

CURRICULUM VITAE

Name: Monali Misra, MD, FRCSC, FACS, FASMBS, DABS-FPMBS

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Educational Background:

- 2004 - 2005 Advanced Laparoscopic and Bariatric Surgical Fellowship
Cedars-Sinai Medical Center, Los Angeles, CA, USA
- 2022-present Diplomate of the American Board of Surgery- Focused Practice
Designation for Metabolic and Bariatric Surgery (DABS-FPMBS)
- 2005-present American Board of Surgery Certification in General Surgery,
Re-certification 2014
- 2004-present Fellow of the Royal College of Surgeons of Canada (FRCSC)
- 1999 – 2004 General Surgery Residency - Chief Resident in final year
McMaster University, Hamilton, ON, Canada
- 1995 – 1999 College of Medicine- Medical Degree
University of Saskatchewan, Saskatoon, SK, Canada
- 1993 – 1995 College of Arts and Science - Major in Biology
University of Saskatchewan, Saskatoon, SK, Canada
- Current Status:** Advanced Minimally Invasive, Metabolic & Bariatric Surgeon,
Endoscopic Surgeon, Cedars Sinai Medical Center, Los Angeles, CA
Associate Director of Bariatric Surgery Program, Cedars Sinai Marina
Hospital, CA
Director of Bariatric Surgery, Beverly Hills Physicians, Beverly Hills, CA

Prior Status at McMaster University:

General Surgeon, St. Joseph's Hospital, McMaster University
Assistant Professor, Dept. of Surgery, Faculty of Health Sciences
Associate Director of Bariatric Program, St. Joseph's Healthcare
Associate Director for Center of Minimal Access Surgery (CMAS)
Director of Bariatric Surgery, Canadian Institute of Bariatric Options, Toronto, ON, Canada
CTU Undergraduate Director at St. Joseph's Healthcare, Hamilton

Professional Affiliations and Appointments:

2022-2025	Board of Directors of American Society of Metabolic and Bariatric Surgery (ASMBS)- Elected Member At Large
2024-2029	American Board of Surgery (ABS) Examination Consultant for the Metabolic and Bariatric Surgery Focused Practice Designation Examination (MBS FPDE) (for DABS-FPMBS)
2024-present	Editorial Board Member of the Surgery for Obesity and Related Diseases Journal (SOARD)
2021-2022	American Society of Metabolic and Bariatric Surgeons (ASMBS) Program Committee Chair, (Program Committee Co-Chair 2020-2021)
2019-2021	Nominating Committee for the American Society of Metabolic and Bariatric Surgeons (ASMBS)
2023-2026	MBSAQIP Standards And Verification Subcommittee -American College of Surgeons Subcommittee
2014-present	MBSAQIP Accreditation Site Surveyor with the Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program, Selected Surveyor by American College of Surgeons
2023-2024	ASMBS Website Redesign Advisory Board
2022-present	ASMBS Surgical Mentorship Program- Mentor
2011-present	Fellow of American Society of Metabolic and Bariatric Surgeons (FASMBS)
2010-present	Verified Accredited Bariatric Surgeon, (previously Bariatric Surgeon Center of Excellence)- MBSAQIP/ACS/ASMBS Cedars Sinai Medical Center, Cedars Sinai Marina Hosp, Los Angeles,CA
2019-2021	Chair of Poster Sub-Committee, Program Committee, American Society of Metabolic and Bariatric Surgeons (ASMBS)
2012-present	ASMBS Program Committee Member
2007-present	Fellow of American College of Surgeons (FACS)
2006-present	Member, Society of American Gastrointestinal and Endoscopic Surgeons (SAGES)

2023-present	Member, American Medical Association (AMA)
2006-present	Member, American Society of Metabolic and Bariatric Surgeons
2005-present	Fellow of Royal College of Physicians and Surgeons of Canada (FRCSC)
2011-present	Member, Southern California Chapter American College of Surgeons

