

CURRICULUM VITAE

Name: L. Renee Hilton-Rowe, M.D.

Current Titles:

Chief, Minimally Invasive and Bariatric Surgery (1/1/2018- Present)
 Director, Bariatric Surgery and the Center for Obesity and Metabolism (7/21/2017-Present)
 Co-Director, Digestive Health Center (1/1/2018-Present)
 Associate Professor of Surgery (7/1/2022-Present)
 Surgical Quality Officer Wellstar Medical College of Georgia (September 1, 2024-Present)
 Director of Surgical Quality Department of Surgery, Medical College of Georgia (February 1, 2025-Present)

Office Address:

Office Phone:

Office Fax:

E-mail:

Home Address:

Cell Phone:

EDUCATION

Institution	Date of Attendance	Degree Awarded	Focus
University of Georgia	2003-2007	B.S.	Biology
Medical College of Georgia	2007-2011	M.D.	Medicine
University of Miami/Jackson Memorial Hospital	2011-2016	Residency	General Surgery
Yale University	2016-2017	Fellowship	Minimally Invasive Surgery
American Board of Surgery	2016	Certification in General Surgery	
American Board of Surgery	2023	Focus Practice Designation	Bariatric Surgery

State Licensure

October 2022 Physician
 #78574, Full, Unrestricted Licensure
 State of Georgia, Status: Active, Expiration: 10/31/2024

PROFESSIONAL**Academic Appointments**

07/01/2022 -Present Associate Professor of Surgery, Augusta University

9/17/2017- 6/31/2022 Assistant Professor of Surgery, Augusta University

7/1/2016-7/31/2017 Clinical Instructor, Department of Surgery, Yale University

7/1/2016-7/31/2017 Fellowship, Minimally Invasive and Bariatric Surgery

7/1/2015-06/31/2016	Chief Resident, University of Miami/ Jackson Memorial Hospital
7/1/2011-6/31/2015	Residency, General Surgery, University of Miami/ Jackson Memorial Hospital

Administrative Responsibilities/ Appointments

2025-Present	Director of Surgical Quality	Department of Surgery
2024-Present	Surgical Quality Officer	Wellstar Medical College of Georgia
2020- Present	Longitudinal Career Advisor	Medical College of Georgia
2019- Present	Section Chief of Minimally Invasive and Bariatric Surgery	Augusta University
2019- Present	Co-Director of the Digestive Health Center	Augusta University
2017- Present	Director, Center for Obesity and Metabolism	Augusta University
2021- 2023	Director, Robotic Surgery	Augusta University
2017-2020	Director, Virtual Education and Surgical Skills Laboratory	Augusta University
2017-2020	Director, Intern Surgical Simulation Rotation	Augusta University
2018- 2020	Associate Program Director, General Surgery Residency	Augusta University

Committee Assignments

National, Regional, and State Assignments

2022-Present	State Chapter Committee, American Society of Metabolic and Bariatric Surgeons
2022-Present	Insurance Committee, American Society of Metabolic and Bariatric Surgeons
2021-Present	Access to Care Committee, GA Chapter, American Society of Metabolic and Bariatric Surgeons
2020- Present	Program Committee, Awards Subcommittee, American Society of Metabolic and Bariatric Surgery
2018- Present	Georgia Chapter of the American Society of Metabolic and Bariatric Surgery Board of Directors
2018- Present	Communications Committee, American Society of Metabolic and Bariatric Surgery
2018- Present	American Society of Metabolic and Bariatric Surgery, Access to Care Committee, Committee Co-Chair 2021-2023
2018-Present	Guidelines Committee, Society of Gastrointestinal and Endoscopic Surgery
2018-Present	Advocacy and Health Policy Committee, Society of Gastrointestinal and Endoscopic Surgery
2018-Present	Communications Committee, Society of Gastrointestinal and Endoscopic Surgery
2018-2020	Communication Committee, Subcommittee Twitter, Associate of Women Surgeons

Institutional Committee Assignments

2025-Present	Wellstar Quality and Safety Committee	Wellstar
2025-Present	Surgical Informatics Council	Wellstar
2025-Present	Access Steering Committee	WMCG
2025-Present	SSI Taskforce	WMCG
2025-Present	Periop Culture Taskforce	WMCG
2024-Present	Perioperative Quality Committee	WMCG
2023-Present	WMCG Medical Executive Committee	WMCG
2021-Present	AUMA Clinical Workforce Taskforce	Augusta University
2021-Present	AUMA Operations Policy Taskforce	Augusta University
2021-Present	AUMA Operations Committee	Augusta University
2020-Present	AUMA Quality and Safety Committee	Augusta University
2020-Present	General Surgery Residency Education Leadership Team	Augusta University
2020- 2021	General Surgery Department Chair Search Committee	Augusta University

2020	Family Medicine Department Chair Search Committee	Augusta University
2019- Present	General Surgery Clinical Practice Improvement Committee	Augusta University
2018-Present	Robotic Simulation and Residency Training Committee	Augusta University
2017- Present	Clinical Competency Committee, General Surgery Residency	Augusta University
2017-2021	Program Evaluation Committee for General Surgical Residency	Augusta University
2018-2020	Chair, Surgical Simulation Committee	Augusta University
2015-2016	Committee of Interns and Residents (CIR)	Jackson Memorial Hospital
2015-2016	Committee for Women in Medicine,	Jackson Memorial Hospital
2015-2016	Contract Bargaining Committee, CIR	Jackson Memorial Hospital

