

Colleen Irene Kennedy MD MBA FASMBS DABS-MBS

Professional Appointments:

Surgical Director, Weight Management Institute
THR Rockwall
Rockwall, TX
2012-present

Medical Director, Bariatrics
Baylor Regional Medical Center Plano
Plano, TX
2012-present

Surgical Director, Weight Management Institute
Methodist Dallas Medical Center
Dallas, TX
2010-2012

Director of Bariatrics
Ochsner Medical Center
New Orleans, LA
2004-2007

Leadership Positions:

Board of Directors American Society of Metabolic and Bariatric Surgery

Executive Committee Texas Association of Bariatric Surgery

American Board of Surgeons- Question writer, FPD Metabolic Surgery
2022-2025

Associate Editor, SOARD

Education:

BS, Psychology, 1992 University of Connecticut
Magna Cum Laude Graduate, Honors Scholar

MD, 1996, Jefferson Medical College
Philadelphia, Pennsylvania

MBA, 2016 – George Washington University
Washington DC

Graduate Medical Education:

Intern in General Surgery, Medical College of Virginia Hospitals
Virginia Commonwealth University – 1996-1997

Resident in General Surgery, Medical College of Virginia Hospitals
Virginia Commonwealth University – 1997-1998

Research Fellow, Medical College of Virginia Hospitals
Virginia Commonwealth University – 1998-2000

Resident in General Surgery, Medical College of Virginia Hospitals
Virginia Commonwealth University – 2000-2003

Fellow, Minimally Invasive Surgery
Cleveland Clinic Florida - 2003 – 2004

Board Certifications: Diplomate of the American Board of Surgery
Focused Practice designation in Metabolic and Bariatric Surgery

Military Service: Major, United States Air Force
1999-2004, Honorable Discharge

Honors: Alpha Omega Alpha Honor Society, Jefferson Medical College
Hobart Amory Hare Honor Society, Jefferson Medical College
Fellow, American College of Surgeons
Fellow, American Society of Metabolic and Bariatric Surgery

Professional Memberships:

American College of Surgeons
American Medical Association
American Society for Bariatric Surgery – Fellow
Association of Women Surgeons
Society of American Gastrointestinal Endoscopic Surgeons
Texas Association of Bariatric Surgery
The Society for Surgery of the Alimentary Tract

Awards:

D Magazine - Top Bariatric Surgeon Dallas County 2010, 2011,
2013-2025
Top Bariatric Surgeon Collin County - 2017-2025
Living Magazine - Top Bariatric Surgeon Rockwall County - 2017-2025

National Committees and Leadership positions:

Editorial Board: Bariatric Times 2006-2012
Editorial Board: SOARD 2014-present
Associate Editor, SOARD – 2024-present
American College of Surgeons FPD Question Writer 2022-2025
ASMBS Membership Committee 2013-2015
ASMBS – Armed Services Committee 2013-2015
ASMBS Obesity Prevention Committee – 2016- 2019
POWER Taskforce - 2019-2024
ASMBS Foregut Committee – 2016 – present
ASMBS Nominating Committee - 2019-2022
ASMBS Video Committee - 2017-present, Co-Chair 2019-2021
Chair - 2021-2023

ASMBS Access to Care Committee - 2019-present

ASMBS – Bariatric Surgical Training Committee – BOD liaison 2023-2025
Member 2025-present

ASMBS – Community and Independent Practice Committee – BOD
liaison 2023-2025, Member 2025-present

ASMBS – Program Committee – Abstract sub committee 2023- present

Texas Association of Bariatric Surgery - Executive Council Member 2022-present

ASMBS – Board of Directors- 2023-present

ASMBS – Military Committee – BOD liaison 2025-present

Grants and Awards:

National Research Service Award, National Institutes of Health
“HAS Expression and Regulation during Wound Repair”

Plastic Surgery Educational Foundation Grant
“Differential Regulation of HAS During Wound Healing”

Young Investigator Award – 3rd Joint Meeting of the Wound Healing
Society and the European Tissue Repair Society
Bordeaux, France 1999

Bigger-Lehman Resident Research Award, First Place
Virginia Surgical Society, Hot Springs, Virginia, 2000

Meetings and Courses:

ASMBS November 2019 -

Course Co-Director - Mastery of Revision: A Video Course

Talks Given: Revision of Sleeve to Gastric Bypass
Evaluation of GERD in the Bariatric Patient

ASMBS Annual Meeting June 2021 -

Course Co- Director - Masters of Revision

Talk Given - “Revision of Nonadjustable Gastric Bands”

Debate: “Gastric Bypass is the procedure of choice for sleeve revision”

ASMBS Weekend Jan 2022 - Course Director - GERD Course

Talks Given:

FPD Course - “High risk medical, surgical and psychologic conditions”

Identifying the patient in trouble

Texas Association of Bariatric Surgery - Feb 2022

Stump the Experts - Case Presentations

ASMBS Annual Meeting June 2022 - Course Director - GERD Course

Talks Given: Foregut Emergencies

Practice Building - “I survived by minimizing overhead”

IFSO Miami 2022 - August 2022

Invited Videos - Revision of the Nonadjustable Gastric Band

ASMBS Weekend November 2022

Course Director - GERD Course

Talks Given:

Top Ten Papers: Ten-year outcomes of children and adolescents who underwent sleeve gastrectomy: weight loss, comorbidity resolution, adverse events, and growth velocity.

Tough cases: Adventures in Texas: Cases seen by Texas Bariatric Surgeons

ASMBS Annual Meeting 2023

Course Director: Management of GERD in Bariatric Patients: Multisociety Consensus Guidelines Examined

Panelist: Leadership seminar

ASMBS Weekend November 2023

Course Director: Difficult Decisions in Cancer Patients

Talks:

Bariatric surgery in the non-cis gendered patient

Robotic Surgery – Why I don't use the robot

Medical Complications in Pregnancy in the bariatric patient

ASMBS Annual Meeting 2024

Course Director: Notable Papers and Videos

Talks Given:

Financial Literacy Course - Profit and loss in private practice

MBSQIP Coordinator course - Surgeon moderator

APP Symposium - Revisional Bariatric Surgery

Incorporating Medications into practice – GLP-1 is negatively impacting surgical practice

ASMBS Weekend November 2024

Course Co - Director: Redefining the Evolving Practice of Bariatric Surgery – Strategy, Adaptability, and Pivots

Course Director: Obesity Medicine

Talks given:

GERD After Gastric Bypass - Options for Management

Clinical Experiences and Case Presentations

MWL: The BMI Over 45 Patient

ASMBS Annual Meeting 2025

Course Co-Director: Obesity Medicine

Financial Literacy

Talks Given: Panniculectomy - indications, technique, reimbursement

Robotics: Heck Yea! Robotics: Heck No!
When shots are not the option- non GLP-1RA medications in OMM
Surviving Financial Disasters

ASMBS Weekend 2025

Course Co-Director: Hard Lessons and Curveballs: Facing Tough Moments in Bariatric Surgery

Better Together: Integrating Surgery and Medications in the Age of Multimodal Obesity Care

Talks given:

PCOS and Metabolic Surgery: Beyond Symptom Management.
OMM as a piece of multimodal therapy
Behind Closed Doors
Fertility and metabolic and bariatric surgery

Presentations:

1. **Kennedy CI.**, Cohen IK., Diegelmann RF., and Yager DR. "IL-8 Regulation by Hyaluronan in Fetal and Adult Fibroblasts", 3rd Joint Meeting of the Wound Healing Society / European Tissue Repair Society, Bordeaux, France, August 1999.
2. **Kennedy CI.**, Diegelmann RF., Haynes JH., and Yager DR. "Proinflammatory Cytokines Differentially Regulate Hyaluronan Synthase Isoforms in Fetal and Adult Fibroblasts", American Academy of Pediatrics, Section on Surgery, Washington, DC, October 1999.
3. **Kennedy CI.**, Diegelmann RF., Haynes JH., and Yager DR. "Hyaluronan Synthase Subtypes are Differentially Regulated by Proinflammatory Cytokines", American College of Surgeons, Surgical Forum, San Francisco, California, October 1999.
4. **Kennedy CI.**, Diegelmann RF., Haynes JH., and Yager DR. "Proinflammatory Cytokines Differentially Regulate Hyaluronan Synthase Isoforms in Fetal and Adult Fibroblasts", The Virginia Surgical Society, Hot Springs, Virginia, April 2000.
5. Gilbert A, **Kennedy C**, Tabatzky C, Biernacki G. "Prevalence of the Metabolic Syndrome in a Traditional Air Guard Unit", AMSUS, June 2000.
6. **Kennedy CI.**, Cohen IK., Diegelmann RF., and Yager DR. "IL-8 Regulation of Hyaluronan in the Fetus", American College of Surgeons, Surgical Forum, Chicago, Illinois, October, 2000.