Honors and Awards

2025	Top Doctor Honors Edition- Global Directory of Who's Who
2020-2025	Top Doctor Award -Los Angeles, CA- Global Directory of Who's Who
2018-2025	Top Doc Award- Awarded by the Leading Physicians of The World
2020	Women in Medicine Top Doctor Award
2017-2018	Top Surgeon, Marina Del Rey, CA- Awarded by the International Association of Professional Healthcare Professionals (IAHCP)
2017	Doctor's Choice Awards- Top 100 doctors, 2017
2016	Women of Distinction Award Winner for 2016 (USA)
2016	Doctor's Choice Awards- City Winner for Los Angeles, CA- 2016
2010-2019	Doctors of Weight Loss- Honored selection as one of the top weight loss surgeons in the country. (USA)
2008, 2007	Awarded by the Undergraduate MD Program Class of 2008 and 2007, Outstanding Preceptor Award - Surgery
2007	Canadian Association of Medical Educators, Certificate of Merit Award, Canada (Awarded to one)
March 2004	Most Distinguished Poster Presentation awarded at S.A.G.E.S. (Society of Gastrointestinal and Endoscopic Surgeons) Conference Denver, CO
October 2001	Third Place Award at Annual Surgical Residents' Research Day, McMaster University, Hamilton, Ontario
1995	Dean's Honor List (Top 5% of students in the College of Arts and Science), University of Saskatchewan
1995	Canada Scholarship in Science and Engineering, Government of Canada through Industry, Science, and Technology for entire degree program

1993 Saskatchewan General Proficiency Award, Saskatchewan Government, based on academic standing

Work Experience

Feb 2012-present Dr. Mona Misra, Advanced Surgical Specialists P.C.- Private Practice- Bariatric and Advanced Minimally Invasive and Endoscopic Surgeon

Feb 2010- Feb 2012 Beverly Hills Comprehensive Weight Loss Center- Private practice Bariatric and General Surgery

Sept 2005-Jan 2010 St.Joseph's Hospital, Hamilton Healthsciences, McMaster University. Minimally Invasive General and Bariatric Surgeon

Publications

2025 Textbook Chapter in "The ASMBS Textbook of Bariatric Surgery", 3rd Edition- publication by Springer- In progress

2024 Kermansaravi M, et al. *Current recommendations for procedure selection in class I and II obesity developed by an expert modified Delphi consensus.* www.nature.com/scientificreports (2024) 14:3445.

2015 **Misra M.** Textbook Chapter- "*LAGB: Procedures and Outcomes*", The Clinicians Handbook for the Treatment of Obesity. Published by Springer in 2015.

2009 Taylor VH, **Misra M.** *Bariatric Surgery in patients with Bipolar Disorder: an emerging issue.* Journal of Psychiatry and Neuroscience. 2009; 34(4):336.

2009 Taylor VH, **Misra M**, Mukherjee S. "*Is red meat intake a risk factor for breast cancer among premenopausal women?*" Breast Cancer Research and Treatment. June 20, 2009

2007 Journal Article, Dept. of General Surgery, Dr. D. Birch, **Dr. M. Misra** - McMaster University, Hamilton, ON. *The Feasibility of introducing advanced minimally invasive surgery into surgical practice.* – Can J Surg. 2007 Aug; 50(4):256-60

2004-2005 Abstract, Dept. of Minimally Invasive and Bariatric Surgery, Dr. S.Cunneen, Dr. E.Phillips, **Dr. M. Misra** - Cedars Sinai Medical Center, Los Angeles, CA. *Device Related Reoperations After Laparoscopic Adjustable Gastric Band Placement* – Accepted for presentation at American College of Surgeons Conference in Santa Barbara, California, Jan. 2005, Am Surg.2005 Sep; 71(9): 738-43

