

CURRICULUM VITAE FOR CLEVELAND CLINIC LERNER COLLEGE OF MEDICINE

MARCH 19, 2025

PERSONAL INFORMATION

Name; last, first middle Goodpaster, Kasey Patricia Scott
Credentials; MD, PhD, etc. Ph.D., FASMBS-IH

Institution & Institute Cleveland Clinic, Digestive Disease Institute
Department 
Office Address & Mail Code 
Office Phone 
Office Email 

EDUCATION & TRAINING

Education

School & City, State / Country Canisius College, Buffalo, NY
Degree B.A., Psychology and European Studies
Start-End Dates 08/2004-12/2007

School & City, State / Country Indiana University, Indianapolis, IN
Degree Master's coursework in Counseling & Counseling Education
Start-End Dates Attended 01/2008-05/2009 (then transferred to doctoral program)

School & City, State / Country Purdue University, Lafayette, IN
Degree Ph.D., Counseling Psychology
Start-End Dates 08/2009-07/2014

PhD Thesis

Title Secondary trauma risk and protective factors among counseling trainees
Thesis Committee Members Carole Pistole, Ph.D., Heather Servaty-Seib, Ph.D., Susan Prieto-Walsh, Ph.D., & David Sears, Ph.D.

Post-Graduate Training

Institution & City, State / Country Cleveland Clinic Bariatric & Metabolic Institute, Cleveland, OH
Position Postdoctoral Fellow
Start-End Dates 09/2014-08/2015

PROFESSIONAL APPOINTMENTS

Position Director of Behavioral Services, Bariatric & Metabolic Institute
Institution & Institute Cleveland Clinic, Digestive Disease and Surgery Institute
Department General Surgery
City, State / Country Cleveland, OH
Start-End Dates 09/2016- present

Position Staff
Institution & Institute Legacy Health Good Samaritan Hospital, Weight and Diabetes Institute
City, State / Country Portland, OR
Start-End Dates 09/2015-08/2016

ACADEMIC APPOINTMENTS

Rank & Department	Assistant Professor of Medicine
Institution & City, State / Country	Cleveland Clinic Lerner College of Medicine of Case Western University
Start-End Dates	02/2018-present

CERTIFICATION & LICENSURE

Certification

Name of Board	National Register of Health Service Psychologists
Certificate Number (if applicable)	National Credential #55163
Date Issued & Expires	2016 - 2025

Licensure

Name of State Medical Board	Indiana State Psychology Board
License Number	#20042854A
Date Issued & Expires	2015-2016 (expired)

Name of State Medical Board	Oregon Board of Psychologist Examiners
License Number	#2533
Date Issued & Expires	2015-2018 (expired)

Name of State Medical Board	Ohio State Board of Psychology
License Number	#7485
Date Issued & Expires	2016-2026

Name of State Medical Board	Association of State and Provincial Psychology Boards (PSYPACT)
License Number	# 10004 – Authority to Practice Interjurisdictional Telepsychology
Date Issued & Expires	2022-2026

MEMBERSHIP IN PROFESSIONAL SOCIETIES

Name of Society	Columbia River Eating Disorder Network
Role / Title	Board Member
Start-End Dates	2015-2016

Name of Society	Ohio Psychological Association
Role / Title	Member
Start-End Dates	2015- present

Name of Society	American Society for Metabolic and Bariatric Surgery
Role / Title	Member
Start-End Dates	2015- present

Name of Society	Obesity Action Coalition
Role / Title	Member
Start-End Dates	2016- present

PROFESSIONAL SERVICES

Section Editor

Journal 1	Current Obesity Reports (psychology section editor)
Start-End Dates	2021-2023

Editorial Board Member

Journal 1	Surgery for Obesity and Related Diseases
Start-End Dates	2021- 2023

Manuscript Reviewer

Journal 1 Start-End Dates	International Journal of Obesity 2015- present
Journal 2 Start-End Dates	Surgery for Obesity and Related Diseases 2015-present
Journal 3 Start-End Dates	Journal of Interprofessional Education and Practice 2016- present
Journal 4 Start-End Dates	Journal of Psychosomatic Research 2018- present
Journal 5 Start-End Dates	Obesity Surgery 2021-present
Journal 6 Start-End Dates	Journal of Clinical Psychology in Medical Settings 2024-present

