

# LYNN MONTAGUE-DADDIO, MSN, APRN, CBN

## EMPLOYMENT

### **Bariatric Nurse Coordinator, Quality**

Virginia Hospital Center Health System – Arlington, VA  
Patient outcomes monitoring and ensuring program adherence to MBSAQIP Standards  
Quality improvement project management  
Conference planning and presentation  
Education module development

**September 2017-Present**

### **Clinical Nurse Specialist, Inpatient Surgical Unit**

Virginia Hospital Center – Arlington, VA  
Onboarding new hire RNs and UAP  
Leading unit quality improvement projects  
Provide ongoing educational opportunities for staff of mixed skill set

**September 2014-2017**

### **Medical-Surgical Fellowship Coordinator & Lead Educator**

Virginia Hospital Center – Arlington, VA  
Organizing fellowship program for all new graduate medical-surgical RNs at VHC  
Presenting current, evidence based information to fellows  
Evaluating recurring program and modifying content as needed

**December 2015-2017**

### **Post-Anesthesia Care Unit (Nurse Technician - Clinical Nurse V)**

Virginia Hospital Center – Arlington, VA  
Anesthesia recovery across the lifespan  
Acuity ranging from same day surgery to critical care  
Provided safe care transitions for admissions, discharges to home, and transfers  
Research and disseminate evidence-based practice articles to Phase 1 and Phase 2 recovery staff.

**December 2005-2014**

## EDUCATION

George Mason University - Fairfax, VA

### **M.S.N., Clinical Nurse Specialist**

375+ clinical hour internship with Adult Pain Management Clinical Specialist  
125+ clinical hour internship with Clinical Nurse Specialist on Telemetry Unit (Completed July 2013)

**August 2012**

Marymount University - Arlington, VA

### **B.S.N., Accelerated**

600+ clinical hours including 120 hour internship in Burn ICU

**December 2007**

The University of Tennessee - Knoxville, TN

### **B.A., Psychology**

Area of Concentration: Pre-Medicine

**May 2005**

## LICENSING AND CERTIFICATION

Registered Nurse (compact state), License #0001211544

Advanced Practice Registered Nurse (Virginia), License # 0024181940

ANCC Board Certified Adult Health Clinical Nurse Specialist

ASMBS Certified Bariatric Nurse

ANCC Board Certified Pain Management Nurse

Basic Life Support Instructor

Active until June 2026

Active until June 2024

Active until December 2028

Active until September 2027

Lapsed April 2017

Active until March 2025

## AWARDS

Virginia Hospital Center Clinical Excellence Award Nominee

Sigma Theta Tau Nursing Honor Society, Epsilon Zeta chapter

Marymount University Dean's List

Phi Sigma Theta National Honor Society

University of Tennessee Dean's List

2017

Inducted March 2012

January 2007

Inducted April 2005

2005

TEACHING EXPERIENCE

<b><i>A Change Would Do You Good, Presenter &amp; Moderator</i></b>	<b>2022 - 2024</b>
<b><i>Prioritizing Balance as a Benefit to You and Your Patients, Course Director</i></b>	
<b><i>CBN, MBS Coordinator/MBSCR, Support Group Networking, Course Director</i></b>	
<b><i>A Paper, Person or Experience That Changed My Practice, Course Co-Director</i></b>	
<b><i>Postoperative Pregnancy, Course Co-Director</i></b>	
American Society for Metabolic and Bariatric Surgery Annual Meeting	
<b>Poster Presentation – “Improving Follow-Up Rates at One Year after Metabolic &amp; Bariatric Surgery”</b>	<b>2024</b>
VHC Health EBP, PI & Research Fair, Arlington, VA	
<b><i>Charting the Safest Course, Course Co-Director</i></b>	<b>2023</b>
American Society for Metabolic and Bariatric Surgery Weekend Meeting – New Orleans, LA	
<b>Poster Presentation – “Postoperative Capnography Monitoring Implementation on Inpatient Medical-Surgical Units for Patients Undergoing Metabolic and Bariatric Surgery”</b>	<b>2023</b>
VHC Health EBP, PI & Research Fair, Arlington, VA	
<b>Abstract Presentation – “Depression is prevalent after bariatric surgery”</b>	<b>2022</b>
International Federation for the Surgery of Obesity and Related Metabolic Disorders – Miami, FL	
<b>Abstract Presentation – “Active depression does not impact weight loss after bariatric surgery”</b>	<b>2021</b>
Virginia Bariatric Society Annual Meeting - Williamsburg, VA	
<b>Conference Coordinator and Lecturer – Bariatric Nursing Symposium</b>	<b>2018 - 2019 &amp; 2021 – 2024</b>
Virginia Hospital Center – Arlington, VA	
<ul style="list-style-type: none"> <li>• Provided continuing education symposium to over 60 preoperative and postoperative nurses annually.</li> <li>• Topics included: Diabetes and metabolic syndrome, obesity medicine, overview of bariatric procedures offered at VHC, preparing patients for surgery, recognizing complications after bariatric surgery, vitamin and micronutrient deficiencies after surgery, substance use and the bariatric surgery patient, support after bariatric surgery.</li> </ul>	
<b>Poster Presentation – “Transverse Abdominis Plane Block in Bariatric Surgery”</b>	<b>2021</b>
American Society for Metabolic and Bariatric Surgery, Annual Meeting	
<b>Abstract Presentation – “Preoperative aprepitant for prevention of postoperative nausea and vomiting”</b>	<b>2019</b>
Virginia Bariatric Society Annual Meeting - Williamsburg, VA	
<b>Lecturer – “Using Monthly Nursing Morbidity and Mortality Rounds to Improve Patient Safety”</b>	<b>2017</b>
<ul style="list-style-type: none"> <li>• Virginia Hospital Center’s Nursing Grand Rounds – Arlington, VA</li> <li>• Concurrent Session at Academy of Medical-Surgical Nurses Convention - Palm Springs, CA</li> </ul>	
<b>Preceptor Course Planner &amp; Instructor</b>	<b>2016-2018</b>
<ul style="list-style-type: none"> <li>• Collaborated with small group of VHC educators to overhaul hospital-wide RN preceptor program.</li> <li>• Provided education to seasoned RNs to improve their experiences as nurse preceptors.</li> </ul>	

MEMBERSHIPS AND ACTIVITIES

American Society for Metabolic and Bariatric Surgery, Member	<b>2020-Present</b>
<i>Standards Review Subcommittee Member</i>	2023-Present
<i>Certified Bariatric Nurse Exam Item Writer</i>	2024
ASMBS Integrated Health Program and Education Committee, Co-Chair (2023), Chair (2024)	<b>2021-Present</b>
<i>Abstract Review Subcommittee Member</i>	2022-Present
Virginia Bariatric Society, Member	<b>2020-Present</b>
Virginia Hospital Center Bariatric Committee, Member	<b>2014-Present</b>
Virginia Hospital Center Knowledge and Innovation Council, Co-Chair & Advisor	<b>2017-Present</b>
National Association of Clinical Nurse Specialists, Member	<b>2011-2019</b>
Virginia Hospital Center Education Council, Member	<b>2013-2017</b>