- 2004-2005 Journal Article, Dept. of Minimally Invasive Surgery, Dr. E. H. Phillips, **Dr. M. Misra** - Cedars Sinai Medical Center, Los Angeles, California. *Splenic Malignancy: A Minimally Invasive Approach* – The Cancer Journal, a publication of the National Cancer Institute, 2005 Jan-Feb; 11(1):36-42.
- 2003 Case Report, Dept. of Thoracic Surgery, Dr. D. Maziak, Dr. F. Shamji, **Dr. M. Misra** - Ottawa General Hospital, Ottawa, ON. *A case report on the rare presentation and treatment of esophageal leiomyomatosis* - Medical Science Monitor. 2003 9(11): CS98-101
- 2002 Bamehriz F, **Misra M**, Anvari M, Allen CJ. *Incidence of Symptomatic Gastroesophageal Reflux Disease after Laparoscopic Heller's myotomy Without Anti-reflux Procedure*. Surg Endosc 2002;16 (Suppl 1): S275

Abstracts

- 2009 Abstract, Dept. of Surgery, Dr. S. Malik, Dr. S. Pooler, **Dr. M. Misra**, Dr. M. Cadeddu, Dr. M. Anvari – St. Joseph's Healthcare, Hamilton, ON. *Management of Acute Mechanical Small Bowel Obstruction in the Octogenarian – Is Minimally Invasive Approach Safe?* – Accepted for publication in Canadian Journal of Surgery.
- 2009 Abstract, Dept. of Surgery, Dr. B. Teague, Dr. M. Cadeddu, Dr. M. Anvari, **Dr. M. Misra** – St. Joseph's Healthcare, Hamilton, ON. *Evaluation of a Novel Magnetic Enteral Anastomosis in Natural Orifice Transluminal Endoscopic Surgery (NOTES)* – Accepted for poster presentation at NOSCART, Boston, July 2009.
- 2009 Abstract, Dept. of Surgery, Dr. B. Teague, Dr. M. Cadeddu, Dr. M. Anvari, **Dr. M. Misra** – St. Joseph's Healthcare, Hamilton, ON. *Hybrid Notes Transvaginal Sleeve Gastrectomy* – Accepted for poster presentation at NOSCART, Boston, July 2009.
- 2004 Abstract, Dept. of Minimally Invasive and Bariatric Surgery, Dr. S. Cunneen, Dr. E. Phillips, **Dr. M. Misra** - Cedars Sinai Medical Center, Los Angeles, CA. *Robotic-Assisted Laparoscopic Roux-en-Y Gastric Bypass for Morbid Obesity* - Accepted for presentation at American College of Surgeons Conference in Santa Barbara, California, Jan. 2005, paper pending
- 2004 Abstract, Dept. of Minimally Invasive and Bariatric Surgery, Dr. S. Cunneen, Dr. E. Phillips, **Dr. M. Misra** - Cedars Sinai Medical Center, Los Angeles, CA. *Moderate Weight Loss Produces Significant Improvement in Comorbid Conditions After Laparoscopic Adjustable Gastric Banding* – Accepted for presentation at S.A.G.E.S. (Society of American Gastrointestinal and Endoscopic Surgeons) Conference, Florida, April 2005, paper pending
- 2004 Abstract, Dept. of Minimally Invasive and Bariatric Surgery, Dr. S. Cunneen, Dr. E. Phillips, **Dr. M. Misra**, Cedars Sinai Medical Center, Los Angeles, CA. *Pattern of Weight Loss During the First 6 Months After Laparoscopic Adjustable Gastric Banding Predicts Success* – pending

