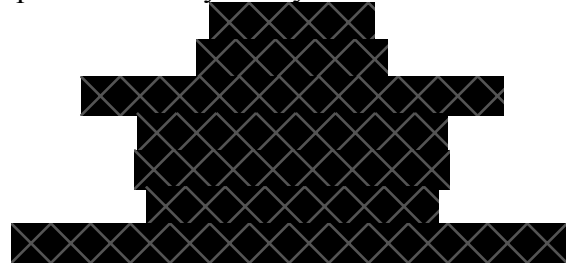


CURRICULUM VITAE

Genna Hymowitz, Ph.D., FASMBS-IH, FTOS

Mind Body Clinical Research Center

Department of Psychiatry and Behavioral Health



3/5/2025

EDUCATION

- Ph.D. August 2011
Clinical Psychology
Turner Fellow
Stony Brook University
Stony Brook, N.Y.
- M.A. May 2008
Psychology
Stony Brook University
Stony Brook, NY
- AB May 2002
Human Biology, Cum Laude
Brown University
Providence, RI

LICENSURE

NY License: *Clinical Psychology* (#020105)

EMPLOYMENT

- 7/2021-Present **Clinical Associate Professor;** *Department of Psychiatry and Behavioral Health, Renaissance School of Medicine, Stony Brook University (SBU), Stony Brook, NY*

- 7/2021-Present **Clinical Associate Professor;** *Department of Psychology, SBU, Stony Brook, NY*
- 12/2019-7/2021 **Clinical Assistant Professor;** *Department of Psychiatry and Behavioral Health, Renaissance School of Medicine, Stony Brook University (SBU), Stony Brook, NY*
- 08/2012 – 7/2021 **Clinical Assistant Professor;** *Department of Psychology, SBU, Stony Brook, NY*
- 07/2011 – 07/2012 **Postdoctoral Fellow;** *Department of Psychology, SBU, Department of Gastroenterology, Stony Brook Medicine, Stony Brook, NY*
- 09/2005 – 06/2010 **Research Assistant;** *Applied Behavioral Medicine Research Institute; Department of Psychiatry, SUNY Stony Brook, Stony Brook, NY*
- 07/2003 – 07/2005 **Project Associate;** *NYU Medical Center, Department of Psychiatry, New York, NY*
- 07/2001– 07/2003 **Research Coordinator;** *Massachusetts General Hospital, Department of Pathology, Boston, MA*

CLINICAL SUPERVISION & TEACHING

- 09/2022 – 05/2024 **Clinical Supervisor;** *Weight Management Mental Health Social Work Resident, Department of Psychiatry and Behavioral Health, SBU, Stony Brook, NY*
- 08/2021 – Present **Clinical Supervisor;** *Weight Management Mental Health Social Work Internship Clinical Placement, Department of Psychiatry and Behavioral Health, SBU, Stony Brook, NY*
- 03/2021 – Present **Clinical Preceptor;** *Bariatric Psychology Mental Health Nurse Practitioner Clinical Placement, Department of Psychiatry and Behavioral Health, SBU, Stony Brook, NY*
- 01/2020 – Present **Clinical Supervisor;** *Psychiatry Outpatient Medical Student Rotation Department of Psychiatry and Behavioral Health, SBU, Stony Brook, NY*
- 09/2017 – Present **Clinical Supervisor;** *Stony Brook University Consortium Post-Doctoral Fellowship Program (SBU-CPP), Leonard Krasner Psychological Center (KPC), Department of Psychology, Mind Body Clinical Research Center (MBCRC), Department of Psychiatry and Behavioral Health, SBU, Stony Brook, NY*

- 08/2015 – Present **Clinical Supervisor;** *Stony Brook University Consortium Internship Program (SBU-CIP), KPC, Department of Psychology, MBCRC Department of Psychiatry and Behavioral Health, SBU, Stony Brook, NY*
- 01/2012 – Present **Clinical Supervisor;** *Pre-Doctoral Clinical Externship Program (KPC), Department of Psychology, SBU, Stony Brook, NY*
- 05/2015 – Present **Co-Instructor;** *Department of Psychology, SBU, Stony Brook, NY (MA level survey in clinical psychology course)*
- 06/2014 – Present **Course Director;** *Advanced Counseling and Communications Course, Master of Science in Nutrition Program, Department of Family, Population, & Preventive Medicine, Renaissance School of Medicine, SBU, Stony Brook, NY*
- 07/2012 – Present **Research Mentor;** *Obesity and Weight Management Clinic; KPC, Department of Psychology, MBCRC, Department of Psychiatry and Behavioral Health & Stony Brook Medicine Bariatric and Metabolic Weight Loss Center (BMWLC), Department of Surgery, SBU, Stony Brook, NY. Main focus of the research program: “Psychosocial factors associated with weight management and obesity.”*
- 07/2011 – 07/2015 **Research Co-Mentor;** *Psychological Assessment and Obesity Treatment Integrated Program; KPC, Department of Psychology & BMWLC, SBU, Stony Brook, NY. Main focus of the research program: “Individual and systemic factors associated with obesity.”*
- 08/2011 – 07/2015 **Practicum Supervisor;** *Pre-Doctoral Program; KPC, Department of Psychology, SBU, Stony Brook, NY*
- 05/2008 – 07/2011 **Research Mentor;** *Undergraduate research; Applied Behavioral Medicine Research Institute, Department of Psychiatry, SBU, Stony Brook, NY. Main focus of research: “Psychosocial Factors Impacting Gastrointestinal Illness”*
- 09/2009 – 07/2010 **Clinical Supervisor;** *Pre-Doctoral Program; KPC, Department of Psychology, SBU, Stony Brook, NY*
- 07/2008 – 08/2008 **Instructor;** *Undergraduate Course; “Statistical Methods in Psychology” Department of Psychology, SBU, Stony Brook, NY*
- 01/2007 – 05/2007 **Instructor;** *Undergraduate Course; “Research and Writing in Psychology” Department of Psychology, SBU, Stony Brook, NY*

