populations.” Milwaukee, WI 2/2016
4. Medical College of Wisconsin Department of Surgery Grand Rounds, “Success from our Failures: Mechanisms for weight loss after bariatric surgery.” Milwaukee, WI, 2/2016
5. Medical College of Wisconsin Cardiovascular Center Seminar Series, “Is the way to better heart failure therapy through the stomach?” Milwaukee, WI 04/2016
6. St. Joseph’s Hospital Medical Staff Education Program, “Bariatric Surgery in 2016.” West Bend, WI 04/2016
7. Children’s Hospital of Wisconsin Pediatric Endocrinology Conference, “Comprehensive Weight Loss Center: Adolescent Qualifications” Milwaukee, WI 10/2016
8. MCW Cardiovascular Center Research Retreat, invited speaker, “Manipulating the entero-cardiac axis as a novel treatment for heart failure.” Milwaukee, WI 4/2017
9. Albert Einstein College of Medicine Montefiore Medical Center, Department of Surgery Visiting Professor Grand Rounds, “From bariatric surgery to metabolic surgery: Is weight loss necessary?” Bronx, NY 4/2017
10. MCW Department of Physiology Seminar, “Manipulating the entero-cardiac axis to treat obesity cardiomyopathy”, Milwaukee, WI 4/2017
11. CTSI Research Seminar Series, invited speaker “Manipulating the entero-cardiac axis to treat obesity cardiomyopathy.” Milwaukee, WI 9/2017
12. Albert Einstein College of Medicine Liver Seminar Series, Invited speaker “The role of bile acids in weight loss and metabolic disease improvement after bariatric surgery.” Bronx, NY 10/2017
13. MCW Department of Obstetrics and Gynecology Grand Rounds, “The impact of bariatric surgery on gynecologic health and infertility.” Milwaukee, WI 11/2017
14. MCW Department of Obstetrics and Gynecology Grand Rounds, “The impact of bariatric surgery on gynecologic health and infertility.” Milwaukee, WI 11/2017
15. MCW Department of Obstetrics and Gynecology Grand Rounds, “The impact of bariatric surgery on gynecologic health and infertility.” Milwaukee, WI 11/2017
16. Children’s Hospital of Wisconsin Department of Pediatrics Grand Rounds, “Bariatric surgery as an emerging option for morbidly obese adolescents in Wisconsin: the FMLH/CHW experience.” Milwaukee, WI 02/2018
17. MCW Division of Cardiology Grand Rounds, “Manipulating the entero-cardiac axis to treat metabolic heart failure.” Milwaukee, WI 6/2018
18. MCW Annual Diabetes Symposium, invited speaker, “Metabolic Surgery for the Treatment of Diabetes.” Milwaukee, WI 5/2019
19. MCW Department of Psychiatry Grand Rounds, “Metabolic Bariatric Surgery: Pre-operative patient selection and post-operative management.” Milwaukee, WI 1/2020
20. MCW Department of Physiology Grand Rounds, “Manipulating the gastrointestinal tract through surgery to treat obesity-related cardiovascular disease.” Milwaukee, WI 4/2021

21. MCW Weight Management Symposium, “Adolescent Bariatric Surgery.” Milwaukee, WI 10/2021
22. Children’s Wisconsin Pediatric Grand Rounds, “Adolescent Bariatric Surgery.” Milwaukee, WI 11/2022
23. Children’s Wisconsin Herma Heart Institute, “Gut microbiota-driven improvements in cardiovascular function after bariatric surgery.” Milwaukee, WI 3/2022
24. Children’s Research Institute Research Conference, “Microbiota-driven improvements in cardiovascular disease after bariatric surgery.” Milwaukee, WI 1/2023
25. MCW Weight Management Symposium, “Management of diabetes after metabolic surgery.” Milwaukee, WI 11/2023
26. Milwaukee Academy of Surgery Invited Speaker, “A surgeon primer on weight loss pharmacotherapy.” Milwaukee, WI 10/2024
27. University of Arizona College of Medicine Phoenix Grand Rounds, “Food for thought: a surgeon-physiologist’s slice on metabolic surgery.” Phoenix, AZ 12/2024

MEDICAL COLLEGE TEACHING ACTIVITIES:

Medical Student Education

10/2015 – 10/2017 Junior Medical Student Curriculum Bimonthly Obesity Lecture (6 hours/year)