Advisory Groups

Organization	Oregon Health Authority, Health Evidence Review Commission
Title	Obesity Task Force Member
Start-End Dates	2016

COMMITTEE SERVICE

National

Organization	American Society for Metabolic and Bariatric Surgery
Committee Name / Role	Integrated Health Clinical Issues Committee / Chair
Start-End Dates	Member: 11/2018-present Chair: 5/2021-2023

Educational Committees

Organization	Cleveland Clinic
Committee Name / Role	Health Psychology Fellowship Committee / Member
Start-End Dates	09/2016-present

HONORS & AWARDS

1. Eberl Family Endowment for Leadership, Canisius College, 2006-2007
2. Outstanding Student in Psychology Award, Canisius College, 2008
3. Bruce Shertzer Graduate Scholarship in Counseling, Purdue University, 2013
4. National Psychologist Trainee Register Credentialing Scholarship, National Register, 2014
5. ASMBS Poster Award recipient for "Intuitive eating predicts a healthier relationship with food in post-surgical bariatric patients," 2019.
6. Integrated Health fellow designation, American Society for Metabolic and Bariatric Surgery, 2025.

TEACHING ACTIVITIES

Curriculum/ Course Development

1. EDPS 20000: Life Career Planning, Purdue University, Lafayette, IN
Time spent creating: 50 hours, 2010
Audience: Undergraduate students
Description: Developed written goals and objectives, teaching plan, reading list, course activities and homework assignments, and lectures with accompanying PowerPoint presentations.

Invited Lectures

International

1. **Goodpaster, K.P.S.** (12/2021). *Psychological contraindications*. Presented for The Upper Gastrointestinal Surgery (TUGS) virtual event entitled, “The role of psychologists in patients seeking bariatric surgery.”
2. **Goodpaster, K.P.S.** (3/2023). *Body dysmorphia*. Presented for the March Wellness TownHall for the Ontario Teachers’ Pension Plan.

National

1. **Goodpaster, K.P.S.** (10/2017). *Eating disorders and their effects on bariatric surgery*. Presented at the American Society for Metabolic and Bariatric Surgery ‘Obesity Week’ conference, Washington, D.C.
2. **Goodpaster, K.P.S., Archer, S., Majid, S., & Horn, D.B.** (11/2018). *Non-responders and weight regain collaborative course*. Served as course director for 4-hour collaborative MD/integrative Health pre-conference course at the American Society for Metabolic and Bariatric Surgery ‘Obesity Week’ conference, Nashville, TN.
3. **Goodpaster, K.P.S.** (11/2019). *Can we define success, failure, response vs regain?* Presented at the American Society for Metabolic and Bariatric Surgery ‘Obesity Week’ conference, Las Vegas, NV.
4. **Goodpaster, K.P.S.** (11/2019). *Managing postoperative behavioral eating challenges*. Presented at the American Society for Metabolic and Bariatric Surgery ‘Obesity Week’ conference, Washington, D.C.
5. **Goodpaster, K.P.S.** (11/2020). *Interventions for internalized weight stigma*. Oral presentation and panel presentation as part of the TOS/OC/OAC/TOPS/EASO Joint Symposium entitled, “Walking in their shoes- A patient perspective” at The Obesity Society ‘Obesity Week’ virtual conference.
6. **Goodpaster, K.P.S.** (01/2022). *Multidisciplinary virtual intervention approach at the Cleveland Clinic*. Presented at the American Society for Metabolic and Bariatric Surgery reUNITED conference, Las Vegas, NV.
7. **Goodpaster, K.P.S.** (01/2022). *Reducing weight bias in your practice*. Presented at the American Society for Metabolic and Bariatric Surgery reUNITED conference, Las Vegas, NV.
8. **Goodpaster, K.P.S.** (6/2023). *Psychology aspects related to bariatrics*. Presented in the CBN II Review Course at the American Society for Metabolic and Bariatric Surgery Annual Convention, Las Vegas, NV.
9. **Goodpaster, K.P.S.** (6/2024). *Group education and treatment for optimizing success*. Panel presentation presented during the “Masters in Behavioral Health” course at American Society for Metabolic and Bariatric Surgery Annual Convention, San Diego, CA.
10. **Goodpaster, K.P.S.** (6/2024). *Balancing body positivity and obesity treatment*. Presented during the “Enhancing outcomes through support groups” course at American Society for Metabolic and Bariatric Surgery Annual Convention, San Diego, CA.

