

Biographical Statement

If elected to the Board of Directors of ASMBS, I would work with the other members of the board to achieve the Mission of the organization. I am passionate about the care of obesity and have been pushing such efforts within my own institution. My personal vision would be to further enhance the educational efforts and population health efforts being made in the field of obesity care. ASMBS is a powerful organization that has already done so much for obesity management, stigma and awareness. Through education, the organization can continue to facilitate surgeons being adept in the spectrum of treatments for obesity. The society can work toward precision approaches in obesity care that will shape the future of healthcare worldwide. Patients are looking for precision medicine. Patients are aware of various tools to manage weight, but how can ASMBS help to determine which approach will work best for which patient.

Additionally, I would want to further empower patients to be accountable to their role in their overall wellness. Weight management is a big part of this. This may be accomplished with a direct to consumer campaign and/or educating the public on where procedures fall in the overall approach to the management of obesity or by providing more tools for providers to spread this message. Then through ongoing efforts at evidence based care, I will work with the board to educate surgeons on how to advocate for the role of procedures in the quickly changing environment in obesity care. Medications continue to flood the market. Endoscopic techniques are also gaining momentum and expand our ability to provide tools for weight loss to our patients. We will work to scale up these expanded offerings by educating more physicians to provide these interventional options to patients. Hands on training for physicians can be made more available to those wishing to get training in the latest techniques.