Awards and Honors

2025	Finalist, Third Place, Wellstar MCG Quality Symposium	Augusta, GA
2025	Dean's Graduate Medical Education Research Award. Continuous glucose monitoring after bariatric surgery. Funded \$5000. 2024/2025. Medical College of Georgia at Augusta University. Awarded to MIS Research Fellow Melissa Easley for our project on continuous glucose monitoring.	
2024	First Place, Resident Research Presentation	GSACS
2024	First Place, Bariatric Video Competition	GAASMBS
2024	Presidential Distinguished Service Award	ASMBS
2023	First Place, Bariatric Video Competition	GAASMBS
2023	First Place, Best Clinical Outcomes Poster	Medical College of Georgia Research Day
2023	Focused Practice Designation Metabolic and Bariatric Surgery	ACS
2023	National Finalist, Advocacy and Health Policy Abstract	American College of Surgeons
2023	Winner, Georgia Advocacy and Health Policy Abstract Competition for ACS residents and surgical trainees.	American College of Surgeons
2022	Georgia Bariatrics Excellence Award	ASMBS Georgia Chapter
2022	Obesity PAC Award for Advocacy	ASMBS/Obesity PAC
2021	First Place, Resident Research Presentation	GSACS
2021	Fellow, American College of Surgeons	
2021	Fellow, American Society of Metabolic and Bariatric Surgery	
2021	MCG Exemplary Teaching Award	Medical College of Georgia
2020	MCG Exemplary Teaching Award	Medical College of Georgia
2019	Young Alumni Award	Medical College of Georgia
2018	Plenary Session Abstract	7 th International Conference
2016	Alpha Omega Alpha Honor Medical Society	University of Miami
2016:	Dean Commendation Letter for Medical Student Education	University of Miami
2011	Outstanding Surgical Medical Student	Medical College of Georgia
	Clerkship Award and Scholarship	
2011	Alpha Upsilon Phi	Medical College of Georgia
2003	Archibald Memorial Hospital Scholarship	University of Georgia

Scientific and Professional Societies (Include offices held)

2023-Present	Chair, Access to Care Committee, ASMBS	
2023- Present of Surgeons	Women Surgeons Chair, Board of Directors	Georgia Society American College
2023-Present	President, Moretz Surgical Society	
2022- 2024	President, Georgia Chapter, American Society of Metabolic and Bariatric Surgery	

2020- 2022	Vice President (President Elect), Georgia Chapter, American Society of Metabolic and Bariatric Surgery
2020-2022	Co-Chair, Access to Care Committee, ASMBS
2018- 2021	State Access to Care Representative (STAR) Georgia Chapter, American Society of Metabolic and Bariatric Surgery
2018- Present	GA Chapter, American Society for Metabolic and Bariatric Surgery
2018-Present	Association of Women Surgeons
2015-Present	Society of Gastrointestinal and Endoscopic Surgery
2016-Present	American Society for Metabolic and Bariatric Surgery
2011-Present	American College of Surgeons

Community Activities (Include Offices Held)

Augusta University 5K 2018, 2019, and 2020	Team Leader for AU Bariatric Surgery Team
Walk from Obesity 2020, 2021, 2022, 2023	AU Bariatrics participated virtually in a walk/run to raise funds and awareness for obesity

Invited National Panel Discussant on Obesity Policy/Advocacy:

1. Obesity Summit 2025. The Access Gap: What are the limitations causing access to care issues?
2. Obesity Care Week Congressional Briefing. Monday, March 3rd, 2025 as part of Obesity Care Week for the Obesity Action Coalition.
3. Invited panel discussant to President Joseph Biden’s Domestic Policy Council on obesity medicine coverage expansion for Medicare and Medicaid. White House. Washington D.C. March, 2024.

Presentations/Invited Talks at National, regional and state meetings:

1. Presidential Address: Our Past, Present, and Future of the Georgia Chapter. Georgia Chapter, American Society of Metabolic and Bariatric Surgery, Obesity Day, August 16, 2024, St. Simons Island, Georgia.
2. AOM’s: Why You Should Be Using Them To Enhance Your Surgical Practice. Georgia Chapter, American College of Surgeons, August 17, 2024, St. Simons Island, Georgia.
3. The Surgeon Advocate. Virginia Bariatric Society Conference, American Society of Metabolic and Bariatric Surgery. August 9th, 2024.
4. American Society of Metabolic and Bariatric Surgery Conference. The impact of metabolic surgery on pregnancy. San Diego, CA, June 8-14th, 2024
5. American Society of Metabolic and Bariatric Surgery Conference. Anti-obesity medications are beneficial for the future of metabolic surgery. ASMBS Annual Meeting. San Diego, CA, June 8-14th, 2024
6. American Society of Metabolic and Bariatric Surgery Conference. Surgical reoperations of gastric procedures. APP Symposium. ASMBS Annual Meeting. San Diego, CA, June 8-14th, 2024
7. ASMBS FELLOW Project Lecture. “Special considerations for the metabolic surgery patient: fertility, pregnancy, and lactation.” Spoke as guest faculty with Dr. Richard Petersen. June 9nd, 2024