Regional

1. **Goodpaster, K.P.S.** (10/2019). *Identifying and treating eating disorders before and after bariatric surgery*. Invited presentation for the Michigan Bariatric Society annual meeting, Traverse City, MI.

Local

1. **Goodpaster, K. P. S.** (12/ 2013). *Self-care for nurses*. Presented at three staff meetings for neurology nurses at St. Vincent Hospital, Indianapolis, IN.
2. McReynolds, M., Saltzberg, S., **Goodpaster, K. P. S.**, & Ienna, L. (10/2015). *Weight management across practice settings: Discussion of different models*. Panel discussion presented at a CME conference entitled, “New Paradigms in Obesity Management,” Portland, OR.
3. **Goodpaster, K. P. S.** (10/2015). *Obesity stigma and culturally sensitive communication in healthcare*. Presented at a CME conference entitled, “New Paradigms in Obesity Management,” Portland, OR.
4. **Goodpaster, K. P. S.** (2/2016). *Moving from weight-based stigma to patient empowerment in obesity treatment*. Presented at the Columbia River Eating Disorder Network annual conference, Portland, OR.
5. **Goodpaster, K. P. S.** & Peterson, N. (09/2016). *Motivational interviewing*. Workshop presented at the Cleveland Clinic Obesity Summit, Cleveland, OH.
6. Cetin, D., Aronne, L. J., Brethauer, S. A., **Goodpaster, K. P. S.**, Klein, S., Nissen, S., & Ryan, D. H. (09/2016). *Case-based lessons*. Panel presented at the Cleveland Clinic Obesity Summit, Cleveland, OH.

7. **Goodpaster, K.P.S.** (10/2017). *Eating disorders before and after bariatric surgery*. Presented for didactic series for visiting observers from Singapore, Cleveland Clinic, Cleveland, OH.
8. Cetin, D., **Goodpaster, K. P. S.**, Horn, D.B., Sullivan, L., & Butsch, W.S. (10/2018). *Case-based lessons*. Panel presented at the Cleveland Clinic Obesity Summit, Cleveland, OH.
9. **Goodpaster, K. P. S.** & Peterson, N. (10/2018). *Behavioral interventions*. Workshop presented at the Cleveland Clinic Obesity Summit, Cleveland, OH.
10. **Goodpaster, K.P.S.** & Peterson, N. (12/2018). *Behavioral interventions*. Training for Cleveland Clinic e-coaches, Cleveland, OH.
11. **Goodpaster, K.P.S.** & Butsch, W.S. (09/2019). *Motivational interviewing*. Workshop presented at the Cleveland Clinic Obesity Summit, Cleveland, OH.
12. **Goodpaster, K.P.S.**, & Peterson, N. (09/2019). *Behavioral interventions*. Workshop presented at the Cleveland Clinic Obesity Summit, Cleveland, OH.
13. Butsch, S., Cetin, D., & **Goodpaster K.P.S.** (09/2022). *Management of post-op bariatric clinic*. Workshop presented at the Cleveland Clinic Obesity Summit, Cleveland, OH.
14. Burguera B., Butsch S., **Goodpaster, K.P.S.**, Kroh, M., Ryan, D. (09/2023). Challenges with weight regain: *Ask the experts*. Panel discussion presented at the Cleveland Clinic Obesity Summit, Cleveland, OH.