PROGRAM DEVELOPMENT

- 11/2020 – Present **Director;** *Bariatric and Weight Loss Psychology;* Department of Psychiatry and Behavioral Health, SBU, Stony Brook, NY
- 01/2015 – Present **Pre-doctoral Internship Co-Coordinator;** *Pre-Doctoral Clinical Internship Program;* KPC, Department of Psychology, Department of Psychiatry and Behavioral Health, SBU, Stony Brook, NY
- 01/2012 – Present **Pre-doctoral Externship Co-Coordinator;** *Pre-Doctoral Clinical Externship Program at the KPC;* KPC, Department of Psychology, Department of Psychiatry and Behavioral Health, SBU, Stony Brook, NY
- 07/2015 – Present **Director;** *Obesity and Weight Management Clinic;* KPC, Department of Psychology, MBCRC, Department of Psychiatry, & BMWLC, Department of Surgery, SBU, Stony Brook, NY
- 07/2008 – 07/2015 **Co-director;** *Psychological Assessment and Obesity Treatment Integrated Program;* KPC, Department of Psychology & BMWLC, SBU, Stony Brook, NY

CLINICAL EXPERIENCE

- 07/2015 – Present **Psychologist;** *Stony Brook Psychiatry Associates UFPC* MBCRC, Department of Psychiatry and Behavioral Health, Renaissance School of Medicine, Stony Brook University, Stony Brook, NY
- 07/2015 – Present **Psychologist;** *Stony Brook Surgical Associates UFPC* BMWLC, Department of Surgery, Renaissance School of Medicine, Stony Brook University, Stony Brook, NY
- 07/2011 – 07/2012 **Post-doctoral Fellowship;** *KPC, Department of Psychology, SBU and Department of Gastroenterology, Stony Brook Medicine,* Stony Brook, NY
- 07/2010 – 07/2011 **Health Psychology Pre-Doctoral Internship;** *Jesse Brown VA Medical Center,* Chicago, IL
- 06/2008 – 06/2010 **Pre-doctoral Externship;** *Neuropsychological Associates, LLC.,* Patchogue, NY
- 08/2008 – 08/2008 **Pre-doctoral Externship;** *South Nassau Communities Hospital, Mental Health Counseling Center,* Baldwin, NY

09/2005 – 06/2010 **Staff Therapist;** *Krasner Psychological Center, Stony Brook University, Stony Brook, NY*

COMMITTEE EXPERIENCE

01/2025 – Present **Committee Member;** *Advancement, Promotion and Tenure Committee, Department of Psychiatric and Behavioral Health, Stony Brook Medicine*

01/2025 – Present **Committee Member;** *Ethics Committee, The Obesity Society (TOS)*

11/2023 – Present **Committee Member;** *Nicotine Treatment and Cessation Work Group, Stony Brook University*

06/2023 – Present **Senior Past-Chair;** *Multidisciplinary Care Committee, American Society for Metabolic and Bariatric Surgery (ASMBS)*

01/2023 – 01/2024 **Chair;** *Membership Committee, The Obesity Society (TOS)*

05/2022 – Present **Research Lead;** *Latinx Bilingual/Bicultural Care Collective, Department of Psychiatry and Behavioral Health, Stony Brook University*

01/2022 – 01/2023 **Co-Chair;** *Membership Committee, The Obesity Society (TOS)*

6/2021 – 06/2023 **Immediate Past-Chair;** *Multidisciplinary Care Committee, American Society for Metabolic and Bariatric Surgery (ASMBS)*

03/2021 – 03/2023 **Chair;** *Integrated Health Executive Committee, New York State Chapter of the ASMBS*

01/2021 – 01/2022 **Committee Member;** *Membership Committee, The Obesity Society (TOS)*

11/2018 – 6/2021 **Committee Chair;** *Multidisciplinary Care Committee, American Society for Metabolic and Bariatric Surgery (ASMBS)*

06/2018 – 11/2018 **Committee Co-Chair;** *Multidisciplinary Care Committee, American Society for Metabolic and Bariatric Surgery (ASMBS)*

07/2015 – Present **Committee Member;** *Executive Committee, Stony Brook University Consortium Training Program (SBU-CTP), Stony Brook, NY.*

07/2015 – Present **Committee Member;** *Training Committee, Stony Brook University Consortium Training Program (SBU-CTP), Stony Brook, NY*

08/2013 – Present **Director of Psychology; Metabolic and Bariatric Surgery Committee**
Stony Brook Medicine, Stony Brook, NY.

CLINICAL WORKSHOPS & INVITED PRESENTATIONS

Clinical Workshops

Franklin, N. **Hymowitz, G.**, Celik, M., & Tuppo, C. (2025, February) *Addressing Disparities in Obesity Treatment: A Tool Kit for Providers*. American Society for Metabolic and Bariatric Surgery Webinar.

Hymowitz, G., Panigrahi, E., Rountree, K., Stepnowski, D. & Schreyer, C. (2024, February). Tunneling Through Barriers: Addressing Obstacles with Bariatric Patient Follow-up. American Society for Metabolic and Bariatric Surgery Webinar.

Hymowitz, G. Rountree, K., Doucet, B., Tuppo, C., Schreyer, C., Stepnowski, D., & Dungey, A. (2021, May). *Mentorship in Integrated Health: Building a Program for Multidisciplinary Care Providers*. American Society for Metabolic and Bariatric Surgery Webinar.

Hymowitz, G., Palladino, J., Obici, S. (2021, April). *Multidisciplinary Obesity Care Workshop*. Stony Brook University, Stony Brook, NY.

Hymowitz, G., Palladino, J. (2019, November). *Multidisciplinary Obesity Care Workshop*. Stony Brook University, Stony Brook, NY.

Tuppo, C., & **Hymowitz, G.** (2017, November). *In the mind body connection: Adding yoga and meditation to your practice*. Meet the Experts Roundtable at The ASMBS Annual Meeting, Washington, D.C.

Hymowitz, G., & Zito, D. (2014, June). *Stress Management Workshop*. Healthier U Program, Stony Brook University, Stony Brook, NY.

