

As a Clinical Nurse Specialist with almost 20 years of experience caring for patients in our specialty, I am proud to be nominated again for a Member-At-Large position in the Integrated Health Section Executive Council. My work and volunteer history demonstrates how passionate I am about improving care and access to care for people with obesity, as well as my special interests in patient safety, mental health, and addressing health inequity.

In my current role as a Coordinator for our Comprehensive Center with Obesity Medicine qualifications (the first in Northern Virginia and Washington, DC!), I have worked to make all of our program arms truly collaborative, ensuring that all patients are able to work with the integrated health team members, regardless of which interventions they are utilizing.

As an ASMBS member, I regularly volunteer to support IH initiatives and I lean heavily on the input of the Integrated Health members to improve our programs. In the last 2 years, I have helped to update and clarify our ASMBS Course Director Guidelines, increased dietitian and nursing representation on the IH Program Committee, created space for all Integrated Health members to provide Talk Suggestions for education, and better incorporated IH subcommittee leaders into program planning.

If elected to serve on IHSEC, my goals include:

- Continuing to provide time and education space for all IH disciplines at educational events;
- Improve our newly developed *IH Talk Suggestion* feature to close the loop on where talks are being incorporated in educational programming;
- Advocating for diverse representation of professional disciplines and backgrounds for Integrated Health;
- Providing growth and leadership opportunities for IH members, to include bringing in new ASMBS committee members and educational speakers;
- Continuing to collaborate with ASMBS executive team to better define financial value added by IH members and programs;
- Expanding the reach of ASMBS IH education by connecting with related IH organizations.

The work we do every day impacts so many lives, and has the ability to impact many more. Regardless of the next role I am able to fulfill for ASMBS, I will continue to use my voice to advocate for our patients and Integrated Health colleagues. I simply aspire to have the Member-At-Large platform of the Integrated Health Section Executive Council to continue to grow the impact of ASMBS Integrated Health members.