7. **Kennedy C**; Szomstein, S; Lomenzo, E; Podkameni, D; Liberman, M; Rosenthal, R. "Direct Visual Insertion of the Primary Trocar in Patients Undergoing the Laparoscopic Gastric Bypass" 9th World Congress of Laparoscopic Surgery, Cancun, Mexico, February 2004
8. **Kennedy, C**; Szomstein, S; Lomenzo, E; Podkameni, D; Chousleb, E; Soto, F; Higa, G; Rosenthal, R. "Laparoscopic Roux en Y Gastric Bypass after the age of 60: A safe alternative for weight loss" 9th World Congress of Laparoscopic Surgery, Cancun, Mexico, February 2004
9. Chousleb, E; Szomstein, S; Lomenzo, E; Higa, G; **Kennedy, C**; Podkameni, D; Soto, F; Berkowski, D; Zundel, N; Rosenthal, R. "Laparoscopic removal of gastric band after early gastric erosion: Case presentation and review of literature." 9th.World Congress of Endoscopic Surgery. Cancun, Mexico. February, 2004.
10. Chousleb, E; Szomstein, S; Lomenzo E; Higa, G; Podkameni D; Soto, F; **Kennedy, C**; Zundel, N; Rosenthal, R. "Routine use of abdominal drains after laparoscopic Roux-en-Y gastric bypass. Retrospective review of 593 patients." 9th.World Congress of Endoscopic Surgery. Cancun, Mexico, February, 2004.
11. **Kennedy, C**; Szomstein, S; Lomenzo, E; Podkameni, D; Villares, A; Chousleb, E; Soto, F; Higa, G; Rosenthal, R. "Initial experience with laparoscopic adjustable gastric banding at the Cleveland Clinic Florida: Criteria for placement and reasons for failure after 100 consecutive patients" ASBS, San Diego, California, June 2004
12. Breaux, J; French, M; **Kennedy, C**; Richardson W. " The Effect of Natural Disaster on Routine Surgery" LA-ACS, New Orleans, LA, January 2007.
13. C Willkomm MD, T Fisher RN, G Barnes MD, **C Kennedy MD**, J Kuhn MD
"Laparoscopic Bands Over Age 65 – Realistic Expectations"
 NTX Chapter American College of Surgeons Oral Presentation, February 2010
14. V Stager MD, M McCabe, T Fisher RN, **C Kennedy MD**, G Barnes MD, J Kuhn MD
"Endoscopic Sclerotherapy For Stomal Dilation"
 NTX Chapter American College of Surgeons Oral Presentation, February 2010
15. C Willkomm, TL Fisher, G Barnes, **C Kennedy**, JA Kuhn *"Surgical weight loss over 65 – Is it worth the risk?"*
 Texas Weight Loss Surgery Summit Oral Presentation, January 2009
 NTX Chapter American College of Surgeons Oral Presentation, February 2009
 American Society of Metabolic and Bariatric Surgery Oral Presentation, June 2009
16. KL McQuade, TL Fisher, DT Arnold, GS Barnes, **CI Kennedy**, JA Kuhn *"Venous Thromboembolic Events and Risk Stratification: Evaluation of Prolonged Prophylaxis in High Risk Bariatric Patients"*
 Texas Weight Loss Surgery Summit Oral Presentation, January 2008
 North Texas Chapter American College of Surgeons Oral Presentation, February 2008
 The Society of American Gastrointestinal and Endoscopic Surgeons Oral Presentation, April 2008