Grand Rounds

Regional

1. **Goodpaster, K.P.S.** (12/2019). *Weight bias and discrimination*. Presented for the Psychology Intern/Fellow Cultural Diversity Seminar Series at West Virginia University, Morgantown, WV.

Local

1. **Goodpaster, K. P. S.** (08/2013). *Psychological evaluation for bariatric surgery*. Presented at the Internal Medicine Grand Rounds at St. Vincent Hospital, Indianapolis, IN.
2. **Goodpaster, K. P. S.** (05/2014). *Secondary trauma risk and protective factors among counseling trainees*. Presented at the Neuropsychology Didactics at St. Vincent Hospital, Indianapolis, IN.
3. **Goodpaster, K. P. S.** (1/2015). *Secondary traumatic stress among psychologists and self-care strategies*. Presented at the Health Psychology Didactics at Cleveland Clinic, Cleveland, OH.
4. **Goodpaster, K. P. S.** (04/2016). *Strategies for increasing weight sensitivity in OB/GYN care*. Presented for the OB/GYN Educational Series at Emanuel Hospital, Portland, OR.
5. **Goodpaster, K. P. S.** & Seawell, A. (05/2016). *Burnout and self-care for certified diabetes educators*. Presented for the CDE staff at Legacy Good Samaritan Hospital, Portland, OR.
6. **Goodpaster, K.P.S.**, & Peterson, N.D.P. (09/2017). *Behavior modification*. Workshop presented at the Cleveland Clinic Obesity Summit, Cleveland, OH.
7. **Goodpaster, K. P. S.**, Peterson, N., & Stevens, S. (03/2018). *Panel: Shared psychological appointments*. Presented at the Psychiatry & Psychology Grand Rounds at Cleveland Clinic, Cleveland, OH.
8. **Goodpaster, K. P. S.**, & Peterson, N. (12/2018, 1/2018, & 02/2017). *Jobs: Fellowship and beyond*. Presented at the Health Psychology Didactics at Cleveland Clinic, Cleveland, OH.
9. **Goodpaster, K.P.S.** (03/2022). *Bariatric psychology*. Presented at the Psychiatry Residency Didactics at Cleveland Clinic, Cleveland, OH.
10. **Goodpaster, K.P.S.** (06/2023). *Cognitive behavioral therapy*. Presented for the Cleveland Clinic Lerner College of Medicine Behavioral Sciences course, Cleveland, OH.

Other Presentations

National

1. Adedokun, O. A., **Goodpaster, K. P. S.**, Parker, L. C., Robinson, J. P., & Burgess, W. D. (11/ 2011). *Illustrating the value of McNemar test of dependence in evaluation studies*. Poster presented at the annual meeting of the American Evaluation Association, Anaheim, CA.
2. **Goodpaster, K. P. S.**, Adedokun, O. A., Laursen, S., Kirkham, L., Parker, L. C., Burgess, W. D., & Weaver, G. (11/2011). *Conceptualizing and evaluating the effectiveness of intra-institutional collaboration: A case study of Purdue University's Research Goes to School*. Paper presented at the annual meeting of the American Evaluation Association, Anaheim, CA.