Invited Presentations

Davidiak, E., & **Hymowitz, G.** (2025, February) *Spanish for Medical Professionals* PGY-2 Didactics, Stony Brook Medicine, Stony Brook, NY

Hymowitz, G. (2025, February) *Cognitive Behavioral Therapy for Eating Disorders* PGY-3 Didactics, Stony Brook Medicine, Stony Brook, NY

Hymowitz, G. (2025, January) *Treatment Considerations for the Metabolic and Bariatric Surgery Patient* Krasner Psychological Center Pre-doctoral Internship Didactics, Stony Brook University, Stony Brook, NY

Hymowitz, G. (2024, November) *Cognitive Behavioral Therapy for Eating Disorders* PGY-2 Didactics, Stony Brook Medicine, Stony Brook, NY

Hymowitz, G. (2024, November) *Diagnosis, Assessment, and Treatment of Obesity.* Stony Brook University MA Program, Stony Brook University, Stony Brook, NY

Hymowitz, G. (2024, June) *Metamorphosis of the MBS Athlete Behavioral Health Perspective..* American Society for Metabolic and Bariatric Surgery Annual Conference.

Hymowitz, G. (2024, June) *Walking the Walk Talking the Talk: Team Approaches to Physical Activity: Behavioral Health Perspective..* American Society for Metabolic and Bariatric Surgery Annual Conference.

Hymowitz, G. & Cervoni, C. (2024, May) *Multidisciplinary Models of Care..* Krasner Psychological Center Pre-doctoral Internship Didactics, Stony Brook University, Stony Brook, NY

Hymowitz, G. & Palladino, J. (2024, May) *Evidence Based Approaches to Weight Management.* Grand Rounds, Department of Psychiatry, Nassau University Medical Center, Long Island, NY

Davidiak, E., & Hymowitz, G. (2024, February) *Spanish for Medical Professionals* PGY-2 Didactics, Stony Brook Medicine, Stony Brook, NY

Hymowitz, G. (2024) *Cognitive Behavioral Therapy for Eating Disorders* PGY-3 Didactics, Stony Brook Medicine, Stony Brook, NY

Hymowitz, G. & Cervoni, C. (2023, December) *Psychosocial Evaluations for Medical Populations.* Krasner Psychological Center Pre-doctoral Internship Didactics, Stony Brook University, Stony Brook, NY

Hymowitz, G. (2023, November) *Eating Disorders.* Stony Brook Medicine Psychosomatic Fellowship Didactics, Stony Brook Medicine, Stony Brook, NY

Hymowitz, G. (2023, November) *Cognitive Behavioral Therapy for Eating Disorders* PGY-2 Didactics, Stony Brook Medicine, Stony Brook, NY

- Hymowitz, G.** (2023, November) *Diagnosis, Assessment, and Treatment of Obesity*. Stony Brook University MA Program, Stony Brook University, Stony Brook, NY
- Hymowitz, G.** (2023, October) *Addiction Risk and Mitigation After Metabolic and Bariatric Surgery*. NY State Chapter of ASMBS Annual Conference, New York, NY
- Hymowitz, G.** (2023) *Cognitive Behavioral Therapy for Eating Disorders* PGY-2 Didactics, Stony Brook Medicine, Stony Brook, NY
- Hymowitz, G.** (2023, June) *Research and Quality Improvement*. American Society for Metabolic and Bariatric Surgery Annual Conference.
- Penzel, I., & **Hymowitz, G.** (2023, June) *Envisioning a Successful Surgery: Operationalizing Guided Imagery to Enhance the Patient Experience*. American Society for Metabolic and Bariatric Surgery Annual Conference.
- Hymowitz, G.** (2023, June) *Navigating MBS From a Multidisciplinary Lens*. American Society for Metabolic and Bariatric Surgery Annual Conference.
- Hymowitz, G.** (2023, June). *Helpful Strategies for Challenging Bariatric Surgical Patients who Struggle with Mental Health*. American Society for Metabolic and Bariatric Surgery Annual Conference.
- Hymowitz, G.,** & James, K. (2023, April) *Acceptance and Commitment Therapy* Child and Adolescent Fellow Didactics, Stony Brook Medicine, Stony Brook, NY
- Hymowitz, G.** (2022, November) *Acceptance and Commitment Therapy Workshop* Krasner Psychological Center Pre-doctoral Internship Didactics, Stony Brook University, Stony Brook, NY
- Hymowitz, G.** (2022, October) *Diagnosis, Assessment, and Treatment of Obesity*. Stony Brook University MA Program, Stony Brook University, Stony Brook, NY
- Hymowitz, G.** (2022, August) *DBT Intensive Workshop* Krasner Psychological Center Pre-doctoral Internship Didactics, Stony Brook University, Stony Brook, NY
- Hymowitz, G.** (2022, June) *The Mind Body Connection: Meditation, Mindfulness, Imagery* *The Mind-Body Connection: Meditation, Mindfulness, Imagery*. American Society for Metabolic and Bariatric Surgery Annual Conference.
- Alba, K. , **Hymowitz, G.** , & Tapia, V. (2022) *Culturally and Linguistically Inclusive Care: Working with the Latinx Community*. Grand Rounds, Department of Psychiatry and Behavioral Health, Stony Brook Medicine, Stony Brook, NY