17. KJ Fritz MD, JA Kuhn MD, DT Arnold MD, GS Barnes, TL Fisher RN, **CI Kennedy MD**
"Use of Fibrin Glue for Closure of Mesenteric Defects – Improved Outcomes and Decreased Symptomatic Hernias"
 Texas Weight Loss Surgery Summit Oral Presentation, January 2008
 North Texas Chapter American College of Surgeons Oral Presentation, February 2008
18. GY Alsop, Jr. MD, TL Fisher RN, **CI Kennedy MD**, DT Arnold MD, JA Kuhn MD
"Outcomes and Complications of Laparoscopic Sleeve Gastrectomy"
 Texas Weight Loss Surgery Summit Oral Presentation, January 2008 (Kuhn)
 North Texas Chapter American College of Surgeons Oral Presentation, February 2008
19. CA Williams MD, TL Fisher RN, LA Kerich PA, **CI Kennedy MD**, JA Kuhn MD
"Circular Staple Line Reinforcement – One Year Results"
 Texas Weight Loss Surgery Summit Oral Presentation, January 2008 (Kuhn)
 North Texas Chapter American College of Surgeons Oral Presentation, February 2008

Videos:

1. Lomenzo, E; **Kennedy, C**; Podkameni, D; Villares, A; Chousleb, E; Soto, F; Higa, G; Szomstein, S; Rosenthal, R. "Causes for failure for laparoscopic adjustable gastric banding" 9th World Congress of Laparoscopic Surgery, Cancun, Mexico, February 2004
2. Podkameni, D; Lomenzo, E; **Kennedy, C**; Chousleb, E; Villares, A; Soto, F; Higa, G; Szomstein, S; Rosenthal, R. "Techniques for Laparoscopic Gastric Tumor Resection" 9th World Congress of Laparoscopic Surgery, Cancun, Mexico, February 2004
3. Lomenzo, E; **Kennedy, C**; Podkameni, D; Villares, A; Chousleb, E; Soto, F; Higa, G; Szomstein, S; Rosenthal, R. "Laparoscopic conversion of Nissen fundoplication to Roux-en-Y Gastric Bypass." 9th World Congress of Endoscopic Surgery. Cancun, Mexico, February, 2004.
4. Lomenzo, E; **Kennedy, C**; Podkameni, D; Villares, A; Chousleb, E; Soto, F; Higa, G; Berkowski, D; Szomstein, S; Rosenthal, R. "Laparoscopic revisions in Bariatric Surgery." 9th World Congress of Endoscopic Surgery. Cancun, Mexico, February, 2004.

Posters:

1. **Kennedy, C**; Szomstein, S; Lomenzo, E; Podkameni, D; Liberman, M; Rosenthal, "Bladeless Trocar use Eliminates the Need for Fascial Closure in Patients undergoing the Roux-en-Y Gastric Bypass" SAGES, April 2004
2. **Kennedy, C**; Szomstein, S; Lomenzo, E; Podkameni, D; Liberman, M; Rosenthal, "Direct Visual Insertion of the Primary Trocar in Patients Undergoing the Laparoscopic Gastric Bypass" SAGES, April 2004
3. Szomstein, S; **Kennedy, C**; Lomenzo, E; Chousleb, E; Zundel, N; Soto, F; Higa, G; Mehran, A; Rosenthal, R. Incidence of Internal Hernias and Anastomotic Strictures

- after Laparoscopic Antecolic Antegastric Roux-en-Y Gastric Bypass. SAGES April 2004.
4. Chousleb, E; Szomstein, S; Podkameni, D; **Kennedy, C**; Lomenzo, E; Zundel, N; Soto, F; Higa, G; Rosenthal, R. Routine use of Abdominal Drains after Laparoscopic Roux-en-Y Gastric Bypass. Retrospective review of 593 patients. SAGES April 2004.
 5. **Kennedy C**, Szomstein S, LoMenzo E, Podkameni D, Villares A, Soto F, Rosenthal R. Laparoscopic Roux En Y Gastric Bypass after the Age of 60: A Safe Alternative for Weight Loss. SAGES, April 2005
 6. Breaux, J; French, M; **Kennedy, C**; Richardson W. " The Effect of Natural Disaster on Routine Surgery" SAGES, April 2007.
 7. **Kennedy, C**; Kay, D; Devun, D; Richardson, W. "The Use of Retrievable Venal Caval Filters in Bariatric Patients". SAGES, April 2007.