8. Robotic Case Review of a Left Inguinal, Bochdalek, Paraesophageal, and Ventral Hernia Repair. Video Presentation. World Congress of Endoscopic Surgery. Saturday, April 20, 2024.
9. Bariatric Women's Health Initiative: A Novel Approach to Treatment. Hot Topics Session. American Medical Women's Association. March 22, 2023.
10. The Association of Women Surgeons South Region Conference. Attending Panel: Leadership and Building a career in Surgery. March 2nd, 2024.
11. The Association of Women Surgeons South Region Conference. Attending Panel: Fertility and Family Planning. March 2nd, 2024.
12. American College of Cardiologists, Georgia Chapter, Annual Meeting, November 17th, 2023. Metabolic surgery: Durability of weight loss and cardiovascular risk reduction
13. American Society of Metabolic and Bariatric Surgery Weekend, New Orleans LA, October 3-5th, 2023. The impact of metabolic and bariatric surgery on breastfeeding.
14. ASMBS FELLOW Project Lecture. "Advocacy and Access To Care: What Are the Issues at Hand and How Can I Help?" Spoke as guest faculty with Dr. Joe Northrup. June 2nd, 2023
15. American Society of Metabolic and Bariatric Surgery Conference, Las Vegas, NV, June 25-29th, 2023. GERD Debate: RYGB is best option for GERD after Sleeve.
16. American Society of Metabolic and Bariatric Surgery Conference, Las Vegas, NV, June 25-29th, 2023. Improvements in Access to Care for Underrepresented Minorities.
17. Teamwork Panel: How to lead a successful MBS Team. June 6, 2022. American Society of Metabolic and Bariatric Surgery. Dallas, Texas.
18. Barriers and strategies to improving MBS access for minority populations: policy needs? June 7, 2022. American Society of Metabolic and Bariatric Surgery. Dallas, Texas.
19. When she says baby. June 6, 2022. American Society of Metabolic and Bariatric Surgery. Dallas, Texas.
20. Obesity Medicine Association Review Course Presentation. Bariatric Surgery. April 28, 2022, Atlanta, GA
21. Hilton, L. Renee, MD, Masters Bariatrics: Lap Band Conversions - 1 vs 2 Stage. World Congress of Endoscopic Surgery, March 19, 2022, Denver, CO
22. Hilton, L. Renee, MD, "Georgia Chapter Bariatric Advocacy: Lesson we have learned." American Society of Metabolic and Bariatric Surgery Obesity Weekend Conference, Virtual, January 29, 2021. Advocacy.
23. Bariatric surgery women's health initiative: a novel approach to the standard of care for female bariatric surgery patients. **Lisa Renee Hilton, MD**. Special thank you for contribution to Hamer Titus, MD and Chadburn Ray, MD. Medical College of Georgia at Augusta University, Augusta,

- GA. Obesity Day, Georgia Chapter, American Society for Metabolic and Bariatric Surgery 2021 Annual Meeting. Keynote address.
24. Hilton, LR. "Bariatric Surgery: Treating more than obesity." Georgia Chapter American Association of Clinical Endocrinologists Annual Conference, Atlanta, Georgia. February 8, 2020.
 25. Hilton, LR. "Bariatric Surgery: Treating more than obesity." Georgia Obstetrics and Gynecology Society's 68th Annual Conference, Amelia Island, Florida. August 22-25, 2019.
 26. Bariatric Surgery: An Update on State Coverage. Hilton, LR. Medical College of Georgia at Augusta University, Augusta, GA. Georgia Chapter, American Society of Metabolic and Bariatric Surgery, Obesity Day, August 16, 2019, St. Simons Island, Georgia.
 27. Robotic Bariatric Surgery: How to start a program. Hilton, LR. Medical College of Georgia at Augusta University, Augusta, GA. Georgia Chapter, American Society of Metabolic and Bariatric Surgery, Obesity Day, August 16, 2019, St. Simons Island, Georgia.
 28. Hilton, LR. "Adolescent Bariatric Surgery: How young is too young?" The Pan-American Obesity and Metabolic Health Summit, Miami, FL, March 19-21, 2019
 29. Hilton, LR. "Adolescent Bariatric Surgery: Sleeve Gastrectomy." The Pan-American Obesity and Metabolic Health Summit, Miami, FL, March 19-21, 2019
 30. Hilton, LR. "How to match into a surgical residency." Medical College of Georgia at Augusta University, Augusta, GA, October 18th, 2018.
 31. Hilton, LR. "Obesity: America's Greatest Health Threat?" Medical College of Georgia at Augusta University, Augusta, GA, October 17, 2018.
 32. Hilton, LR. "Gastric sleeve emergencies for the acute care surgeon." American College of Surgeons, Georgia Chapter Annual Meeting, St. Simon's Island, GA. August 18, 2018.
 33. Hilton, LR. "Is half the stomach half the reflux? GERD after bariatric surgery." Gastrointestinal Disorders Conference, Kiawah Island, SC, July 16, 2018.
 34. Hilton, LR. "Bariatric Surgery Gone Wrong." Gastrointestinal Disorders Conference, Kiawah Island, SC, July 16, 2018.
 35. Hilton, LR. "Bariatric Surgery: Treating more than obesity." Moretz Surgical Society, Augusta, GA, March 3, 2018.
 36. Hilton, LR. "Bariatric Surgery: The Role for Endoscopy." Eastern Division of the Georgia Society of Gastroenterology Nurses and Associates, 7th Annual Regional Conference, Augusta, GA, February 3, 2018.
 37. Hilton, LR. "So you think you want to be a surgeon?" Medical College of Georgia at Augusta University, Augusta, GA, January 22, 2018
 38. Hilton, LR. "Management of Early Recurrence of Paraesophageal Hernias." Grand Rounds, Yale University, Department of Surgery, New Haven, CT. 2017.

Grand Rounds:

1. Bariatric Surgical Emergencies. Lecture for the Department of Emergency Medicine. January 2025
2. Hilton, LR. "The Surgeon Advocate." Grand Round, Department of Surgery, Memorial Health University Medical Center, Savannah, GA, January 18th, 2024.
3. Hilton, LR. "Bariatric Advocacy." Grand Rounds, Department of Surgery, MCG, Augusta, GA, September 14th, 2023.
4. Hilton, LR. "Bariatric Surgery Policy Updates." Grand Rounds, Department of Pediatrics, Augusta, GA, January 27th, 2023. <https://echo360.org/media/a80e2fb2-a406-4124-8d23-ba40767436ba/public>
5. Hilton, LR. "Bariatric Surgery: Policy Updates." Grand Rounds, Department of Obstetrics and Gynecology, Augusta, GA, January 25th, 2023.
6. Hilton, LR. "Bariatric Surgery: Treating More than Obesity." Grand Rounds, Department of Cardiology, Augusta, GA, January 4, 2019.
7. Hilton, LR. "Bariatric Surgery: Treating More than Obesity." Grand Rounds, Department of Obstetrics and Gynecology, Augusta, GA, October 24, 2018.
8. Hilton, LR. "Bariatric Surgery: Treating More Than Obesity." Grand Rounds, Department of Otolaryngology / Head and Neck Surgery at the Medical College of Georgia at Augusta University Medical Center, Augusta, GA, October 2, 2018
9. Hilton, LR. "Bariatric surgery gone wrong." Grand Rounds, Department of Family Medicine, Augusta University Medical Center, Augusta, GA, August 22, 2018.
10. Hilton, LR. "Bariatric surgical emergencies for the general surgeon." Grand Rounds, Department of Surgery, Augusta University Medical Center, Augusta, GA. April 30, 2018.
11. Hilton, LR "Bariatric Surgery: Treating More Than Obesity." Primary Care and Family Medicine Symposium, April 21, 2018, Augusta, GA
12. Hilton, LR. "Bariatric Surgery: The role of the primary provider." Grand Rounds, Department of Family Medicine, Augusta University Medical Center, Augusta, GA. March 5, 2018.

Conference Program Director

1. Moretz Surgical Society, February 28th-March 1st, 2025, Augusta, Georgia.
2. Georgia Chapter, American Society of Metabolic and Bariatric Surgery, Obesity Day, August 15th, 2024, St. Simons Island, Georgia. Program Director.
3. Georgia Chapter, American Society of Metabolic and Bariatric Surgery, Obesity Day, August 11th, 2023, St. Simons Island, Georgia. Program Director.

Educational Program Development:

1. Advocacy 101: Promoting Access to Comprehensive Obesity Care. ASMBS. Course Designer and Director. This program is designed to equip ASMBS members with foundational advocacy

skills, empowering them to engage effectively in local, state, and national advocacy efforts. It will also serve as a pre-course for Hill Visits during the ASMBS Annual Conference.

Moderator Assignments

1. American Society of Metabolic and Bariatric Surgery Weekend Conference, New Orleans, LA October 5-7th, 2023. Course Director, State Chapter Advocacy Summit.
2. American Society of Metabolic and Bariatric Surgery Conference, New Orleans, LA October 5-7th, 2023. Session Chair, Individualized Approach to reflux in primary and revisional patients.
3. Georgia Chapter, American Society of Metabolic and Bariatric Surgery, Obesity Day, August 11th, 2023, St. Simons Island, Georgia. Georgia Bariatric Initiative.
4. American Society of Metabolic and Bariatric Surgery Conference, Las Vegas, NV, June 25-29th, 2023. Session Chair, Access to Care.
5. American Society of Metabolic and Bariatric Surgery Weekend Conference, San Antonio, TX, November 10-12, 2022. Session Co-Chair, Difficult Cases.
6. Georgia Chapter, American Society of Metabolic and Bariatric Surgery, Obesity Day, August 12th, 2022, St. Simons Island, Georgia. Outpatient Bariatric Surgery.
7. World Congress of Endoscopic Surgery, March 17, 2022, Denver, CO. Session Chair, Current and Future Issues with Robotics.
8. American Society of Metabolic and Bariatric Surgery Obesity Weekend Conference, Virtual, January 28-30, 2021. Advocacy.
9. Georgia Chapter American Association of Clinical Endocrinologists Annual Conference, Atlanta, Georgia. February 8, 2020. Obesity Panel.
10. Georgia Chapter, American Society of Metabolic and Bariatric Surgery, Obesity Day, August 16, 2019, St. Simons Island, Georgia. Patient Advocacy and Access to Care.
11. Georgia Chapter, American Society of Metabolic and Bariatric Surgery, Obesity Day, August 16, 2019, St. Simons Island, Georgia. Bariatric Robotic Surgery.
12. Georgia Chapter, American College of Surgeons, Annual Meeting, St. Simons Island, Georgia. August 17, 2019. Resident Wellness Initiative.
13. American Society of Metabolic and Bariatric Surgery Obesity Weekend Conference, Chicago, Illinois. June 22, 2019. Quick Shot Oral Presentations Session II.
14. Georgia Chapter, American College of Surgeons, Annual Meeting, St. Simon's Island, GA. August 19, 2018. Bariatric Complications.

Presentations/Invited Talks at International meetings:

1. Faculty and Speaker for the Advancement In Surgery (AIS) Channel DEI Series. Rebalancing the Scales: Prioritizing Equity in Severe Obesity Treatment. Access to Care: Expanding Coverage for Obesity Treatments - Dr. Renee Hilton (USA). May 30th, 2023.
2. 7th International Conference and Exhibition on Surgery, Dublin, Ireland. June 21, 2018. Acute Care and General Surgery Session.

Bibliography:

Abstracts, Oral Presentations, Posters:

1. Melissa Easley, Anna Robisceck, **L Renee Hilton**. Outcomes and Inequalities in Bariatric Surgery. Medical College of Georgia Department of Surgery Moretz Conference. February 2025
2. Stephanie Hayes, Melissa Easley, Bryn Hamilton, **L Renee Hilton**. Standardization of Sleeve Gastrectomy – A Quality Improvement Project. Medical College of Georgia Department of Surgery Moretz Conference. February 2025
3. E Snyder, M Easley, **L Renee Hilton**. Robotic Revision of Failed Shortened Esophageal Myotomy for Achalasia. Quickshot presentation. SESC 2025
4. E Snyder, M Easley, B Doddala, **L Renee Hilton**. Does Insurance Matter? Bariatric Outcomes at a Single Center. Oral presentation at Georgia Society American College of Surgeons (GSACS) Annual Meeting. August 2024
5. M Easley, **L. Renee Hilton**. Roux-en-y gastric bypass in a patient with intestinal malrotation. Video Presentation at Georgia Society American College of Surgeons (GSACS) Annual Meeting. August 2024
6. Effects of travel distance on bariatric surgery outcomes and follow-up attrition. Hana Ghiatthi and **L. Renee Hilton**. Southeastern Surgical Conference Annual Meeting, February 3 – 6, 2024, Clearwater Beach, Florida.
7. Geriatric bariatric surgery: outcomes at a single institution. Katherine Tracey and **L. Renee Hilton**. Southeastern Surgical Conference Annual Meeting, February 3 – 6, 2024, Clearwater Beach, Florida.
8. Racial Disparities in Adolescent Dropout Prior to Bariatric Surgery. Katherine Marino, B.S.1, Brianna Stadsvold, M.D.2, Aaron Bolduc, M.D.2, & **L. Renee Hilton, M.D.** Medical College of Georgia at Augusta University, Augusta, GA
9. Jonathan McKenzie, Hana Ghiathi, **L. Renee Hilton**. Advocacy success in Georgia: How our ASMBS chapter affected over half a million lives through advocacy and policy change. This has been submitted for consideration in the national abstract competition held by ACS. April 15–18, 2023 – Leadership and Advocacy Summit
10. Ayana Worthey, Hallie T Smith, **L. Renee Hilton**. Medical student elective in robotic surgery: Can medical students gain proficiency in robotics as easily as residents? Wednesday, March 29, 2023 - Saturday, April 1, 2023
11. B Enciso, B Stadsvold, **L Hilton**, A Bolduc. Laparoscopic Paraesophageal Hernia Repair with Nissen Fundoplication in a Patient with Ancient Schwannoma of the Gastroesophageal Junction.

SESC 2023 Annual Meeting. Savannah, GA. February 11-14, 2023.

12. Schaefer, A.W., Cushman, L., Stadsvold, B., Ghosh, S., Buldoc, A., and **Hilton, L.R.** (June 2022). "The Impact of PTSD and a History of Sexual Abuse on Bariatric Surgery Outcomes." American Society for Metabolic and Bariatric Surgery 2022 Annual Meeting, Poster of Distinction, Presidential Grand Rounds, Dallas, TX.
13. Cushman, L., Schaefer, A.W., Stadsvold, B., Ghosh, S., Buldoc, A., and **Hilton, L.R.** (June 2022). "The Outcome of Bariatric Surgery in Patients with Psychiatric Diagnoses." American Society for Metabolic and Bariatric Surgery 2022 Annual Meeting, Students/Residents/Fellows Session, Dallas, TX.
14. Schaefer, A.W., Cushman, L., Stadsvold, B., Ghosh, S., Buldoc, A., and **Hilton, L.R.** (August 2021). "The Prevalence and Influence of Psychiatric Diagnoses on Bariatric Surgery Patients." Georgia Society of the American College of Surgeons 2021 Annual Meeting, General Surgery Resident Paper Competition, 1st Place, St. Simons Island, GA.
15. The Prevalence and Influence of Psychiatric Diagnoses on Bariatric Surgery Patients. Schaefer, A.W., Cushman, L., Ghosh, S., and **Hilton, L.R.** March 2021 Medical Scholars Program – 2020/2021. Medical College of Georgia at Augusta University, Augusta, GA.
16. Sleeve gastrectomy to Roux-en-Y gastric bypass conversion with Heller myotomy for achalasia. Brianna Stadsvold, MD; Aaron Bolduc, MD; Jacob Greenberg, MD; **Renee Hilton, MD.** Augusta University. World Congress of Endoscopic Surgery, March 19, 2022, Denver, CO
17. Analyzing the efficacy of laparoscopic sleeve gastrectomy and laparoscopic Roux-en-Y gastric bypass using BODY-Q. Rushay Amarath-Madav, Tyler Beauchamp, Aditya Devarakonda, Brianna Stadsvold, M.D., Aaron Bolduc, M.D., **Lisa Renee Hilton, M.D.** Augusta University Center for Obesity and Metabolism, Augusta, GA. World Congress of Endoscopic Surgery, March 19, 2022, Denver, CO
18. Medical Student Attitudes Towards Nutrition and Exercise Science Integration in the Curriculum. Tyler Beauchamp; Aditya Devarakonda; Varsha Chiruvella; Jessica Hatch1; Patrick Lorenz; **Lisa Renee Hilton M.D.** Augusta University Center for Obesity and Metabolism, Augusta, GA. World Congress of Endoscopic Surgery, March 19, 2022, Denver, CO
19. Kudaravalli, Praneeth MD1; Yap, John Erikson L. MD2; Adu-Gyamfi, Kwabena O. MBChB2; Shahsavari, Dariush MD2; Bolduc, Aaron MD2; Hilton, Renee MD2; Sridhar, Subbaramiah MBBS, MPH2. S3629 Lumen Apposing Metal Stent for Sleeve Gastrectomy Surgical Site Stricture. The American Journal of Gastroenterology 117(10S):p e2276, October 2022. | DOI: 10.14309/01.ajg.0000871156.50833.3c
20. Intern surgical skills rotation improves proficiency of technical skills
Daniel Mehrabian BS, Anna Madia BS, Brianna Stadsvold MD, Aaron Bolduc MD, Jacob Greenberg MD, **L Renee Hilton MD** Augusta University, Department of Surgery, Augusta, GA. World Congress of Endoscopic Surgery, March 19, 2022, Denver, CO
21. Bariatric surgery women's health initiative: a novel approach to the standard of care for female bariatric surgery patients. **Lisa Renee Hilton, MD;** Hamer Titus, MD; Andrew Harner , MD; Hannah Childs, MD ;Shahar Laks, BS3 ; Shannon McGeary, BS 3; Chadburn Ray, MD. Medical