3. **Goodpaster, K. P. S.**, Adedokun, O., Burgess, W., Kirkham, L., Laursen, S., & Weaver, G. (03/2012). *Teaching science in rural schools: Benefits, challenges, and factors influencing teacher retention*. Paper presented at the annual meeting of the National Science Teachers Association, Indianapolis, IN.
4. **Goodpaster, K. P. S.**, Adedokun, O. A., Kirkham, L. P., Ertmer, P. A., Clase, K. L., McCann, M., & Weaver, G. C. (03/2012). *The impact of a professional development workshop on rural STEM teachers' self-efficacy and biofuels knowledge*. Paper presented at the annual meeting of the National Association of Research in Science Teaching, Indianapolis, IN.
5. Jenkins, S., & **Goodpaster, K. P. S.** (03/2014). *Helping physicians treat functional abdominal pain: Counseling health psychology is the missing piece*. Roundtable discussion presented at the international Counseling Psychology conference, Atlanta, GA.
6. **Goodpaster, K. P. S.**, & Jenkins, S. (03/2014). *The role of counseling health psychologists in head and neck cancer care*. Roundtable discussion proposal presented at the international Counseling Psychology conference, Atlanta, GA.
7. Coughlin, J.W., Grothe, K.B., Conason, A., **Goodpaster, K.P.S.**, Schreyer, C., & Walfish, S. (11/ 2014). *How I do it: Handling unique clinical situations*. Panel discussion presented at the American Society for Bariatric and Metabolic Surgery and The Obesity Society 'Obesity Week' conference, Boston, MA.
8. Daigle, C. R., **Goodpaster, K.P.S.**, Corcelles, R., Aminian A., Schauer, P.R., & Heinberg, L.J. (11/ 2014). *Psychosocial factors among revisional bariatric surgery patients: Sub-optimal weight loss versus recidivism*. Poster presented at the American Society for Bariatric and Metabolic Surgery and The Obesity Society 'Obesity Week' conference, Boston, MA.
9. **Goodpaster, K. P. S.**, Marek, R. J., Ashton, K., Lavery, M., Rish, J. M., & Heinberg, L. J. (11/2015). *Graze eating among bariatric surgery candidates: Prevalence and psychosocial correlates*. Presented at the American Society for Bariatric and Metabolic Surgery and The Obesity Society 'Obesity Week' conference, Los Angeles, CA.
10. Davidson, P., **Goodpaster, K. P. S.**, & Bolton, C. (10/ 2016). *Revisions*. Panel presented the American Society for Bariatric and Metabolic Surgery and The Obesity Society 'Obesity Week' conference, New Orleans, LA.
11. **Goodpaster, K. P. S.** (11/ 2018). *Behavioral interventions: Treating eating disorders and distorted thought patterns post-surgery*. Presented at the American Society for Metabolic and Bariatric Surgery 'Obesity Week' conference, Nashville, TN.
12. **Goodpaster, K.P.S.** (6/2024). *Making a statement: Clinical implications of recent ASMBS position statements for behavioral health professionals*. Presented in the "Masters in Behavioral Health" course at the American Society for Metabolic and Bariatric Surgery annual convention, San Diego, CA.

Regional

1. **Scott, K. P.**, Pines, H., & Larkin, J. (10/ 2004). *What do the Pope and Britney Spears have in common?* Poster presented at the Penn-York Undergraduate Research Conference, Bradford, PA.
2. Pines, H. A., **Scott, K. P.**, Heist, S., Sanders, N. E. J., & Larkin, J. E. (05/ 2006). *Structural differences in concepts of mental disorders pre-post an abnormal psychology course*. Poster presented at the meeting of the Association for Psychological Science, New York, NY.
3. Pines, H., & **Scott, K. P.** (03/ 2008). *Using social service learning to teach prosocial behavior constructs*. Poster presented at the meeting of the Eastern Psychological Association, Boston, MA.
4. **Scott, K. P.**, & Hanson, W. E. (04/ 2010). *Factors predicting college students' treatment preferences for depression*. Poster presented at the Great Lakes Regional Counseling Psychology Conference, Akron, OH.
5. Ashton, K., & **Goodpaster, K. P. S.** (04/2015). *Obesity on the margins: Stigma, healthcare disparities, and psychological intervention*. Workshop presented at the Ohio Psychological Association annual convention, Columbus, OH.
6. Ashton, K., & **Goodpaster, K. P. S.** (07/2015). *Obesity on the margins: Stigma, healthcare disparities, and psychological intervention*. CE webinar recorded for the Ohio Psychological Association.
7. **Goodpaster, K.P.S.**, Peterson, N., & Assar, S. (04/2018). *Body positivity and weight loss treatments: Are they mutually exclusive?* Three-hour workshop presented at the Ohio Psychological Association annual convention, Columbus, OH.