Manuscripts:

1. **Kennedy Cl.**, Cohen IK., Diegleman RF., Graham MF., and Yager DR. "Hyaluronan Synthase Subtypes are Differentially Regulated by Proinflammatory Cytokines" Surgical Forum. 1999:642-644.
2. **Kennedy Cl.**, Diegelmann RF., Haynes JH., and Yager DR. "Proinflammatory Cytokines Differentially Regulate Hyaluronan Synthase Isoforms in Fetal and Adult Fibroblasts" J. Pediatric Surgery. 2000:June 35(6) 874-879.
3. **Kennedy Cl.**, Cohen IK., Diegelmann RF., and Yager DR. "II-8 Regulation by Hyaluronan in the Fetus" Surgical Forum 2000.
4. Sumanis J., **Kennedy Cl.**, Biddle C., and Fallacaro, MD. "Daedalus Revisited: A Call for Redesign of the Bougie Esophageal Dilator" The American Surgeon. 2002:February 139-142.
5. Sugerman HJ., Sugerman EL., DeMaria EJ., Kellum JM., **Kennedy Cl.**, Mowery Y and Wolfe LG. "Bariatric Surgery for Severely Obese Adolescents" J Gastrointestinal Surgery. 2003: Jan 7:1 102-107
6. Zundel N, Chousleb E, Arias F, Soto F, Higa G, Lo Menzo E , **Kennedy C**, et al. Estado actual de la cirugia laparoscopica en el tratamiento de la acalasia. Rev Mex Cir Endosc 2003; 4(4): 173-177.
7. **Kennedy, C**, Rosenthal, R; Lomenzo, E and Szomstein, S;. "Revisional Laparoscopic Surgery: Ventral Hernias." General Surgery News. 2004: Feb 31:2 pp 23-26.
8. Arias F, Szomstein S, Antozzi P, Podkameni D, **Kennedy C**, Villares A et al. Myasthenia gravis improvement after laparoscopic Roux-en-Y gastric bypass. Obes Surg. 2005 Apr;15(4):591-4.
9. Chousleb E, Szomstein S, Podkameni D, Soto F, Lo Menzo E, Higa G, **Kennedy C**, Villares A, Arias F, Antozzi P, Zundel N, Rosenthal R. Routine abdominal drains

after Roux-en-Y gastric bypass: a retrospective review of 593 patients. *Obes Surg* 2004 Oct;14(9):1203-7.

10. Soto F, Higa G, Copley J, Berho M, Lo Menzo E, Podkameni D, **Kennedy C**, et al. Renal failure, glomerulonephritis and morbid obesity: improvement after rapid weight loss following laparoscopic gastric bypass. *Obes Surg*. 2005 Jan;15(1):137-40.
11. Blessing WD Jr, Ross JM, **Kennedy CI**, Richardson WS. Laparoscopic-assisted peritoneal dialysis catheter placement, an improvement on the single trocar technique. *Am Surg*. 2005, Dec; 71(12):1042-6.
12. Rosenthal RJ, Szomstein S, **Kennedy CI**, Soto FC, Zundel N. Laparoscopic surgery for morbid obesity: 1,001 consecutive bariatric operations performed at The Bariatric Institute, Cleveland Clinic Florida. *Obes Surg*. 2006 Feb;16(2):119-24.
13. Richardson WS, **Kennedy CI**, Bolton JS. Midterm follow-up evaluation after a novel approach to anterior fundoplication for achalasia. *Surg Endosc*. 2006 Sept 6; (E-pub ahead of print)
14. Rosenthal RJ, Szomstein S, **Kennedy CI**, Soto FC, Zundel N. Direct visual insertion of primary trocar and avoidance of fascial closure with laparoscopic Roux-en-Y gastric bypass. *Surg Endosc*. 2007 Jan;21(1):124-8.
15. Breaux JA, **Kennedy CI** Richardson WS. Advanced laparoscopic skills decrease the learning curve for laparoscopic roux-en-Y gastric bypass. *Surg. Endosc*. 2007 Jun 21(6):985-8.
16. Dr. Saniea F Majid, Matthew J Davis, MD; Saad Ajmal, MBBS; David Podkameni, MD; Kunoor Jain-Spangler, MD; Alfredo D Guerron, MD; Neil King, MD; David C. Voellinger, MD; C. Joe Northup, MD; **Colleen Kennedy, MD**; Tiffany N Tanner, MD; Stephen Archer, MD. Current state of the definition and terminology related to weight recurrence after metabolic surgery: review by the POWER Task Force of the ASMBS. SOARD 2022
17. Kennedy C, Podkameni D, King WC. Reply to: Current state of the definition and terminology related to weight recurrence after metabolic surgery: review by the POWER Task Force of the American Society for Metabolic and Bariatric Surgery. *Surg Obes Relat Dis*. 2022 Oct;18(10):1254-1255. doi: 10.1016/j.soard.2022.05.027. Epub 2022 Jun 3. PMID: 35872121.
18. Suri P, Bellini A, Bloemhard ME, Choi JY, Hoyt-Austin A, McCreary RJ, **Kennedy C**, Clapp B, Husain F, Ma P, Hilton-Rowe LR, Lyo V. Breastfeeding in metabolic and bariatric patients: a comprehensive guide for surgeons, patients, and the multidisciplinary team. *Surg Obes Relat Dis*. 2024 Dec 5:S1550-7289(24)00949-3
19. Bardaro SJ, Guerron AD, Romanelli J, Soriano I, King K, Gibbs KE, Petrick A, Lo Menzo E, Rosenthal R, **Kennedy C**, Gershuni V, Daly S, Leyva-Alvizo A, Tran M, Stalin V, Kothari S, Sudan R. Gastroparesis: an evidence-based review for the bariatric and foregut surgeon. *Surg Obes Relat Dis*. 2023 May;19(5):403-420. doi: 10.1016/j.soard.2023.02.018. Epub 2023 Mar 4. PMID: 37080885.

