

# Melissa M. Page, MS, RDN, CSOWM, LDN

## EDUCATION

**MS Clinical Nutrition** · Tufts University Friedman School of Nutrition Science and Policy · Boston, MA · May 2012  
**BS Dietetics, Minor in Psychology** · Indiana University · Bloomington, IN · May 2010

## EMPLOYMENT/PROFESSIONAL EXPERIENCE

- **SENIOR BARIATRIC DIETITIAN**  
Weight and Wellness Program, Maine Medical Center · Portland, ME · December 2017 – Present
- **CLINICAL BARIATRIC DIETITIAN**  
Weight and Wellness Center, Tufts Medical Center · Boston, MA · September 2012 – December 2017
- **GROUP FACILITATOR/LEADER**  
Instinct Health Science, Inc. · Boston, MA · September 2013 - Present
- **CLINICAL DIETITIAN, per diem**  
Milford Regional Medical Center · Milford, MA · August 2012 – September 2016
- **DIETETIC INTERN**  
Frances Stern Nutrition Center, Tufts Medical Center · Boston, MA · August 2010 – May 2012

## CERTIFICATIONS & LICENSES

- Certified Specialist in Obesity and Weight Management (CSOWM) · 2018 - Present
- Registered Dietitian by the Academy of Nutrition and Dietetics, ID# 01041291 · 2012 - Present
- Licensed Dietitian Nutrition by the State of Maine, License #1367 · 2017 - Present
- Licensed Dietitian Nutritionist by the Commonwealth of Massachusetts; License #3369 · 2012 - 2017

## PROFESSIONAL MEMBERSHIPS & LEADERSHIP ROLES

### NATIONAL:

#### **Weight Management Dietetic Practice Group, Academy of Nutrition and Dietetics**

- Chair · June 2023-Present
- Chair-Elect · June 2022-May 2023
- Policy and Advocacy Leader & Public Policy Committee · June 2020 – May 2022
- Director, Member Services · June 2016 – May 2019
- Member Recruitment and Retention Coordinator · June 2014 – May 2016

#### **American Society of Metabolic and Bariatric Surgery**

- **Access to Care Committee** · June 2020-Present

### LOCAL:

#### **Massachusetts Academy of Nutrition and Dietetics**

- Public Policy Coordinator · June 2014 – May 2016
- Chair, Socials for Success · June 2012 – May 2014

#### **Massachusetts Student Dietetic Association**

- President · June 2011 – May 2012

#### **Indiana Academy of Nutrition and Dietetics**

- Student Representative to the Board of Directors · 2008-2010

#### **Indiana University Student Dietetic Association**

- President · 2009-2010

## **PUBLICATIONS**

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- Page, M., Palmer, C., & Dwyer, J. (2013). Oral health assessment for nutrition professionals. In C. Berdanier, J. Dwyer & D. Heber (Eds.), *Handbook of Nutrition and Food* (3rd ed., pp. 715-739). Boca Raton: CRC Press.
- Melissa Page, MS, RD, LDN. The Instinct Diet: An Alternative Approach to Post-Operative Weight Regain. Weight Management Dietetic Practice Group Newsletter. *Weight Management Matters*. Winter 2016

## **SPEAKING ENGAGEMENTS & PRESENTATIONS**

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- **“Let’s Go” National Obesity Conference** · September 2023
  - Dietary Evaluation and Recommendations Before and After Bariatric Surgery
- **American Society of Metabolic and Bariatric Surgery Annual Meeting** · June 2023
  - “A Deeper Look into Current Nutritional Trends & Useful Apps”
  - “Healthcare Advocacy & Policy”
  - Dietitian Networking Session
- **American Society of Metabolic and Bariatric Surgery Annual Meeting** · June 2022
  - “MNT Coverage for Bariatric Surgery”
  - Dietitian Networking Session
- **3rd Annual Richard M. Engel, MD Primary Care Symposium** · Virtual · March 2022
  - Bariatric Surgery Expert Panelist
- **New York State Chapter of ASMBS Virtual Conference** • Virtual • October 2021
  - “Long-term Nutritional Needs for Bariatric Surgery”
- **American Society of Metabolic and Bariatric Surgery Annual Meeting** · Virtual · June 2021
  - “Alcohol and Bariatric Surgery: Everything in Moderation. . . Except Alcohol.”
- **Guest lecturer, University of New England** · Portland, ME · November 2019 - November 2023
  - NUTR 400 Food Health and Disease (Undergraduate Nutrition Course)
- **Guest lecturer, Tufts Medical School** · Boston, MA · November 2016 & November 2017
  - MBS 209 Nutrition (Master in Biomedical Sciences)
- **Obesity Week** · Washington, DC · October 2017
  - “Navigating the Bariatric Renal Challenge”
- **Council on Renal Nutrition New England Fall Conference 2015** · Worcester, MA · October 2015
  - “Bariatric Surgery in the Renal Population: Optimizing Weight Loss and Nutrition Status”
- **New England Bariatric Conference** · Yale New Haven Hospital · Hartford, CT · March 2014
  - “The Instinct Diet: An Alternative Approach to Post-Operative Weight Regain”
- **Guest lecturer, Tufts University** · Boston, MA · April 2013 – April 2017
  - NUTR 316 Advanced Medical Nutrition Therapy
  - Tufts University Friedman Certificate for Health Professionals: Health, Nutrition, and Disease

## **COORDINATING ROLES IN PROFESSIONAL MEETINGS**

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### **American Society of Metabolic and Bariatric Surgery**

- **ASMBS Annual Meeting “Transferring Momentum From Conference to Communities” Session** · Co-Director · June 2023
- **ASMBS Annual Meeting “Access to Care” Session** · Co-Director · June 2022
- **ASMBS Annual Meeting Dietitian Networking Session** · Co-Director · June 2022 & June 2023

### **New England Bariatric Dietitians Network**

- **10<sup>th</sup> Annual New England Bariatric Dietitians Virtual Conference** · Director · June 2021
- **9<sup>th</sup> Annual New England Bariatric Dietitians Virtual Meeting** · Director · June 2020

### **Weight Management Dietetic Practice Group**

- **Weight Management Virtual Symposium** · Planning Committee · 2020-2022
- **Weight Management DPG Symposium** · Planning Committee · 2013-2014

### **Massachusetts Student Dietetic Association**

- **Dietetic Internship Selection Workshop** · Director · October 2011
- **Career Development Workshop** · Director · May 2012

### **HONORS & AWARDS**

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- Massachusetts Academy of Nutrition Dietetics Outstanding Dietetic Student Award · 2012
- Frances Stern Nutrition Center Scholarship, 2010
- Academy of Nutrition and Dietetics Foundation's Colonel Miriam E. Perry Goll Memorial Scholarship · 2010
- Indiana Academy of Nutrition and Dietetics Martha Lute Troutt Scholarship · 2010
- Indiana University School of HPER Opal G. Conrad Scholarship, Indiana University · 2010
- Indiana University School of HPER Ruth Mary Griswold Scholarship, Indiana University · 2010
- Academy of Nutrition and Dietetics Foundation's Dora E. Culver Memorial Scholarship · 2009
- Indiana University Dean's List · 2007-2010