- Hymowitz, G.** (2021) *Cognitive Behavioral Therapy for Binge Eating Disorder* PGY-3 Didactics, Stony Brook Medicine, Stony Brook, NY
- Hymowitz, G.** (2021) *Acceptance and Commitment Therapy* PGY-3 Didactics, Stony Brook Medicine, Stony Brook, NY
- Hymowitz, G.** (2021, October). *Diagnosis, Assessment, and Treatment of Obesity*. Stony Brook University MA Program, Stony Brook University, Stony Brook, NY
- Hymowitz, G.** (2021, October) *Remote Psychology Evaluation*. NY State Chapter of ASMBS Annual Conference, New York, NY
- Hymowitz, G.** (2021, November) *Behavioral Treatment Options for Weight Arrest and Weight Regain*. NY State Chapter of ASMBS Annual Conference, New York, NY
- Hymowitz, G.** (2021, October) *Acceptance and Commitment Therapy Workshop* Krasner Psychological Center Pre-doctoral Internship Didactics, Stony Brook University, Stony Brook, NY
- Hymowitz, G.** (2021, August) *DBT Intensive Workshop* Krasner Psychological Center Pre-doctoral Internship Didactics, Stony Brook University, Stony Brook, NY
- Hymowitz, G.** (2021, July). *Mental Health Considerations for the Bariatric Patient in Primary Care*. Primary Care Education Series. Department of Psychiatry and Behavioral Health, Stony Brook Medicine, Stony Brook, NY
- Hymowitz, G.** (2021, June). *Validation and Reliability of the Weight Related Abuse Questionnaire: Spanish Edition*. Grand Rounds: A Celebration of Clinical Faculty Research in the Department. Department of Psychiatry and Behavioral Health, Stony Brook Medicine, Stony Brook, NY
- Hymowitz, G.** (2021) *Cognitive Behavioral Therapy for Binge Eating Disorder* PGY-3 Didactics, Stony Brook Medicine, Stony Brook, NY
- Hymowitz, G.** (2021) *Acceptance and Commitment Therapy* PGY-3 Didactics, Stony Brook Medicine, Stony Brook, NY
- Hymowitz, G.** (2020, October). *Diagnosis, Assessment, and Treatment of Obesity*. Stony Brook University MA Program, Stony Brook University, Stony Brook, NY
- Hymowitz, G.** (2020, May) *Cognitive Behavioral Therapy for Binge Eating Disorder* PGY-3 Didactics, Stony Brook Medicine, Stony Brook, NY

- Hymowitz, G.** (2020, September) *Acceptance and Commitment Therapy Workshop* Krasner Psychological Center Pre-doctoral Internship Didactics, Stony Brook University, Stony Brook, NY
- Hymowitz, G.** (2020, August) *DBT Intensive Workshop* Krasner Psychological Center Pre-doctoral Internship Didactics, Stony Brook University, Stony Brook, NY
- Hymowitz, G.** (2020, August) What type of scholarship needs to go to the IRB and how to apply for IRB approval. Stony Brook Medicine, Stony Brook, NY
- Hymowitz, G.** (2020, May) *Acceptance and Commitment Therapy* PGY-3 Didactics, Stony Brook Medicine, Stony Brook, NY
- Hymowitz, G.** (2019, December) *Acceptance and Commitment Therapy –Part 2.* Krasner Psychological Center Pre-doctoral Internship Didactics, Stony Brook University, Stony Brook, NY
- Hymowitz, G.** (2019, November) *Acceptance and Commitment Therapy –Part 1.* Krasner Psychological Center Pre-doctoral Internship Didactics, Stony Brook University, Stony Brook, NY
- Hymowitz, G.** (2019, November) *Obesity and Chronic Pain: Prevalence, Etiological Factors and Implications for the Bariatric Patient.* Obesity Week Annual Meeting Medicine, Las Vegas, NV
- Hymowitz, G.** (2019, October) *Diagnosis and Treatment of Obesity.* Stony Brook University MA Program, Stony Brook University, Stony Brook, NY
- Hymowitz, G.** (2019, October) *Assessment and Treatment of Disordered Eating Behaviors: Binge Eating and Overeating.* Krasner Psychological Center Pre-doctoral Internship Didactics, Stony Brook University, Stony Brook, NY
- Hymowitz, G.** (2019, September) *Cognitive Behavioral Therapy for Binge Eating Disorder.* Family Medicine Lifestyle Medicine Selective, Stony Brook Medicine, Stony Brook, NY
- Hymowitz, G.** (2019, April) *Cognitive Behavioral Therapy for Binge Eating Disorder.* Family Medicine Lifestyle Medicine Selective, Stony Brook Medicine, Stony Brook, NY
- Hymowitz, G.** (2019, March). *Incorporating Behavioral Change into Multidisciplinary Patient Care.* ASMBS Integrated Health Webinar Series

Hymowitz, G. (2019, March) *Personality, Communication Skills and Professionalism in the Workplace*. Bariatric, Foregut, and Advanced Gastrointestinal Surgery Division, Department of Surgery, Stony Brook Medicine, Stony Brook, NY

Hymowitz, G. (2019, February) *Acceptance and Commitment Therapy –Part 2*. Krasner Psychological Center Pre-doctoral Internship Didactics, Stony Brook University, Stony Brook, NY

Hymowitz, G. (2019, February) *Acceptance and Commitment Therapy –Part 1*. Krasner Psychological Center Pre-doctoral Internship Didactics, Stony Brook University, Stony Brook, NY

Hymowitz, G. (2018, October) *Diagnosis and Treatment of Obesity*. Stony Brook University MA Program, Stony Brook University, Stony Brook, NY

Hymowitz, G. (2018, August) *Assessment and Treatment of Disordered Eating Behaviors: Binge Eating and Overeating*. Krasner Psychological Center Pre-doctoral Internship Didactics, Stony Brook University, Stony Brook, NY

Hymowitz, G. (2018, April) *Cognitive Behavioral Therapy for Binge Eating Disorder*. Family Medicine Lifestyle Medicine Selective, Stony Brook Medicine, Stony Brook, NY

Hymowitz, G. (2018, February) *Acceptance and Commitment Therapy –Part 2*. Krasner Psychological Center Pre-doctoral Internship Didactics, Stony Brook University, Stony Brook, NY

Hymowitz, G. (2018, January) *Acceptance and Commitment Therapy –Part 1*. Krasner Psychological Center Pre-doctoral Internship Didactics, Stony Brook University, Stony Brook, NY

Hymowitz, G. (2017, April) *Bariatric Surgery*. Family Medicine Lifestyle Medicine Selective, Stony Brook Medicine, Stony Brook, NY

Hymowitz, G. (2017, February) *Bariatric Surgery*. Stony Brook Medicine Psychosomatic Fellowship Didactics, Stony Brook Medicine, Stony Brook, NY

Hymowitz, G. (2016, November) *Interdisciplinary Treatment of Obesity*. Department of Psychiatry Grand Rounds, Stony Brook Medicine, Stony Brook, NY