8. Diggins, A., **Goodpaster, K.P.S.**, & Peterson, N.D. (04/2019). *Intersectionality: Addressing equity in access and outcomes in obesity treatment*. Two-hour workshop presented at the Ohio Psychological Association annual convention, Columbus, OH.
9. Diggins, A., Fink, E., Peterson, N.D., & **Goodpaster, K.P.S.** (05/2020). *Mindfulness-based approaches for disordered eating behaviors: Adapting interventions for culturally diverse populations*. CE webinar recorded for the Ohio Psychological Association.

Trainees / Mentees

1. Carolyn Fisher, Ph.D., Post-doctoral clinical fellow, 2016 – 2017. Currently in private practice in Columbus, OH.
2. Sara Assar, Psy.D., Post-doctoral clinical fellow, 2017-2018. Currently a staff psychologist at UCLA.
3. Allyson Diggins, Ph.D., Post-doctoral clinical fellow, 2018-2019. Currently a staff psychologist at the Cleveland Clinic.
4. Lauren Pudalov, Psy.D., Post-doctoral clinical fellow, 2019. Currently a staff psychologist at Mayo Clinic.
5. Emily Fink Psy.D., Post-doctoral clinical fellow, 2019-2020. Currently a staff psychologist at the Cleveland Clinic.
6. Steven Di Francesco Ph.D, Post-doctoral clinical fellow, 2019-2020. Currently a staff psychologist at the University of Massachusetts.

Teaching Administration

1. Practicum Site Director, Legacy Good Samaritan Hospital, Weight & Diabetes Institute, 2015- 2016.
2. Training Director, Bariatric Psychology Fellowship, Cleveland Clinic, 2018-2020.

Teaching Activities

1. Instructor of Record for course EDPS 20000: Life Career Planning, undergraduate students of Purdue University, 08/2010-12/ 2010.
2. Instructor of Record for course EDPS 10500: Academic & Career Planning, undergraduate students of Purdue University, 08/2010-12/ 2010.
3. Clinical supervisor (periodic umbrella supervision), Bariatric psychology practicum for Ph.D. candidates, Cleveland Clinic, 2014-2015.
4. Clinical supervisor, Bariatric psychology fellowship, Cleveland Clinic, 2016 – present.
5. Faculty Preceptor for Communication Skills course, medical students of Cleveland Clinic Learner College of Medicine, 09/2014-08/2015, and 09/2019-present.
6. Clinical supervisor, Clinical nutrition elective, medical students of Case Western Reserve University, 2023-present.
7. Clinical supervisor, Bariatric rotation of the Psychiatry residency, Cleveland Clinic, 2023-present.

BIBLIOGRAPHY

Peer Reviewed Articles

1. **Goodpaster, K. P. S.**, Adedokun, O. A., & Weaver, G. (2012). Teachers' perceptions of rural STEM teaching: Implications for rural teacher retention. *Rural Educator*, 33, 9-22.
2. **Goodpaster, K. P. S.**, Marek, R., Lavery, M.E., Ashton, K., Merrell Rish, J. & Heinberg, L.J. (2016). Graze eating among bariatric surgery candidates: Prevalence and psychosocial correlates. *Surgery for Obesity and Related Diseases*, 12, 1091-1097.
3. **Goodpaster, K.P.S.** (2017). The role of psychological testing in pre-surgical bariatric evaluations. *The Journal of Health Service Psychology*, 43, 67-73.
4. Eisenberg, D., Noria, S., Grover, B., **Goodpaster, K.**, & Rogers, A.M. (2019). ASMBS position statement on weight bias and stigma. *Surgery for Obesity and Related Diseases*, 15, 814-821.
5. **Goodpaster, K.P.S.** (2019). Far from “the easy way out”: Early psychological complications of bariatric surgery. *Bariatric Times*, 16(8), 11.
6. Virani N, **Goodpaster, K.P.S.**, & Perugini, R. (2020). Intuitive eating is associated with a healthier relationship with food in postsurgical bariatric patients. *Bariatric Times*, 17(9), 10-15.
7. Carter, J., Chang, J., Birriel, J., Moustarah F., Sogg, S., **Goodpaster, K.**, Benson-Davies, S., Chapmon, K., & Eisenberg, D. (2021). ASMBS position statement on preoperative patient optimization before metabolic and bariatric surgery. *Surgery for Obesity and Related Diseases*, 17(12), 1956-1976.

