



KIMBERLY HYATT

REGISTERED DIETITIAN

Easton, MD



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Skill Summary

- Strong communication: marketing, public speaking, social media, and program promotion
- Clear & effective education for participants of all SES
- Thorough understanding of AOMs/GLP/GIP medications, bariatric procedures & nutritional concerns
- Sensitive & inclusive to patient needs, experiences, and individual requirements to ensure satisfaction and success
- Able to prioritize and manage multiple tasks simultaneously without sacrificing quality of care
- Innovative thinking and creativity in program development
- Highly collaborative with providers, team members, healthcare administration, stakeholders
- Strong leadership and strategic problem solving in program development/patient care
- Thorough understanding of credentialing processes and QI initiatives for obtaining and maintaining quality designations (MBSAQIP, Blue Distinction, Aetna IOQ, Optum Center of Excellence)

Education and Licensure

CSOWM Certification	May 2022-Present
CDR Registration	October 2010-Present
State of Delaware Licensure	May 2016-Present
State of Maryland Licensure	October 2010-Present
University of Massachusetts	May 2021
<i>Master of Public Health</i>	
Immaculata University	June 2010
<i>Dietetic Internship</i>	
Indiana University of Pennsylvania	May 2007-Summa cum Laude
<i>Bachelor of Arts, Psychology Honors</i>	
<i>Bachelor of Science in Dietetics</i>	

Professional Experience

- Beebe Center for Weight Loss Surgery (*Program Manager*) March 2021-Present
 - Conduct nutritional assessment and monthly evaluations for pre and post-operative patients
 - Monitor compliance with quality standards and facilitate the MBSAQIP reaccreditation process
 - Maintain a strong presence on social media for outreach and support
 - Create and provide support groups and preoperative classes
 - Triage patient symptoms/questions/concerns during perioperative period
 - Navigate patient experience through the program using online/in person engagement
 - Assist with insurance authorizations for bariatric procedures
 - Collaborate with inpatient and outpatient staff regarding bariatric data and quality initiatives
- Nanticoke Memorial Hospital (*Bariatric Program Coordinator*) January 2018-Feb 2021
 - Monitor compliance with quality standards and facilitate the MBSAQIP reaccreditation process
 - Create and provide support groups and nutritional classes for groups of 10-100
 - Triage patient symptoms/questions/concerns during perioperative period
 - Obtain insurance authorizations for bariatric procedures
 - Obtain quality designations from commercial insurance carriers

- Collaborate with inpatient and outpatient staff regarding bariatric data and quality initiatives
- Maintain a strong presence on social media for outreach and support
- Collaborate with team members for community events such as presentations, speakers, 5K
- Nanticoke Memorial Hospital (*Bariatric Dietitian*) May 2016-January 2018
 - Provide nutrition education and counseling surgical and non-surgical obese patients
 - Create and provide group nutrition related classes for pre and post op bariatric patients
 - Participate in shared medical visits with a bariatrician for medical weight loss patients
 - Provide nutrition counseling for children/adolescents
 - Serve as a preceptor for dietetic interns for clinical and specialty rotations
 - Create educational material, presentations, forms, handouts for patient engagement
 - Utilize EHS, Cerner EMR systems for clinical documentation
- Chesapeake Nutrition Consulting May 2014-May 2016
 - Provide diet/lifestyle education for individuals with nutrition related conditions including bariatric surgery, diabetes, cardiovascular disease, GI disorders
 - Create and provide group nutrition seminars for businesses/organizations
 - Correspond with primary care doctors, practitioners, clients, and families regarding clients' nutritional progress
 - Interpret labs, past medical conditions, medications and their implications for clients' nutritional status. Relay to clients in an understandable manner
- Memorial Hospital at Easton/Dorchester July 2010-May 2016
 - Screen and assess acute/surgical patients at high nutritional risk using NCP
 - Counsel outpatients on nutrition related medical conditions
 - Provide diet, lifestyle, and food/drug interaction education
 - Participate with the food service department for quality assurance
 - Utilize Meditech and CBORD software for documentation
- Long Term Care: Caroline & Chestertown Nursing and Rehabilitation Sept 2011-Sept 2015
 - Create nutritional care plans and monitor patients' nutritional progress
 - Monitor monthly weight changes, wounds, nutrient intake, and patient satisfaction
 - Correlate with nursing, MDS coordinator, facility manager and food service director regarding patient progress
 - Participate medical QI meetings with wound nursing, nursing staff, MD, & administrators concerning individualized patient care
- Upper Shore Aging November 2010-May 2016
 - Create nutrition education/screening materials for participants across senior centers in 4 rural Maryland counties
 - Monitor food service operations of 5 area senior centers
 - Create and present nutritional educational sessions to at risk aging participants
 - Provide hands on presentations/cooking demos/discussions to seniors
- Anne Arundel Medical Center August 2013-April 2014
 - Calculate, initiate, and reassess nutrition support in an ICU setting
 - Participate in interdisciplinary medical rounds
 - Screen, assess, and educate acute care and GI surgical patients
 - Utilize EPIC software to document assessments & patient plan of care
- Drexel University: Eat.Right.Now. Nutrition Educator 2007-2009
 - Educate at risk students in the Philadelphia School District
 - Create nutritional activities and lesson plans for grades pre-K-12

- Work with school district employees to implement nutritional programs in economically challenged urban settings

Certificates/Honors/Recognition

- Certificate in Advanced Metabolic & Bariatric Nutrition (ASMBS) July 2025
- Best of Winner: Healthcare Hero, Coastal Style Magazine July 2024, July 2025
- 99th percentile for patient satisfaction (Press Ganey) Jan 2020-Present
- Employee of the Quarter (Eat.Right.Now.) July 2020
- Provost Scholar Spring 2005
- Delta Epsilon Iota National Honor Society Fall 2005

- Psi Chi the National Honor Society in Psychology Spring 2005
- Outstanding Educator of the Quarter (ERN) 2009
- Outstanding Peer Educator of the Month (IUP) March 2007
- Provost Scholar Spring 2005

Professional Memberships

- Obesity Medical Association 2025-Present
- American Society of Metabolic & Bariatric Surgery 2025-Present

Research and Educational Experience

- The Reading Hospital and Medical Center Dietetic Intern 2009-2010
 - Screened and assessed at-risk patients in large acute care hospital
 - Utilized current nutrition software: CBORD, NetAccess, Food Works
 - Conducted extensive inpatient/outpatient nutrition education
 - Bariatrics, heart failure, diabetes, maternity
 - Participated in large scale food service operations
- Drexel Research Assistant Jan-Sept. 2008
 - Formulated potential nutrition thesis project
 - Focused project on motivational interviewing and vitamin D intake
 - Utilized nutrient analysis software for the Body Shape Project
 - Entered diet records for 100+ subjects in large scale study
- Coping Strategies That Mediate the Relation Between Depression and Health 2005-2006
 - Research under faculty advisor
 - Investigated potential mind-body connection
 - Conference Presentations
 - IUP Women in Mathematics, Science and Technology
 - IUP Undergraduate Scholars Conference