Hymowitz, G. (2016, May) *Acceptance and Commitment Therapy –Part 2*. Krasner Psychological Center Pre-doctoral Internship Didactics, Stony Brook University, Stony Brook, NY

Hymowitz, G. (2016, May) *Acceptance and Commitment Therapy –Part 1*. Krasner Psychological Center Pre-doctoral Internship Didactics, Stony Brook University, Stony Brook, NY

Hymowitz, G. (2016, February) *Psychological Interventions in Gastrointestinal Illness*. Medicine Grand Rounds, Stony Brook Medicine, Stony Brook, NY

Hymowitz, G. (2016, February) *Bariatric Surgery*. Stony Brook Medicine Psychosomatic Fellowship Didactics, Stony Brook Medicine, Stony Brook, NY

Hymowitz, G. (2015, September) *Diagnosis and Treatment of Obesity*. Stony Brook University MA Program, Stony Brook University, Stony Brook, NY

Hymowitz, G. (2015, September) *Childhood Adversity, Weight Bias and Obesity*. Krasner Psychological Center Pre-doctoral Internship Didactics, Stony Brook University, Stony Brook, NY

Hymowitz, G. (2015, September) *Assessment and Treatment of Disordered Eating Behaviors: Binge Eating and Overeating*. Krasner Psychological Center Pre-doctoral Internship Didactics, Stony Brook University, Stony Brook, NY

Hymowitz, G. (2014, July) *Obesity and Adversity*. Stony Brook University, Stony Brook, NY

Vivian, D., Davila, J., **Hymowitz, G.** (2014, April) *The L. Krasner Psychological Center: An Evidence-Based Practice in Psychology (ABPP) Training clinic*. Department of Psychiatry Grand Grounds, Stony Brook University, Stony Brook, NY.

Hymowitz, G. (2013, April) *Disordered Eating in Women*. Stony Brook University, Stony Brook, NY

Hymowitz G. (2013, January) *Goal Setting*. Mather Hospital, Port Jefferson, NY

Hymowitz, G. (2012, October) *Healthful Habits of Weight Maintainers*. Mather Hospital, Port Jefferson, NY

EXTRAMURAL FUNDING

06/2011 **Project Team Member.** Clinical HIV Testing Grant Award Program of the Public Health Strategies Health Care Group (PHSHG). Title: “*Project KYS: Know Your Status*”.” Project Directors: Kinna Patel, M.D. and Colleen Fairbanks, Ph.D. Award: \$10,000.

03/2011 **Project Director.** Public Health/Pandemic Influenza Grant Awarded

Program of the Public Health Strategic Health Care Group (PHSHG)
Award: \$1,600.

INTRAMURAL FUNDING

- 05/2021 **Co-Investigator.** Pilot Grants Program in Psychiatry and Behavioral Health. Title: *“Monitoring and Addressing Weight Management Utilizing a Stepped Care Treatment Program”*. Award: \$18,721
- 05/2020 **Principal Investigator.** Pilot Grants Program in Psychiatry and Behavioral Health. Title: *“M-Health Administered Sleep Treatment to Enhance Recovery in Bariatric Populations (MASTER)”*. Award: \$16,302.

ACADEMIC HONORS AND AWARDS

- 10/2024 Fellow of the Obesity Society
- 03/2024 Integrated Health Fellow of the American Society for Metabolic and Bariatric Surgery
- 09/2022 Award for Increasing Access to Clinical Care, *Department of Psychiatry and Behavioral Health, Stony Brook Medicine*
- 02/2010 Turner Conference Travel Award
- 01/2010 American Psychosomatic Society Young Scholar Award
- 02/2005 Stony Brook University Turner Fellowship
- 02/2002 Invited to Sigma Xi, The Scientific Research Society

PROFESSIONAL AFFILIATIONS

- Member *Association for Contextual Behavioral Science (ACBS)*
The Obesity Society (TOS)
American Psychological Association (APA)
National Latinx Psychological Association (NLPA)
- Associate Member *American Society for Metabolic & Bariatric Surgery (ASMBS)*

AD-HOC REVIEWER

American Surgeon
Child Abuse and Neglect
Children and Youth Services Review
Eating Behaviors
Journal of Psychotherapy Integration
Mindfulness
Obesity Research & Clinical Practice

Psychotherapy
Surgical Endoscopy
Surgery for Obesity and Related Diseases

PUBLICATIONS

Peer-Reviewed Journal Articles:

Schreyer, C. C., Salwen-Deremer, J. K., Coughlin, J. W., Sanicola, C., Taylor, C. A., Vanzhula, I. A., Martinelli, M. K., & **Hymowitz, G. F.** (2025). Assessing the reliability and validity of sleep assessments in patients seeking metabolic and bariatric surgery. *Surgery for obesity and related diseases : official journal of the American Society for Metabolic and Bariatric Surgery*, 21(1), 76–84. <https://doi.org/10.1016/j.soard.2024.10.016>

Hymowitz, G., Karvay, Y., Salwen-Deremer, J., Molina, L., Gonzalez, A., & Toro-Huamanchumo, C. J. (2025). Examining adverse life experiences, disordered eating behaviors and cognitions and weight loss treatment in Peru. *Eating behaviors*, 56, 101939. <https://doi.org/10.1016/j.eatbeh.2024.101939>

Magallares, A., Recio, P., Jáuregui-Lobera, I., Benito de Valle, P., Irlles, J. A., & **Hymowitz, G.** (2023). Factor structure and measurement invariance of the Weight-Related Abuse Questionnaire (WRAQ). *Eating behaviors*, 52, 101827. Advance online publication. <https://doi.org/10.1016/j.eatbeh.2023.101827>

Shinder, E., Hanson, P., Phillips, H., Tuppo, C., Spaniolas, K., Pryor, A.D., Powers, K., Sanicola, C., & **Hymowitz, G.** (2023). Preoperative medically supervised weight loss programs and weight loss outcomes following bariatric surgery- a prospective analysis. *Surgery and Obesity Related Disease*, S1550-7289(23)00689-5. doi:10.1016/j.soard.2023.08.019.