8. Eisenberg, D., Shikora, S., Aarts, E., Aminian, A., Angrisani, L., Cohen, R.V., De Luca M., Faria, S.L., **Goodpaster, K.P.S.**, Haddad, A., Himpens, J.M., Kow, L., Kurian, M., Loi, K., Mahawar, K., Nimeri, A., O’Kane, M., Papasavas, P.K., Ponce, J., Pratt, J.S.A., Rogers, A.M., Steele, K., Suter, M., & Kothari, S.N. (2022). 2022 American Society for Metabolic and Bariatric Surgery (ASMBS) and International Federation for the Surgery of Obesity and Metabolic Disorders (IFSO): Indications for metabolic and bariatric surgery. *Surgery for Obesity and Related Diseases*, 18(12): 1345-1356.
9. De Luca M, Shikora S, Eisenberg D, Angrisani L, Parmar C, Alqahtani A, Aminian A, Aarts E, Brown B, Cohen RV, Di Lorenzo N, Faria SL, **Goodpaster, KPS.**, Haddad H, Herrera M, Rosenthal R, Himpens J, Iossa A, Kermansaravi M, Kow L, Kurian M, Chiappetta S, LaMasters T, Mahawar K, Merola G, Nimeri A, O’Kane M, Papasavas P, Piatto G, Ponce J, Prager G, Pratt JSA, Rogers AM, Salminen P, Steele KE, Suter M, Tolone S, Vitiello A, Zappa M, Kothari SN (2024). Scientific evidence for the updated guidelines on indications for metabolic and bariatric surgery. *Surgery for Obesity and Related Diseases*, 20(11), 991-1025.
10. **Goodpaster, K.P.S.**, Ata Brown R., Van Prooyen, A.M., Chapmon, K., Santos, M., Crispell, G., & Sarwer, D.B. (2024). Cannabis use before and after metabolic and bariatric surgery: Literature review. *Surgery for Obesity and Related Diseases*. (published online ahead of print).
11. Gerardo, G., Peterson, N., **Goodpaster, K.** & Heinberg, L. (2025). Depression and obesity. *Current Obesity Reports*, 14(5).

Invited Editorials

1. **Goodpaster, K.P.S.** (2020). Comment on: Depression subtypes, binge eating, and weight loss in bariatric surgery candidates. *Surgery for Obesity and Related Diseases*, 16(5), 697-698.
2. **Goodpaster, K.P.S.** (2022). Comment on: Why earlier may be better: a look at the use of metabolic and bariatric surgery in the treatment of severe childhood obesity. *Surgery for Obesity and Related Diseases*, 18(1), e3.

Book & Book Chapters

1. **Goodpaster, K.P.S.**, Diggins, A., & Heinberg, L.H. (2020). Implementing eating disorder treatment before and after bariatric surgery. In C. Tortolani, A. Goldschmidt, & D. Le Grange (Eds), *Adapting evidence-based treatments for eating disorders for novel populations and settings*. Routledge.

Patient-Facing Articles

1. **Goodpaster, K.P.S.** (May 10, 2021). *Is graze eating hindering your weight loss efforts? How to manage it!* Featured article on Obesityhelp.com. Link: <https://www.obesityhelp.com/articles/graze-eating-hindering-your-weight-loss/>