7/2017-present 4th year elective director, Multidisciplinary Care of Obesity

Resident Education

03/2016 Presenter, Fundamentals of Minimally Invasive Surgery, PGY3-5 General Surgery residency core curriculum; (1 hour)

12/2023 Presenter, Fundamentals of Minimally Invasive Surgery, PGY2-5 General Surgery residency core curriculum; (1 hour)

Graduate Student Education

1/2024-05/2024 Co-director CTSI Master’s of Science in Clinical and Translational Research, Research Seminar Course

Community/Lay Public

02/2016 Froedtert Hospital/MCW, Community Education “Bariatric Surgery: Myths, Reality, and Results”

STUDENTS, FACULTY, RESIDENTS AND CLINICAL/RESEARCH FELLOWS MENTORED:

Medical Students

1. Brian Wright, MCW Scholarly Pathways Advisor; 2016-2017
 - Project: “Significant 12-month weight loss variability after sleeve gastrectomy: one surgery does not fit all.”
 - Poster presentation Obesity Week 2016, “Significant 12-month weight loss variability after sleeve gastrectomy: one surgery does not fit all.”

2. Jacob Patz, Medical Student Summer Research Program Advisor (MSSRP) and Scholarly Pathways Advisor; 2017-2019
 - Project: “The effect of peri-operative antibiotic drug class on the resolution rate of hypertension after Roux-en-Y gastric bypass and sleeve gastrectomy.”
 - Department of Surgery Fall Research Symposium 2017- podium presentation
 - MSSRP Student Poster Presentation- October 2017
 - Wisconsin Surgical Society Annual meeting 2017- podium presentation
 - SAGES 2017 Annual meeting- E-poster presentation
 - Manuscript accepted for publication Surgical Endoscopy
3. Hailey Hayes, MCW MSSRP and Masters of Science thesis advisor in Clinical and Translational Science, 2018-2021
 - Project: “The effect of farnesoid X receptor signaling in human isolated pluripotent stem cell derived cardiomyocytes.”
 - Department of Surgery Fall Research Symposium 2018- podium presentation, top podium presentation winner
 - Wisconsin Surgical Society Annual meeting 2018- podium presentation; Winner best basic science presentation
 - Manuscripts accepted for publication Surg Obes Relat Dis and Nutrients
4. Bridget Mais, MCW Scholarly Pathways Advisor, 2018-2019
 - Project: Pre-Operative Regional Anesthesia Blocks Reduce Post-Operative Narcotic Medication Usage After Roux-en-Y Gastric Bypass
 - Department of Surgery Fall Research Symposium 2018- podium presentation
 - Wisconsin Surgical Society Annual meeting 2018- Quickshot presentation
5. Emily Lopez, MCW Medical Student Summer Research Program Advisor, 2018-2020
 - Project: adolescent vs adult bariatric surgery post-operative outcomes from the MBSAQIP database
 - Quick-shot presentation Academic Surgical Congress 2020
 - Manuscript Accepted for Publication Journal of Surgical Research
6. Lucas Mathison, MCW Medical Student Summer Research Program and Scholarly Pathways Advisor, 2021-2023
 - Project: Impact of food insecurity impact on bariatric surgery retention and surgical outcomes
 - MSSRP Student Poster Presentation- October 2021
 - Department of Surgery Fall Research Symposium 2021- podium presentation
 - Wisconsin Surgical Society Annual meeting 2021- podium presentation
 - SAGES Annual meeting 2022- poster
 - Manuscript accepted for publication Journal of Surgical Research
7. Katie Chang, MCW Medical Student Summer Research Program Advisor, 2021-2023

- Project: The accuracy of blood volume to accurately predict prophylactic enoxaparin dosing in morbid obesity
 - Department of Surgery Fall Research Symposium 2021- podium presentation
 - Wisconsin Surgical Society Annual meeting 2021- podium presentation
 - Academic Surgical Congress annual meeting 2022- podium presentation
 - Manuscript accepted for publication Journal of Surgical Research
8. Sona Perlin, MCW Medical Student Summer Research Program advisor, 2022-present
- Project: The impact of macronutrient composition on weight loss after RYGB
 - Department of Surgery Fall Research Symposium 2022- podium presentation
9. Elizabeth Welsch, MCW Medical Student Summer Research Program co-Advisor, 06/2023-present
- Project: Effect of sleeve gastrectomy on bile acids and gut bacteria in mice
 - Funded by 5T35 HL072483-38, MSSRP Short-term Training Grant Award
 - Wisconsin Surgical Society Annual meeting 2023- podium presentation
 - Academic Surgical Congress 2024- podium presentation
10. Micah Wildes, MCW Medical Student Pathways Program Advisor, 2023-present
- Project: Distressed Communities Index as a predictor of 30-day bariatric surgery complications
 - Department of Surgery Fall Research Symposium 2023- podium presentation
 - ASMBS Annual meeting 2024- poster presentation