Posters

- Sept 2009 Accepted for poster presentation at Canadian Association of General Surgeons Meeting (CAGS), Victoria BC, Sept 2009
Abstract, Dept. of Surgery, Dr. Samaad Malik, Dr. S. Pooler, **Dr. M. Misra**, Dr. M. Cadeddu, Dr. M. Anvari – St. Joseph's Healthcare, Hamilton, ON. *The Effectiveness of Laparoscopic Approach for The Management of Acute Mechanical Bowel Obstruction in the Octogenarian.*
- July 2009 Accepted for poster presentation at NOSCARG, Boston, July 2009
Abstract, Dept. of Surgery, Dr. Ben Teague, Dr. M. Cadeddu, Dr. M. Anvari, **Dr. M. Misra** – St. Joseph's Healthcare, Hamilton, ON. *Evaluation of a Novel Magnetic Enteral Anastomosis in Natural Orifice Transluminal Endoscopic Surgery (NOTES).*
- July 2009 Accepted for poster presentation at NOSCARG, Boston, July 2009.
Abstract, Dept. of Surgery, Dr. Ben Teague, Dr. M. Cadeddu, Dr. M. Anvari, **Dr. M. Misra** – St. Joseph's Healthcare, Hamilton, ON. *Hybrid Notes Transvaginal Sleeve Gastrectomy .*
- March 2004 Research awarded for most distinguished poster presentation at Annual S.A.G.E.S. (Society of American Gastrointestinal and Endoscopic Surgeons) Conference, Denver, Colorado, U.S.A.
- March 2003 Research accepted for poster presentation at Annual S.A.G.E.S. (Society of American Gastrointestinal and Endoscopic Surgeons) Conference, Los Angeles, California, U.S.A.
- March 2002 Research accepted for poster presentation at Annual S.A.G.E.S. (Society of American Gastrointestinal and Endoscopic Surgeons) Conference, New York, U.S.A.

Research Projects

- 2008-present Research Project, Dept. of General Surgery, Dr. M. Anvari, et.al., Dr. M. Misra, McMaster University, Hamilton, ON. *A Prospective Randomized Controlled Trial Comparing Laparoscopic Surgery and Open Surgery in Patients with Rectal Cancer.* Work in Progress
- 2008-present Research Project. **Principle Investigator** for International Mesh Registry. Comparing clinical outcomes in a five year follow-up, multicenter, international hernia mesh registry.- (\$12,500.00 grant funding).
- 2008-present Research Project, Dept. of General Surgery, Dr. M. Anvari, **Dr. M. Misra**, McMaster University, Hamilton. *Development of an Assessment Tool to Measure Flexible Endoscopic Performance.* Work in progress
- 2007-present Research Project, Dept. Of General Surgery, Dr. M. Anvari, **Dr. M. Misra** Dr. M. Cadeddu, Dr. Goldsmith, Dr. Iacobellis, Dr. Sharma, Dr. Taylor, McMaster University, Hamilton, ON. **Co-Principle Investigator.** *A Prospective Randomized Controlled Pilot Study of Laparoscopic Bariatric Surgery for Treatment of Type 2 Diabetes in Obese Patients with End Organ Damage* – (\$155,000 grant funding, work in progress)
- 2007-present Research Project, Dept. Of General Surgery, **Dr. M. Misra**, Dr. A. Alderazi, McMaster University, Hamilton, ON. **Principal Investigator.** *A*

	<i>Randomized Controlled Study Comparing Preoperative Management of Oral Intake Prior to Laparoscopic Procedures vs. Traditional Methods</i> (Grant funding-\$14,800, work in progress)
2007-present	Research Project, Dept. of Surgery, Dr. M. Misra , N. Golda, McMaster University, Hamilton, ON. <i>Relationship of Surgery Clerkship Timing, Student Satisfaction and Academic Performance</i> (submitted for publication)
2006-present	Research Project, Dept. of General Surgery, Dr. M. Cadeddu, Dr. N. Amin, Dr. M. Anvari, Dr. M. Misra , Dr. L. Biertho, Dr. F. Farrokhyar, Dr. C. Gill-Pottruff, Dr. K. Kahn moui, McMaster University, Hamilton, ON. <i>A Pilot Study of Bupivacaine Infusion in Abdominal Surgery - Residence Research Day.</i>
2007-present	Case Report, Department of General Surgery, Dr. N. Kahn, Dr. M. Misra , McMaster University, Hamilton, Ontario. <i>Abdominal TB versus Ovarian Carcinoma; A High Risk Diagnostic Dilemma – work in progress</i>
2002	Case Report, Dept. of General Surgery, Dr. M. Cadeddu, Dr. M. Misra - McMaster University, Hamilton, Ontario. <i>A case report describing the rare complication of the intra-abdominal migration of a mesh plug presenting as appendicitis, effectively diagnosed and treated laparoscopically - work in progress</i>