Media Appearances & Coverage / Podcasts

1. **Goodpaster, K.P.S.** (October 2018). *Weight management*. Podcast recorded for “The Clinical Consult, National Register of Health Service Psychologists.
2. **Goodpaster, K.P.S.** (October 2018). *Orthorexia: When commitment to healthy eating goes too far*. Invited television interview for CTV News, Canada.
3. **Goodpaster, K.P.S.** (February 2019). *Orthorexia: When obsessing over clean eating becomes harmful*. Television interview recorded by Cleveland Clinic News Service and distributed to national media outlets.
4. **Goodpaster, K.P.S.** (March 2019). *Keeping tabs on kids helps them keep healthy weight*. Television interview recorded by Cleveland Clinic News Service and distributed to national media outlets.
5. **Goodpaster, K.P.S.** (July 2019). *Breakfast with parents linked to better body image for kids*. Television interview recorded by Cleveland Clinic News Service and distributed to national media outlets.
6. **Goodpaster, K.P.S.** (January 2020). *Trouble with weight loss? Look at your nighttime habits*. Television interview recorded by Cleveland Clinic News Service and distributed to national media outlets.
7. Miller, J. (February 28, 2020). *Q&A: Treating patients with eating disorders ‘takes a lot of tolerance and patience.’* Expert interview provided for article on Helio.com.
8. O’Neill, M. (June 29, 2020). *LGBTQ individuals are more likely to develop an eating disorder. Here’s why*. Expert interview provided for article on Health.com.

9. Murphy, C. (February 24, 2021). *The different types of eating disorders- What they are and what you need to know about them*. Expert interview provided for article on Health.com.
10. Welch A. (October 5, 2021). *7 Dos and don'ts for talking to a loved one about weight loss*. Expert interview provided for article on Everydayhealth.com

Abstract Presentations

1. Lavery, M., Heinberg, L., **Goodpaster, K. P. S.**, Merrell Rish, J., & Ashton, K. (2015). Brief four-session CBT group increases knowledge and coping skills in a high-risk bariatric surgery population. *Surgery for Obesity and Related Diseases*, *11*(6), S54. Presented at the American Society for Bariatric and Metabolic Surgery and The Obesity Society 'Obesity Week' conference, Los Angeles, CA, 11/2015.
2. **Goodpaster, K. P. S.** (2016). Ditching the dieting mentality: Infusing body positivity into bariatric surgery programs. *Surgery for Obesity and Related Diseases*, *12*, S76-S232. Poster presented at the American Society for Bariatric and Metabolic Surgery and The Obesity Society 'Obesity Week' conference, New Orleans, LA, 10/2016.
3. Fisher, C., Peterson, N., **Goodpaster, K.**, Lavery, M., & Heinberg, L. (2017). History of trauma and relationship with the Minnesota Multiphasic Personality Inventory-2 Restructured Form (MMPI-2-RF) in individuals seeking bariatric surgery. *Surgery for Obesity and Related Diseases*, *13*(10), S43-S44. Presented at the American Society for Metabolic and Bariatric Surgery 'Obesity Week' conference, Washington, D.C., 10/2017.
4. Heinberg, L., Mohun, S., **Goodpaster, K.**, Peterson, N., Lavery, M., & Marek, R.J. (2017). Early psychological complications: Pre-operative psychological factors predict post-operative regret, fear of failure and grieving the loss of food. *Surgery for Obesity and Related Diseases*, *13*(10), S42-S33. Presented at the American Society for Metabolic and Bariatric Surgery 'Obesity Week' conference, Washington, D.C.. 10/2017.
5. Lavery, M., **Goodpaster, K.**, Heinberg, L., Fisher, C., & Peterson, N. (2017). A brief four session CBT group to increase knowledge and coping skills in a high-risk bariatric surgery population: Who is referred and who responds best? *Surgery for Obesity and Related Diseases*, *13*(10), S40. Presented at the American Society for Metabolic and Bariatric Surgery 'Obesity Week' conference, Washington, D.C.. 10/2017.
6. **Goodpaster, K.**, Heinberg, L., Lavery, M., & Peterson, N. (2017). Chewing and spitting and early postsurgical psychological complications of bariatric surgery. *Surgery for Obesity and Related Diseases*, *13*(10), S37-S38. Presented at the American Society for Metabolic and Bariatric Surgery 'Obesity Week' conference, Washington, D.C., 10/2017.
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