Hymowitz, G., Hasan, F., Yerramalli, G., & Cervoni, C. (2022). Mindfulness-Based Interventions for Surgical Patients and Impact on Postoperative Outcomes, Patient Wellbeing, and Satisfaction. *The American surgeon*, 31348221117025. <https://doi.org/10.1177/00031348221117025>

Villamor, A., Alteri, M.S., **Hymowitz, G.F.**, Talamini, M.A., Pryor, A.D. (2020). Visual Spatial intelligence is not predictive of the type of residency selected by medical students. *The American Surgeon*. doi:[10.1177/000313482008600320](https://doi.org/10.1177/000313482008600320).

Salwen-Deremer, J., Schreyer, C., **Hymowitz, G.F.**, Montanari, A., Smith, M.T., Coughlin, J. W. (2020). Sleep disturbance and insomnia in individuals seeking bariatric surgery. *Surgery for Obesity and Related Diseases*. <https://doi.org/10.1016/j.soard.2020.03.007>.

- Bannon, S., Salwen J, & **Hymowitz G.** (2017). Weight-related abuse: Impact of perpetrator-victim relationship on binge eating and internalizing symptoms. *Journal of Aggression and Trauma*. DOI: 10.1080/10926771.2017.1330298.
- Hymowitz G,** Salwen J, & Salis KL. (2017). A mediational model of obesity related disordered eating: The roles of childhood emotional abuse and self-perception. *Eating Behaviors*, 26:27-32.
- Hymowitz, G.F.** (2016). Comment on: “The Impact of History of Exposure to Abuse on Outcomes after Bariatric Surgery: Data from the Ontario Bariatric Registry” *Surgery for Obesity and Related Diseases*, 12, doi:10.1016/j.soard.2016.04.015.
- Salwen, J.K., O’Leary, K.D., **Hymowitz, G.F.** (2016). The roles of body mass index and jealousy in women’s perpetration of sexual coercion. *Partner Abuse*, 7, 111-124.
- Salwen, J.K., & **Hymowitz, G.F.** (2015). The Weight-related abuse questionnaire (WRAQ): Reliability validity and clinical utility. *Eating Behaviors*. 10:150-154. doi: 10.1016/j.eatbeh.2015.09.001.
- Adamowicz, J. L., Salwen, J. K., **Hymowitz, G. F.**, Vivian, D. (2015). Predictors of suicidality in bariatric surgery candidates. *Journal of Health Psychology*. doi: 10.1177/1359105315569618.
- Salwen, J. K., **Hymowitz, G. F.**, O’Leary, K. D., Pryor, A., & Vivian, D. (2014). Childhood Verbal abuse: A risk factor for depression in pre-bariatric surgery psychological evaluations. *Obesity Surgery*. doi: 10.1007/s11695-014-1281-3
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PSYCHOLOGICAL ASSESSMENT INSTRUMENTS DEVELOPED

Questionnaires

- Magallares, A., Recio, P., Jáuregui-Lobera, I., Benito de Valle, P., Irlles, J. A., & **Hymowitz, G.** (2023). Factor structure and measurement invariance of the Weight-Related Abuse Questionnaire (WRAQ). *Eating behaviors*, 52, 101827. Advance online publication. <https://doi.org/10.1016/j.eatbeh.2023.101827>
- Salwen, J. & **Hymowitz, G.** (2017). *The Weight Related Abuse Questionnaire (WRAQ)*.

Department of Psychology, SBU. (See: Salwen, & Hymowitz , 2017).

Karvay, Molina, Salwen, & **Hymowitz, G.** (2019). *The Weight Related Abuse Questionnaire-Spanish Translation (WRAQ-S)*. Department of Psychology, SBU (See: Karvay, Molina, & Hymowitz, 2019)

PRESENTATIONS

Hymowitz, G. , Salwen-Deremer, J. , Khan, M. & **Schreyer, C.** Verbal Weight Related Abuse and Disordered Eating in MBS. *Abstract Accepted for presentation at the IH Top Oral Abstract Session of the 2025 ASMBS Annual Meeting.*

Philippopolis, A. Khan, M. , Palladino, J., & **Hymowitz, G.** Anthropometric Correlates of Weight Change Over Four Weeks: Insights from a Stepped-Care Weight Management Program. *Poster accepted for presentation at the 2025 ASMBS Annual Meeting.*

Hymowitz, G. , Sanicola, C. , Salwen-Deremer, J., Taylor, C., Coughlin, J. & Schreyer, C. (2024, June). Social Determinants of Health and Pre- and Post-Metabolic and Bariatric Surgery Patient Engagement. *Poster presented at the 2024 ASMBS Annual Meeting.*

Philippopoulos, A. J., Bruening, C., Salkanovic, A., Klimov, H., Cannone, J., Palladino, J., Gonzalez, A., & **Hymowitz, G.** Evaluation of Engagement in a Multimodal Weight Management Program. *Poster Presented at the 2024 ASMBS Annual Meeting.*

Hwang, S., Law, L., Philippopoulos, A.J., LaChapelle, J., Zhong, Y., Ugonabo, C., Cannone, J., Palladino, J., Gonzalez, A., & **Hymowitz, G.** (2024, June) Social Support Impacts on Engagement in a Multimodal Weight Management Program. *Poster presented at the 2024 ASMBS Annual Meeting.*

Philippopoulos, A., J., Law, K., Gonzalez, A., Palladino, J., & **Hymowitz, G.** (2024, March). Differences in Engagement in a Stepped Care Weight Management Program. *Poster Presented at the Women in Medicine Research Day, Stony Brook Medicine.*

Khan, M. , Bruening, Carl, Philippopoulos, A.J., Gonzalez, A., Palladino, J. & **Hymowitz, G.** (2024, April) Evaluating Changes in Patient Expectations in a Stepped Care Weight Management Program. *Poster Presented at the 2024 URECA Celebration , Stony Brook University.*

Starzynski, N. Arora, A., Maloy, C. , Philippopoulos, A. , Palladino, J., Gonzalez, A., & **Hymowitz, G.** (2024, April). Reported Barriers to Achieving Successful Weight-Loss Outcomes in Overweight Individuals: A Thematic Analysis. *Poster Presented at the 2024 URECA Celebration , Stony Brook University.*