Presenter- Expert Guest Lecturer- Courses

- Webinar-Optimizing Outcomes in Bariatric Surgery -GLP1s-Expert Guest speaker-Mar 2025
- ASMBS Weekend Meeting- Nov 2024- Atlanta, GA- Expert guest speaker
- Cedars Sinai Medical Center- Obesity Conference- Sept 2024- Expert guest speaker
- Webinar- IBC Oxford -Women in Surgery- Clinical Excellence, Scientific Ingenuity and Inclusive Leadership- Invited guest speaker
- ASMBS Annual Meeting- June 2024- San Diego,CA- Lecturer, Course co-director, Moderator
- ASMBS Weekend Meeting- Nov 2023- New Orleans, LA- Expert guest speaker
- Webinar- Best Practices for providing Outpatient Bariatric Surgery- Nov 2023
- Webinar- Live Surgery for OAGB- Expert panelist- Sept 2023
- ASMBS Annual Meeting- June2023- Las Vegas, NV- Expert guest speaker, Moderator
- ASMBS Weekend Meeting- Nov 2022- San Antonio, TX- Expert guest speaker
- Cedars Sinai Medical Center- Obesity Conference- Oct 2022- Expert guest speaker
- IFSO 25th World Congress- Aug 2022- Miami, FL- Expert guest speaker
- Webinar-Saudi Arabian Society for Metabolic and Bariatric Surgery -ASMBS Annual meeting Highlights- Expert guest speaker- June 2022
- ASMBS Annual meeting- June 2022-Dallas, TX- **Chair-Program Committee Director**, Expert guest speaker, Moderator
- ASMBS Re-United Weekend meeting -Jan 2022- Las Vegas, NV- **Chair-Program Committee Director**, Expert guest speaker, Moderator
- Virtual ASMSB Annual Meeting- June 2021- **Program Committee Meeting Co-Chair/Co-Director**
- Virtual ASMSB Weekend- Jan 2021- **Program Committee Meeting Co-Director/Co-Chair**

- ASMBS Webinar- Sept 2020- private practice- Invited expert speaker
- Obesity Week – 36th ASMBS Annual Meeting- Expert guest lecturer, course moderator, discussant- November 2019- Las Vegas, NV
- ASMBS Weekend- Course Director, Expert Guest Lecturer June 2019-Chicago, IL
- Obesity Week-35th ASMBS Annual Meeting- Nov 2018- Nashville, TX- Expert guest lecturer, course moderator, discussant
- ASMBS Weekend 2018- Course Director, Expert Guest Lecturer- June 2018-New York, NY
- Obesity Week- 34th ASMBS Annual Meeting- Expert Guest Lecturer, Moderating Courses- November 2017-Washington, DC
- ASMBS WE 2017 – Co-Course Director, Expert Guest Lecturer- San Diego, CA-June 2017
- Obesity Week- 33rd ASMBS Annual Conference- Moderator for Posters of Distinction Presentations – November 2016- New Orleans, LO
- Obesity Week- 32nd ASMBS Annual Conference- Moderator of Video Course- November 2015- Los Angeles, CA
- Obesity Week- 30th ASMBS Annual Conference- Expert Guest Panelist for Video Sleeve Gastrectomy Course, Moderator for Posters of Distinction Presentations- November 2013- Atlanta, GA
- Southern California Case Managers Association (SCCMA) Annual Meeting- Guest Lecturer- Los Angeles, CA- February 2013
- LAP-BAND® Adjustable Gastric Banding System- Advanced Laparoscopic Fellowship Program -Expert guest lecturer– Chicago, IL, September 2010
- Laparoscopic Basic Residents Course -program director, program organization & coordinating, Centre for Minimal Access Surgery, McMaster University, Canada- Aug 2009,2008,2007,2006
- Laparoscopic Bariatric Course-live surgery, lecturer, & hands on teaching, Centre for Minimal Access Surgery, McMaster University, Canada- June 2009, Feb 2006, April 2006
- McMaster Annual Bariatric Course-expert guest lecturer, Centre for Minimal Access Surgery, McMaster University, Canada- June 11, 2009
- Laparoscopic Colorectal Course -live surgery, lectures and moderator, CMAS, McMaster University, Canada- October 2008, May 2008, March 2007, November 2006, Feb 2006
- Laparoscopic Advanced Residents Course -lectures and hands on teaching, Centre for Minimal Access Surgery, McMaster University, Canada- November 2008, December 2006
- 1st Canadian N.O.T.E.S Course, Centre for Minimal Access Surgery, McMaster University, Canada- February 2008
- Nurses Course -expert guest lecturer, Centre for Minimal Access Surgery, McMaster University, Canada- Nov 2008, May 2008, Nov 2007, May 2007, May 2006, Nov 2005
- Laparoscopic Hernia Course -lectures and hands on teaching, Centre for Minimal Access Surgery, McMaster University, Canada- February 2007