College of Georgia at Augusta University, Augusta, GA. American Society for Metabolic and Bariatric Surgery 2021 Annual Meeting

22. Increased patient preference and participation in online social media support group model versus traditional in-person support group for bariatric surgery patients. Burton, B., Sinha, G., Daigle, H. MD, Bolduc, A., MD, and **Hilton, R., MD**. Medical College of Georgia, Augusta, Georgia. Presentation at the World Congress of Endoscopic Surgery, April 1-4, 2020, Cleveland, OH. Meeting canceled due to COVID19.
23. Factors affecting early ambulation in post-operative patients. Nicole Brown, Haley Daigle, MD, Aaron Bolduc, MD, and **L. Renee Hilton, MD**, Medical College of Georgia, Augusta, Georgia. Presentation at the World Congress of Endoscopic Surgery, April 1-4, 2020, Cleveland, OH. Meeting canceled due to COVID19.
24. Botet, A., Hayek, O., Bolduc, A. MD, and **Hilton, R. MD**, Medical College of Georgia at Augusta University, Augusta, Georgia. "The Effect of Underventilation on Surgical Site Infection Outcomes. Southeastern Surgical Congress." February 11, 2020.
25. Hayek, O., Botet, A., Bolduc, A. MD, and **Hilton, R. MD**, Medical College of Georgia at Augusta University, Augusta, Georgia. "The Effect of Oxygenation on Surgical Site Infection Outcomes." Southeastern Surgical Congress. February 11, 2020.
26. Botet, A., Hayek, O., Bolduc, A. MD, and **Hilton, R. MD**, Medical College of Georgia at Augusta University, Augusta, Georgia. "The Effect of Underventilation on Surgical Site Infection Outcomes. Southeastern Surgical Congress." Medical College of Georgia. Medical Scholars Day Presentation 2019.
27. Hayek, O., Botet, A., Bolduc, A. MD, and **Hilton, R. MD**, Medical College of Georgia at Augusta University, Augusta, Georgia. "The Effect of Oxygenation on Surgical Site Infection Outcomes." Medical College of Georgia. Medical Scholars Day Presentation 2019.
28. Increased patient preference and participation in online social media support group model versus traditional in-person support group for bariatric surgery patients. Burton, B., Sinha, G., Daigle, H. MD, Bolduc, A., MD, and **Hilton, R., MD**. Medical College of Georgia, Augusta, Georgia. Medical College of Georgia. Medical Scholars Day Presentation 2019.
29. Factors affecting early ambulation in post-operative patients. Nicole Brown, Haley Daigle, MD, Aaron Bolduc, MD, and **L. Renee Hilton, MD**, Medical College of Georgia, Augusta, Georgia. Medical College of Georgia, Augusta, Georgia. Medical College of Georgia. Medical Scholars Day Presentation 2019.
30. Assessment of long-term outcomes following laparoscopic sleeve gastrectomy with anterior fundoplication. Jaine McKenzie, Aaron Bolduc, and **L. Renee Hilton**. Medical College of Georgia at Augusta University, Augusta, GA. American Society of Metabolic and Bariatric Surgery, Obesity Weekend, June 22, 2019, Chicago, Illinois.
31. Newly reported complication after gastric bypass: vertical band through the gastrojejunostomy. Medical College of Georgia at Augusta University Health Center, Augusta, GA. Hossam Alslaim, Aaron Bolduc, and **L. Renee Hilton**. Presentation at the World Congress of Endoscopic Surgery, April 3-8, 2019, Baltimore, MD.

32. Racial Disparities are Prevalent in Laparoscopic Utilization for Inguinal Hernia Repair. Andrew Mitchell, Andrew Harner, Peter Drevets, Griffen Allen, Alexandra-E Zakaud Dakaud, **Lisa Hilton**, Steven Holsten. Americas Hernia Society, March 11-13, 2019, Las Vegas, Nevada.
33. Retrograde Intussusception after Roux-en-Y Gastric Bypass. Medical College of Georgia at Augusta University Health Center, Augusta, GA. Southeastern Surgical Congress, February 23-26, 2019, Charlotte, NC. Brianna Stadsvold, Jaine McKenzie, **L. Renee Hilton**, and Aaron Bolduc.
34. Pneumoperitoneum and PEG dislodgement secondary to non-invasive ventilation after PEG tube placement. Medical College of Georgia at Augusta University Health Center, Augusta, GA. Southeastern Surgical Congress, February 23-26, 2019, Charlotte, NC. Dahlhausen, C.M., Cook T.D., **Hilton L.R**, Draper K.D.
35. LaRae Seemann, BS, Jaine L McKenzie, MD, Karen R Draper, MD, **L. Renee Hilton, MD**. "Postoperative care of bariatric medical tourism: A public health concern" DOI: <https://doi.org/10.1016/j.soard.2018.09.443>
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37. McKenzie, J, Draper, K, and **Hilton, LR**. Pregnancy after Bariatric Surgery: Current Evidence and Recommendations. Medical College of Georgia at Augusta University Health Center, Augusta, GA. Presentation at American Society of Metabolic and Bariatric Surgery Obesity Week Conference, November 11-15, 2018; Nashville, TN.
38. Eula Geralyn P. Tetangco, Sean Harrell, Rami Abboud, Satish SC. Rao, **L. Renee Hilton**, Amol Sharma. GOO due to Gastric Stimulator Electrode Migration: Add this to your DDX of Gastroparesis Exacerbation. American College of Gastroenterology, October 5-10, 2018, Philadelphia, PA
39. Eidelson, S, Rattan, Richi, and **Hilton, LR**. National Analysis of Missed Venous Thromboembolism After Bariatric Surgery: Are We Missing Our Own Complications? American College of Surgeons Clinical Congress, October 21-25, 2018 in Boston, MA.
40. **Hilton LR**, and Duffy, AJ. Gallstone Disease: Evaluation and Management in Patients after Bariatric Surgery. Presentation at the 7th International Conference and Exhibition on Surgery and Anesthesia, June 21-23, 2018 Dublin, Ireland