Schreyer, C.C., Salwen-Deremer, Jessiy, Sanicola, C., Vanzhula, I., Coughlin, J. & **Hymowitz, G.** (June, 2023) Assessing Reliability and Validity of Sleep Assessments in Patients Seeking Bariatric Surgery. *Abstract presented at the 2023 ASMBS Annual Meeting.*

- Hwang, S. , Philippopoulos, A., Stadterman, J., Palmer, D., LaChapelle, J., Hasan, F., Penzel, I.B., Palladino, J., & **Hymowitz, G.** (June, 2023) Social Determinants of Health and Baseline Symptomatology in a Multimodal Weight Management Program. *Poster presented at the 2023 ASMBS Annual Meeting.*
- Philippopoulos, A. J., Stadterman, J., Hasan, F., Sinha, G., & **Hymowitz, G.** (March, 2023). Step into Health: Barriers to Enrollment into Stepped Care Treatment Program for Weight Management. *Poster presented at Women in Medicine Research Day. Stony Brook Medicine.*
- Alba, K., **Hymowitz, G.**, Coward, A., Farquharson, W., Tapia, V., & Peguero-Medrano, A. (October, 2022). A Latinx Bilingual and Bicultural Collaborative in Psychiatry and Behavioral Health. *Poster Presented at the National Latinx Psychological Association Annual Meeting.*
- Molina, L., Karvay, Y., & **Hymowitz, G.** (2022). The associations of BMI status and treatment seeking behavior with weight related abuse. *Surgery for Obesity and Related Diseases*, 18 (8), S69-S70.
- Palladino, J., Infante, S., Presti, T., Sinha, G., Rajupet, S., Obici, S., Rosenbluth, A., Gonzalez., A, & **Hymowitz, G.** (2022). Step into Health: Monitoring and Addressing Weight Management Utilizing a Stepped Care Treatment Program. *Surgery for Obesity and Related Diseases*, 18 (8), S88.
- Hymowitz, G.**, Yerramalli, G., Devas, N., Spaniolas, K. , Pryor, A., & Powers, K. (2022). COVID-19 pandemic, sleep, eating behaviors and bariatric surgery weight loss outcomes. . *Surgery for Obesity and Related Diseases*, 18 (8) S.
- Hasan, F. , Beauchamp, M., Salwen-Deremer, J., Schreyer, C. C. , & **Hymowitz, G.** (2022). Analyzing the relationship between insomnia and depression in the post-bariatric surgery patient population. *Abstract presented at the Stony Brook Medicine Women in Medicine Research Day.*
- Phillips, H., Bansal, J., Salwen-Deremer, J., Shinder, E., Hanson, P., & **Hymowitz, G.** (2022). Do symptoms of depression mediate the relationship between childhood adversity and night eating. *Poster presented at the Stony Brook Medicine Women in Medicine Research Day.*
- Hanson, P., Shinder, E., Phillips, H., Tuppo, C., Salwen-Deremer, J.S., Spaniolas, K., Pryor, A.D., Powers, K., Sanicola, C., & **Hymowitz, G.** (2022). Influence of pre-operative self-monitoring of physical activity on pre-operative physical activity and post-operative weight loss outcomes. *Poster presented at the Stony Brook Medicine Women in Medicine Research Day.*
- Yerramalli, G., **Hymowitz, G.**, Devas, N, & Powers, K. (2022). The effects of COVID-19 on access to healthcare amongst patients participating in a metabolic and bariatric surgery program. *Poster presented at the Stony Brook Medicine Women in Medicine Research Day and*

the Medical Society of the State of New York.

Shinder, E., Hanson, P., Phillips, H., Tuppo, C., Spaniolas, K., Pryor, A.D., Powers, K., Sanicola, C., & **Hymowitz, G.** (2022). Prospective evaluation of pre-operative participation in a medically supervised weight loss program and post-operative weight loss outcomes; Do number of sessions attended make a difference. *Poster presented at the Stony Brook Medicine Women in Medicine Research Day and accepted for publication as a Star Research Program Honorable Mention in the Association of Women Surgeons conference publication.*

Molina, L., Karvay, Y., & **Hymowitz, G.** (2020, November). Exploring the relationship between weight related abuse and acculturative stress in Spanish speaking populations. *Poster presented at Obesity Week Virtual Conference.*

Karvay, Y., Molina, L., & **Hymowitz, G.** (2020, November). The cumulative impact of weight related abuse on Hispanic and Latinx populations. *Poster presented at Obesity Week Virtual Conference.*

Karvay, Y., Ore, R., Quarmley, M., Clarkson, T., **Hymowitz, G.**, & Jarcho, J. (2019, November). Weight Related Abuse Moderates Relations between BMI and Aggression Toward Unpredictable Peers. *Poster Presented at Obesity Week Conference, Las Vegas, NV.*

Karvay, Y., Molina, L., & **Hymowitz, G.** (2019, November). Spanish Translation of the Weight Related Abuse Questionnaire (WRAQ): Addressing the Disparity in Psychological Assessment Materials for Bariatric Patients Who Are Non-English Speakers (NES). *Poster presented at Obesity Week Conference, Las Vegas, NV.*

Hymowitz G., & Karvay, Y. (2018, November). Does weight related abuse vary by ethnicity? *Surgery for Obesity and Related Diseases*, 14 (11), S119.

Karvay, Y., **Hymowitz, G.** (2018, November). Anxiety moderates relations between family socioeconomic status (SES) and body mass index (BMI) in adolescents. *Poster presented at The Obesity Society Annual Meeting, Nashville, TN.*

Hymowitz, G., Tuppo, C., Salwen-Deremer, J., Spaniolas, K., & Pryor, A. (2017) Influence of pre-operative self-monitoring of physical activity on pre-operative physical activity and post-operative weight loss outcomes. *Surgery for Obesity and Related Diseases*, 13 (10), S93-94.

Hymowitz, G., Tuppo, C., Salwen-Deremer, J., Spaniolas, K., & Pryor, A. (2017) Prospective evaluation of pre-operative participation in a medically supervised weight loss program and post-operative weight loss outcomes: Do number of sessions attended make a difference? *Surgery for Obesity and Related Diseases*, 13 (10), S93.