Leadership Experience

2022-2025	ASMBS Elected Director at Large- ASMBS Board of Directors
2021-2023	Chair and Co-Chair of Program Committee-ASMBS
2019-2021	Chair of Posters Sub-Committee- ASMSB Program Committee (Effectively enabled transitioning from paper poster to E-posters)
2022-present	ASMBS Surgical Mentor

2009-2010	President , Medical Staff Association, St. Joseph's Healthcare
2009-2010	Member, Board of Trustees, St. Joseph's Healthcare, Hamilton
2008-2009	Vice President, Medical Staff Executive, St. Josephs Hospital
2008-2010	Member, Medical Advisory Committee, St. Joseph's Hospital
2007-2010	Member, Residency Education Committee, McMaster University, Canada
2007-2009	Member, Physician Hospital Relationship Working Group, Ontario Medical Association
2007-2008	Secretary, Medical Staff Executive, St. Joseph's Hospital
2006-2007	Treasurer, Medical Staff Executive, St. Joseph's Hospital
1999-2004	Surgical Residency Education Committee Resident Representative
2001-2003	P.A.I.R.O. (Professional Association of Interns and Residents of Ontario) General Council Resident Representative
2001-2003	Resident Health and Well-Being Committee Resident Representative– (Sub-committee of P.A.I.R.O. Council)
2001-2002	Surgical Research Committee Resident Representative
1997-1999	Elected Treasurer/Secretary of Class of Medicine
1997-1998	Elected Student Medical Society Executive Secretary
1995-1996	Elected Vice-President of Academic Affairs, College of Arts and Sciences Students' Union, University of Saskatchewan
1994-1995	Elected Vice-President of Internal Affairs, College of Arts and Sciences Students' Union, University of Saskatchewan
1993-1995	Appointed Member of University Council, University of Saskatchewan
1994-1995	Appointed Member of Enrollments and Admissions Board, University Council, University of Saskatchewan
1994-1995	Appointed Chairperson of Elections and Appointments Board, Arts and Sciences Students' Union, University of Saskatchewan
1993-1995	Appointed Member of Faculty of Arts and Sciences Association, U of SK

Skills

January 2016	Orbera Intra gastric Balloon Certification
May 2004-present	A.C.L.S. Certification
October 2004	DaVinci Robotic Training Certification
November 2001	Advanced Laparoscopic Skills Course Certification
November 1999	Basic Laparoscopic Skills Course Certification
June 2004-2012	B.C.L.S. Certification
July 1999	A.T.L.S. Certification
November 1998	P.A.L.S. Certification