Book Chapters:

1. **Kennedy CI** and Rosenthal RJ. "The Abdomen: The Inguinal Canal" in Netter Collection of Medical Illustrations Vol. 3: Gastroenterology.
2. **Kennedy CI** and Rosenthal RJ. "The Abdomen: Benign Paroxysmal Peritonitis" in Netter Collection of Medical Illustrations Vol. 3: Gastroenterology.
3. **Kennedy CI** and Rosenthal RJ. "The Abdomen: Abdominal Wounds – Small Intestine" in Netter Collection of Medical Illustrations Vol. 3: Gastroenterology.
4. Chousleb E, Szomstein S, Villares A, **Kennedy C**, Lo Menzo E, Podkameni D et al. Obesidad y reflujo gastroesofagico in Moreno S, Gonzalez S, editors. Perspectivas actuales en el tratamiento de las hernias diafragmaticas y la enfermedad por reflujo gastroesofagico. 2004
5. Samreen, S and **Kennedy C**. "Gastroesophageal Reflux Disease" in The ASMBS Textbook of Bariatric Surgery 3rd Edition. *In Press*

Published Abstracts:

1. **Kennedy CI**., Diegelmann RF., Haynes JH., and Yager DR. "Proinflammatory Cytokines Differentially Regulate Hyaluronan Synthase Isoforms in Fetal and Adult Fibroblasts" *Pediatrics* 1999; 104(3) supplement: 770-771.
2. **Kennedy CI**., Cohen IK., Diegelmann RF., and Yager DR. "IL-8 Regulation by Hyaluronan in Fetal and Adult Fibroblasts" *Wound Repair and Regeneration* 1999.
3. Richardson WS, **Kennedy CI**, Bolton JS. Midterm follow up after Laparoscopic Heller Myotomy Alone Versus Toupet. DOR and Modified DOR Fundoplication. *Surg Endosc* 2005, 19(Suppl) S1-S308.
4. Blessing WD, Ross J, **Kennedy CI**, Richardson WS. Laparoscopic Assisted Peritoneal Dialysis Catheter Placement, an Improvement on the Single Trocar Technique. *Surg Endosc* 2005, 19(Suppl) S1-S308.
5. **Kennedy C**, Szomstein S, LoMenzo E, Podkameni D, Villares A, Soto F, Rosenthal R. Laparoscopic Roux En Y Gastric Bypass after the Age of 60: A Safe Alternative for Weight Loss. *Surg Endosc* 2005, 19(Suppl) S1-S308.