Graduate Students

PhD Thesis Committee Member

1. Tyler Laib, MCW Microbiology and Immunology, 06/2023-present; Dissertation title: “Microbiome’s impact on salt-sensitive hypertension using the Dahl SS rat model”
2. Fatima Aboulalazm, MCW Microbiology and Immunology, 06/2023-present; Dissertation title: “Risperidone and the gut microbiome”
3. Matt Hadiono, MCW Microbiology and Immunology, Defense 5/2024; Dissertation title: “Modulation of gut microbial metabolism and energy expenditure by xenobiotics and bacterial metabolites”

Residents

1. Hope Wilkinson, MCW, 10/2018, Resident Research Elective
 - Project: comparison of super-super obesity to super obesity from the MBSAQIP database for post-operative outcomes
 - Manuscript publication, Obesity Surgery 1/2019
 - Project: Does center bariatric volume improve outcomes in laparoscopic general surgery procedures?

- Manuscript publication, Journal of Obesity 2021
- 2. Sarah Suh, MCW, 7/2023-6/2025, Post-doc research resident
 - Awarded NHLBI STARR R38 (PI: Widlanksy, mentor: Kindel)
 - Awarded Sages 2024 Research Grant Award
 - Awarded We Care Scholar 2024-2025
 - ACS Clinical Congress 2024 podium presentation
 - ASC 2025 podium presentation
 - SAGES 2025 podium presentation
 - ASMBS 2025 poster presentation
- 3. Andrew Kim, MCW, 7/2025-present
 - Awarded NHLBI STARR R38 (PI: Widlanksy, mentor: Kindel)

Faculty Formal Mentorship

1. Dr. Vance Albaugh, Pennington Biomedical Research Center, LSU, 7/2024-present, K08 Mentoring Advisory Team Member
2. Dr. Mitch Dyer, MCW, 1/2025-present, K08 Mentoring Advisory Team Member
3. Dr. Thomas Shin, UVA, 6/2024-6/2025, ASMBS Surgical Mentoring Program

PROGRAM DEVELOPMENTS:

Clinical Programs

2015-present Froedtert Hospital/MCW/Children's Hospital of Wisconsin Adolescent Bariatric Surgery Program, MBSAQIP Accreditation in 2018

2016-present Froedtert Hospital/MCW End-stage renal disease Bariatric Surgery Program

2017-present Froedtert Hospital/MCW Advanced Mechanical Circulatory Support and Heart Failure in Bariatric Surgery

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- mediated mechanism. *J of Gastrointest Surg* 2009 13:1762-72. Epub 2009 May 12. PMID: 19488823.
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BOOKS, CHAPTERS & REVIEWS

BOOKS, CHAPTERS & REVIEWS

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Chapter 12: Obesity and Bariatric Surgery
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13. Book: Textbook of Paediatric Metabolic & Bariatric Surgery (eds Desai and Parmar) Chapter 10: Type 2 Diabetes and Obesity Authors: Denise Kilway, Bethany Auble, **Tammy Kindel**
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NON-REFEREED JOURNAL PUBLICATIONS/ORIGINAL PAPERS

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ABSTRACTS

Oral Presentations (First or Last author only)