Hernandez, J., Cervoni, C., & **Hymowitz, G.** (2017). The effects of impulsivity on food addiction and eating behaviors in a bariatric sample. *Surgery for Obesity and Related Diseases*, 13 (10), S14.

Hymowitz, G., Salwen, J.K. (2016, November) *Exercise, weight loss and bariatric surgery, impact on pain, quality of life, and motivation for exercise.* Presentation at The Obesity Society Annual Meeting, New Orleans, LA.

Hymowitz, G., Salwen, J.K. (2016, November) *Night eating, overeating, and cravings as predictors of weight gain in emerging adulthood.* Poster presented at The Obesity Society Annual Meeting, New Orleans, LA.

Hymowitz, G., Tuppo, C., Salwen, J., Pryor, A., & Telem, D. (2015). Pain sensitivity predicts sedentary behavior in bariatric surgery candidates. *Surgery for Obesity and Related Diseases*, 11, S139-S140.

Altieri, M., Cervo, K., Pryor, A., Recio, F., **Hymowitz, G.,** Talamini, M., & Telem, D. (2015). Influence of race and gender on body perception and bariatric surgery: A survey of the general population. *Surgery for Obesity and Related Diseases*, 11, S133-S134.

Villamor, A.N., Joseph, N., **Hymowitz, G.,** F., Bloom, R.B., Altieri, M., Talamini, M., Telem, D., & Pryor, A.D. (2015). *Visual spatial intelligence is not predictive of medical student residency selection.* Journal of the American College of Surgeons, 221, S58.

Bloom, R., & **Hymowitz, G.** (2015, April) *Binge Eating Disorder and Personality in Pre-surgical Bariatric Patients.* Poster Presented at the Stony Brook University Converging Science Summit. Stony Brook, NY

Salwen, J.K., **Hymowitz, G.** (2014, November) *Weight Related Abuse Questionnaire (WRAQ): Reliability, Validity and Clinical Utility.* Poster presented at The Obesity Society Annual Meeting, Boston, Massachusetts

Hymowitz, G., Salwen, J.K. (2013, November) *Do Symptoms of Depression Mediate the Relationship between Childhood Adversity and Night Eating?* Poster presented at The Obesity Society Annual Meeting, Atlanta, Georgia.

Hymowitz, G., Salwen, J.K. (2013, November) Vivian, D., Pryor, A. *An Analysis of Pre-Surgical Patient Variables that Aid in the Prediction of Post-Surgical Maladaptive Compliance.* Poster Presented at the American Society for Metabolic and Bariatric Surgery Annual Meeting, Atlanta, Georgia.

Adamowicz, J. L., Salwen, J.K., **Hymowitz, G.F.,** Vivian, D. (2013, November) *Predictors of suicidal risk in bariatric surgery candidates.* Poster Presented at the American Society for Metabolic and Bariatric Surgery Annual Meeting, Atlanta, Georgia.

Salwen, J., Vivian, D., O'Leary, K.D., Pryor, A.D., & **Hymowitz, G.** (2013, November) *Verbal abuse: A risk factor for depression in pre-surgical evaluations.* Paper Presented at the American Society for Metabolic and Bariatric Surgery Annual Meeting, Atlanta, Georgia.

- Salwen, J.K., Vivian, D., Javed, Z., & **Hymowitz, G.F.** (2013, April). *The role of stress and couple discord in a model of obesity*. Poster presented at the Stony Brook University Converging Science Summit, Stony Brook, NY.
- Overmier, K., Salwen, J.K., **Hymowitz, G.F.**, & Vivian, D. (2013, April). *Fear and loathing in bariatric clinic*. Poster presented at the Stony Brook University Converging Science Summit, Stony Brook, NY.
- Gregory, L.J., **Hymowitz, G.F.**, Salwen, J.K., & Vivian, D. (2013, April). *Chronic pain sensitivity and education: An in-depth examination of a sample of morbidly obese patients presenting for bariatric surgery*. Panel presentation at the Stony Brook University Converging Science Summit, Stony Brook, NY.
- Adamowicz, J.L., Salwen, J.K., **Hymowitz, G.F.**, & Vivian, D. (2013, April). *Onset of obesity, suicidality, and emotion-lability in patients seeking bariatric surgery*. Poster presented at the Stony Brook University Converging Science Summit, Stony Brook, NY.
- Hymowitz, G.** (2013, March). *Can visceral anxiety sleep and daily hassles predict severity of somatic symptoms*. Poster presented at the American Psychosomatic Society Annual Meeting, Miami, Florida.
- Hymowitz, G.**, Vivian, D., Pryor, A., Tuppo, C., Cottell, K., Salwen, J., Connolly-Schoonen, J. & Lary Kar, H. (2012, August). *An Interdisciplinary Approach to the Management of Morbid Obesity*. Poster presented at the American Psychological Association Annual Meeting, Orlando, Florida.
- Salwen, J.K., Salis, K.-L., **Hymowitz, G.F.**, & Vivian, D. (2012). *IPV in a sample of patients presenting for bariatric surgery*. Presentation at the International Family Violence and Child Victimization Research Conference. Portsmouth, NH.
- Litcher-Kelly, L. & **Hymowitz, G.** (2011, March) *Mood and gastrointestinal symptom responses to a laboratory stress in a sample of patients diagnosed with Inflammatory Bowel Disease and Irritable Bowel Syndrome*. Poster presented at the American Psychosomatic Society Annual Meeting, San Antonio, Texas.
- Hymowitz, G.** & Litcher-Kelly, L. (2010, April) *Stress and abdominal pain after exposure to a laboratory stressor: Preliminary analysis of patients with gastrointestinal illness*. Poster presented at the Women in Science Research Day, Stony Brook, NY.
- Hymowitz, G.** & Litcher-Kelly, L. (2010, April) *Stress and abdominal pain after exposure to a laboratory stressor: Preliminary analysis of patients with gastrointestinal illness*. Poster presented at the American Psychosomatic Society Annual Meeting, Portland, Oregon.