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42. Tucker Bettis and **L. Renee Hilton**. Gallstone disease after RYGB. Moretz Surgical Society, Augusta, GA, March 3, 2018.
43. Nicole Lopez and **L. Renee Hilton**. Paraesophageal Hernia Complications: Early Recurrence and how to prevent it.” Moretz Surgical Society, Augusta, GA, March 3, 2018.
44. Andrew J. Duffy, **L. Renee Hilton**, and Kurt E. Roberts. Stapler value in bariatric surgery: Maintaining quality at lower cost. Yale University School of Medicine, New Haven, CT. Poster presentation at the American Society of Metabolic and Bariatric Surgery Obesity Week Conference, October 29 – November 2, 2017; Washington, D.C.
45. Ray JJ, Meizoso, JP, Horkan DB, Karcutskie CA, Rao KA, **Hilton LR**, Brasseur BM, Sleeman D, Schulman CI. The Effect of Question Bank Usage on Performance on the American Board of Surgery In-Training Examination in General Surgery Residents. Presentation at the Scientific Forum program at the American College of Surgeons Clinical Congress, October 22-26, 2017; San Diego, CA.
46. **Hilton LR**, Nadzam, G, Hubbard, M, Ghiassi, S, Roberts, KE, Duffy, AJ. Perforation of vertical banded gastroplasty secondary to band erosion. Yale University School of Medicine, New Haven, CT. Presentation at the American College of Surgery, Connecticut Chapter Meeting, 2017; Hartford, CT.
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48. Cheung, MC. Munoz-Abraham SA. **Hilton, LR**. Hubbard, M0. Nadzam, GS. Ghiassi, S. Duffy, AJ. Roberts, KE. Yale University School of Medicine, New Haven, CT. Beware: Pre-duodenal Portal Vein. Poster at the World Congress of Endoscopic Surgery, March 22-25, 2017; Houston, TX.

Publications in Peer Referred Journals (Author, Title, Journal, Volume, Inclusive pages, Year.)

1. **L Renee Hilton**, Melissa M Easley, Archana Venkatesan, Gagandeep Japra, Daniel Moncada, Rayyan Khan, Chadburn B Ray, Aaron Bolduc, Jaine McKenzie, and Hamer Titus. Three-year experience with novel bariatric women’s health clinic. Accepted for special edition of SOARD on Women’s Health.
2. **Hilton LR**. Comment on: Pregnancy and birth complications among women undergoing bariatric surgery: sleeve gastrectomy versus Roux-en-Y gastric bypass. Surg Obes Relat Dis. 2025 Jan 8:S1550-7289(25)00001-2. doi: 10.1016/j.soard.2024.12.018. Epub ahead of print. PMID: 39884947.
3. **Lisa Renee Hilton**, Melissa Easley, and Danny Vaughn, MD. Success in Advocacy: The Georgia ASMBS Story. Accepted. The American Surgeon. February 2025.

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5. Kumar SS, Wunker C, Collings A, Bansal V, Zampou T, Chang J, Rodriguez N, Sabour A, **Hilton LR**, Ghanem OM, Kushner BS, Loss LJ, Aleassa EM, Haskins IN, Ayloo S, Reid A, Overby DW, Hallowell P, Kindel TL, Slater BJ, Palazzo F. SAGES guidelines for the management of comorbidities relevant to metabolic and bariatric surgery. *Surg Endosc*. 2024 Dec 11. doi: 10.1007/s00464-024-11433-2. Epub ahead of print. PMID: 39663246.
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7. Zhan-Moodie S, Stadsvold B, Mannon E, Madeleine Schlafly, BS, Taylor Lee, BS, Gabrielle Moore, MD, Kate Marino, BS, Viktoriya Sapkalova, BBA, Hana Ghiathi, BS, Jack McClain, BS, Aaron Bolduc, MD, and **Lisa R. Hilton, MD**. Geriatric Bariatric Surgery: Outcomes at a Single Institution. *The American Surgeon*TM. 2024;0(0). doi:10.1177/00031348241241732
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10. Zhan-Moodie S, Revere AS, Hilton LR, Bolduc A. Robotic Adrenalectomy in a Patient With Neurofibromatosis Type 1 and Pheochromocytoma. *Cureus*. 2023 Apr 4;15(4):e37097. doi: 10.7759/cureus.37097. PMID: 37168184 [10.7759/cureus.37097](https://doi.org/10.7759/cureus.37097)
11. Laparoscopic Paraesophageal Hernia Repair With Nissen Fundoplication in a Patient With Ancient Schwannoma of the Gastroesophageal Junction. BM Enciso, B Stadsvold, AR Bolduc, RL Hilton. *The American Surgeon*, 00031348231162701. PMID: 36888975 [10.1177/00031348231162701](https://doi.org/10.1177/00031348231162701)
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17. Danny M. Vaughn, MD, FACS; Shaneeta Johnson, MD, FACS, FASMBS; and **L. Renee Hilton, MD**. The Georgia State Chapter of the ASMBS- Fighting for Access to Care. [Bariatric Times](#). 2021; 18 (5) : 12.
18. William L. Jackson, B.S.a,* , Steven R. Lewis, M.D.a, Jackson P. Bagby, B.S.a, **L. Renee Hilton, M.D.b**, Mohamed Milad, Ph.D.c, Samuel E. Bledsoe, M.D.d “Laparoscopic sleeve gastrectomy versus laparoscopic Roux-en-Y gastric bypass in the pediatric population: a MBSAQIP analysis.” Surgery for Obesity and Related Diseases. Volume 16, Issue 2, Pages 254-260. 2020. PMID: [31843455](#)
19. Nicole K. H. Yiew, Charlotte Greenway, Abdalrahman Zarzour Samah Ahmadieh, Brandee Goo, David Kim, Tyler W. Benson, Mourad Ogbi, Yao Liang Tang, Weiqin Chenl, David Stepp, Vijay Patel, Renee Hilton, Xin-Yun Lu, David Y. Hui, Ha Won Kim, and Neal L. Weintraub. Enhancer of zeste homolog 2 (EZH2) regulates adipocyte lipid metabolism independent of adipogenic differentiation: Role of apolipoprotein E. Journal of Biological Chemistry, May 24;294(21):8577-8591. 2019. PMID: [30971429](#)
20. Alslaim HS, Chung J, Bolduc A, Hilton RL. Newly Reported Complication after Gastric Bypass: Vertical Tissue Bridge through the Gastrojejunostomy. Am Surg. 2019 Dec 1;85(12):e588-e590. PMID: [31912778](#).
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22. Brianna Stadsvold, B.S., Jaine Mckenzie, M.D., **L. Renee Hilton, M.D.**, Aaron Bolduc, M.D. Retrograde Intussusception after Roux-en-Y Gastric Bypass. The American Surgeon. September 1, 2019 Volume: 85 issue: 9, page(s): 488-489 . PMID: [31638549](#)
23. Sarah A. Eidelson, M.D., Joshua Parreco, M.D., Michelle B. Mulder, M.D., Arjuna Dharmaraja, B.S., **L. Renee Hilton, M.D.**, Rishi Rattan, M.D. Variations in Nationwide Readmission Patterns after Umbilical Hernia Repair. The American Surgeon. May 1, 2019. Vol 85, Issue 5, 2019. PMID: [31126362](#)
24. **Hilton LR**, Roberts KE, Friedman DT, Frieder JS, Zhang X, Duffy AJ. Safety and Feasibility of a Lower-Cost Stapler in Bariatric Surgery. Obesity Surgery, Feb;29(2):401-405, 2019. PMID: [30411224](#)
25. Eidelson, Sarah A. MD; Rattan, Rishi MD; Parreco, Joshua MD; Mulder, Michelle B. MD; Proctor, Kenneth G. PhD; **Hilton, L Renee** MD National Analysis of Missed Venous