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2. **Kindel TL, Yoder SM, D’Alessio DA, Seeley R, Tso P.** “Duodenal-jejunal exclusion improves glucose tolerance in the diabetic, Goto-Kakizaki rat by a GLP-1 receptor mediated mechanism.” Edelstone-Bendix Research Day, Northwestern Department of Surgery, June 2009.
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10. **Kindel TL**, Krause C, Helm M, McBride C, Oleynikov D, Thakare R, Alamoudi J, Kothari V, Kohli R, Alnouti Y. “Early weight loss after sleeve gastrectomy is significantly correlated to increased hyocholic acid.” Scientific Sessions, SAGES 2017.
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12. Higgins R, Helm M, Gould J, **Kindel T**. “Preoperative immobility significantly impacts the risk of post-operative complications in bariatric surgery patients.” Scientific Sessions, Obesity Week 2017
13. Wallace L, Helm MC, Lak K, Higgins R, Gould JC, **Kindel TL**. “Buyer’s Remorse: What predicts post-decision dissonance after bariatric surgery?” Scientific Sessions, Obesity Week 2018
14. Strande, J, Corbett J, Lomberg G, **Kindel TL**. “Sleeve Gastrectomy in obese, Wistar rats improves diastolic function independent of weight loss.” Scientific Sessions, Obesity Week 2018
15. Wilkinson KH, Lak K, Higgins R, Gould J, **Kindel T**. The effect of bariatric surgery volume on general surgery outcomes for morbidly obese patients. Wisconsin Surgical Society meeting 2019
16. Wilkinson KH, Lak K, Higgins R, Gould J, **Kindel T**. The effect of bariatric surgery volume on general surgery outcomes for morbidly obese patients. Academic Surgical Congress 2020
17. Horecki E, Munie S, Higgins R, Gould JC, **Kindel TL**. Morbidity and Mortality following bariatric surgery in adolescents vs adults. Academic Surgical Congress 2020
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21. Fernando D, Saravia F, Atkinson S, Barron M, Kirby J, **Kindel T**. Comparison of Intestinal Microbiome in Hypertensive Roux-en-Y Gastric Bypass Patients Receiving Two Different Peri-Operative Antibiotics. SAGES 2022

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23. Arshad SA, Clapp B, Samreen S, Noria S, Edwards MA, **Kindel T**. The safety profile of one-anastomosis gastric bypass compared to Roux-en Y gastric bypass: a MBSAQIP analysis. Top Papers Session II, ASMBS 2024
24. Suh, S, Obeid NR, Varban OA, Noria SF, Petrick AT, Edwards M, **Kindel T**. Safety of same-day discharge after sleeve gastrectomy in adults 65 years and older. Bariatric/Foregut Scientific Sessions, ACS Clinical Congress 2024
25. Suh S, **Kindel T**. The effect of bariatric surgery on patient reported outcomes of heart failure. Quick shot, Academic Surgical Congress 2025
26. Suh S, **Kindel T**. Improvement in diastolic dysfunction after bariatric and metabolic surgery is independent of nitric oxide expression and activity. Scientific Sessions, SAGES 2025

Poster Presentations (First or Last author only)

1. **Kindel TL**, Keshavan P, Smith DL, Zucker SD. "Bilirubin suppresses the inflammatory response of DSS-induced acute colitis in mice." Digestive Disease Week, American Gastroenterology Association, May 2008.
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6. **Kindel TL**, Kindel SJ, Nagle A. "Lack of knowledge regarding the risk and long-term effects of adolescent bariatric surgery is a primary determinant preventing surgical referral." SAGES 2013.
7. **Kindel TL**, Kothari V, McBride C, Thompson JS. "The time to weight-loss steady state after gastric bypass predicts long-term weight loss success." Top 15 ASMBS Poster, Obesity Week 2014.
8. **Kindel TL**, Thompson J. "Cholecystectomy at the time of roux-en-y gastric bypass does not alter the one year rate of type 2 diabetes mellitus resolution or excess weight loss." DDW 2015.
9. **Kindel TL**, Jolley J, Krause C, Bills N, Oleynikov D. "The Risk of Hiatal Hernia Recurrence after Bariatric Surgery with Concomitant Hiatal Hernia Repair." Poster of Distinction, SAGES 2015
10. **Kindel T**, Wright B, Bosler M, Gould J. "Significant 12 month weight loss variability after sleeve gastrectomy: one surgery does not fit all." Obesity Week 2016.

11. Higgins R, Helm M, Gould J, **Kindel TL**. “Morbidity and mortality is comparable following bariatric surgery in adolescents versus adults.” Obesity Week 2017.
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13. Munie ST, Helm M, Gould JC, Kastenmeier A, **Kindel TL**. Safety of laparoscopic heller myotomy with concurrent gastric bypass compared to primary gastric bypass: a case-controlled analysis. SAGES 2019
14. Mathson L, **Kindel T**. Impact of food insecurity impact on bariatric surgery retention and surgical outcomes. SAGES 2022
15. Wildes M, **Kindel T**. DCI as a predictor of 30-day bariatric surgery outcomes. ASMBS 2024

PATENTS

1. U.S. Provisional Patent Application No. 63/505,036
Filed – May 30, 2023; C2034; 650053.00975
Methods for weight loss and/or reducing weight gain
Inventors – J Kirby, M Hadiono, **T Kindel**, J Grobe, J Mortara