Thromboembolism after Bariatric Surgery: Are We Missing Our Own Complications? Journal of the American College of Surgeons 227(4):p S22-S23, October 2018. | DOI: [10.1016/j.jamcollsurg.2018.07.029](https://doi.org/10.1016/j.jamcollsurg.2018.07.029)

26. Ray JJ, Meizoso JP, Horkan DB, Karcutskie CA, Rao KA, **Hilton LR**, Brasseur BM, Sleeman D, Schulman CI. Effect of Question Bank Usage on Performance on the American Board of Surgery In-Training Examination in General Surgery Residents. J Am Coll Surg, 225(4S1): S183, October 2017

Online Peer Reviewed Publications:

1. **Hilton, L.R.** “Inspiring our future by encouraging our present.” <https://blog.womensurgeons.org/residency/dearintern-2018/>
2. **Hilton, LR.** “#Dearintern...tips for success that every surgical intern should know.” <https://blog.womensurgeons.org/residency/inspiring-our-future-by-encouraging-our-present/>

Books and Chapters:

1. **L. Renee Hilton.** Pregnancy and metabolic and bariatric surgery: Understanding a unique patient population. The ASMBS Textbook of Bariatric Surgery. Accepted 2025.
2. **Hilton, L.R.,** Goldberg, R. (2024). Health Policy and Advocacy. In: Johnson, S.M., Qureshi, A.P., Schlüssel, A.T., Renton, D., Jones, D.B. (eds) The SAGES Manual of Strategy and Leadership. Springer, Cham. https://doi.org/10.1007/978-3-031-62359-2_40
3. **Hilton-Rowe, L.R.** (2024). Anastomotic Stenosis and Ulcers. In: Ghanem, O.M., Husain, F., Chen, J.Y., Lim, R.B., Kroh, M. (eds) The SAGES Manual of Metabolic and Bariatric Surgery. Springer, Cham. https://doi.org/10.1007/978-3-031-72309-4_32
4. **L. Renee Hilton** and Joe Naglowski. The Stigma of Obesity. Textbook of Cardiometabolic Surgery. Submitted 2025.
5. Yu, J., **Hilton L.**, Magana, G. Medical College of Georgia. Pierre Robin Sequence. Current Pediatric Reviews. 2011;7(1):15-19.

Editorial Appointments:

1. Journal of Pharmacological Research (Reviewer)
2. SOARD (Reviewer)
3. Guest Editor for special edition of SOARD focusing on women’s health to be published 2025

Mentored Residents and Fellows

1. Sarah Eidelson
2. Jaine McKenzie
3. Hayley Daigle
4. Andy McKenzie
5. Andy Harner
6. Patricia Martinez Quinones
7. Ayana Worthey
8. Ben Enciso
9. Brianna Stadsvold
10. Ryan Curcurra
11. Davis O’Brien

12. Melissa Easley
13. Emily Hammond
14. Richard Aldan

Mentored Medical Students:

1. Christian Cullen
2. Christian Laurent
3. Ellie Mannon
4. Elizabeth Snyder
5. Queen Abure
6. Rushay Amarath
7. Hannah Ghiati
8. Sweta Munagapati

National Examiner

American Board of Surgery Focused Practice Designation for Metabolic and Bariatric Surgery Written Exam
Question Writer

Major Research Interests:

Metabolic and bariatric surgery, minimally invasive surgery, robotic surgery, advocacy, esophageal motility disorders, gastroparesis, access to care, diversity and equity in obesity care, racial disparities in metabolic and bariatric surgery, gender equity in surgery, medical and residency education