

EDUCATION

9/03-8/05	Post-doctoral Fellowship in Neuropsychology- Eastern Virginia Medical School and Eastern State Hospital
7/02-7/04	Clinical Internship- Eastern Virginia Medical School
8/99-8/03	Virginia Consortium Program in Clinical Psychology- Norfolk, Virginia University-based, APA accredited program, jointly sponsored by: The College of William and Mary, Eastern Virginia Medical School, Norfolk State University, and Old Dominion University.
8/97-8/99	Western Carolina University- Cullowhee, NC M.A., Clinical Psychology
8/93-5/97	College of Charleston- Charleston, SC B.S., Psychology

CLINICAL EXPERIENCE AND PRATICA

5/08- present Assessment & Therapy Associates, Owner

Owner and Clinical Director for private practice specializing in bariatrics, eating disorders, anxiety disorders, grief, and general mood disorders for adolescents and adults. Development of programs to enhance support to bariatric patient. 2008-2013 also conducted Neuropsychological, AD/HD and Learning Disability Assessments. These services were discontinued to focus on the development of bariatric pre-and post—treatment.

3/05- 6/09 Evaluation Specialists, Inc. Owner

Private practices specializing in bariatrics, neuropsychological and psychological assessment for children (6 years and older), adolescents, and adults, and Cognitive Behavioral therapy for adolescents and adults. Areas of assessment interest include evaluation of brain injury, dementia, AD/HD and learning disabilities. Therapy specialties include anxiety disorders, grief, and general mood disorders. Psychological clearance prior to employment, bariatric surgery, oocyte donation, and other voluntary medical procedures also performed.

8/05-3/08 Comprehensive Mental Health Associates

Private practice specializing in neuropsychological and psychological assessment for children (6 years and older), adolescents, and adults, and Cognitive Behavioral therapy for adolescents and adults. Areas of assessment interest include evaluation of brain injury, dementia, AD/HD and learning disabilities. Therapy specialties include anxiety disorders, grief, and general mood disorders. Psychological clearance prior to employment, bariatric surgery, oocyte donation, and other voluntary medical procedures also performed.

9/03-8/05

Post-doctoral Fellowship in Neuropsychology- Eastern Virginia Medical School and Eastern State Hospital

Eastern State Hospital-Neuropsychology Clinic: Interview, assess, and write full neuropsychological reports on a wide variety of inpatients (i.e., acutely psychotic patients, patients requiring long-term psychiatric care, medically compromised patients, and forensic patients). Assist in running Neuropsychology Clinic at Eastern State Hospital. Supervise interns and doctoral-level students. Individual therapy case conducted with Not Guilty by Reason of Insanity patient and Group therapy conducted with patients presenting with cognitive limitations.

Eastern Virginia Medical School- Neuropsychology Center: Participated in interview and feedback sessions with parents, children, adolescents, and adults presenting for neuropsychological evaluations. Conducted neuropsychological testing with children between the ages of 4 and 18, and adults, with a wide variety of referral questions and diagnoses. Organized and presented bi-weekly Neuropsychology Post-doctoral rounds on relevant topics. Training in bariatric psychological evaluations under the supervision of Dr. Barbara Cubic.

5/01-5/07

Virginia Beach Psychiatric Center, Emergency Assessment Clinician Emergency room on-call clinician. Provide crisis intervention to local area hospital emergency rooms. Serve as the primary liaison between emergency department physician, mental health facilities, community services, insurance companies, and judiciary hearings. Services include: crisis counseling, mental status evaluation, biopsychosocial assessments, insurance pre-certification, and facilitating voluntary and involuntary hospital admission and outpatient referrals. Clinical issues: suicidality, dementia, affective disorders, substance abuse, homelessness, domestic violence, anxiety, chronic pain, and personality disorders.

5/01-6/05

SEEK Program

Facilitate brain injury support group for patients and families in the Hampton Roads area.

7/02-7/03

Eastern Virginia Medical School- Doctoral Level Internship

Eastern State Hospital Neuropsychology Clinic: Interviewed, assessed, and wrote full neuropsychological reports on a wide variety of inpatients with varying diagnoses (i.e. substance abuse, depression, psychosis, dementia, head injury). Participated in weekly didactics.

Eastern Virginia Medical School Neuropsychology Center, Pediatric Rotation: Participated in interview and feedback sessions with parents and children. Conducted neuropsychological testing with children between the ages of 4 and 18, with a wide variety of referral questions and diagnoses. Eastern Virginia Medical School Neuropsychology Center, Adult Rotation: Participated in interview and feedback sessions. Conducted neuropsychological testing with adults for problems related to Dementia, Traumatic Head Injury, Multiple Sclerosis, Huntington's disease, and Brain Tumors.

Eastern Virginia Medical School, Psychiatry Department: Conducted individual therapy with a variety of patients presenting for Depression, Anxiety, and Personality disorders. Wrote comprehensive intakes, treatment plans, and discharge reports.

9/01-6/02 Eastern Virginia Medical School- Neuropsychology Center Doctoral Level Concentration

Interviewed, administered, scored, and interpreted a wide variety of tests with adults and children with various diagnoses at Eastern Virginia Medical School and Eastern State Hospital. Participated in bi-weekly post-doctoral neuropsychology rounds, and pediatric and adult didactics.

1/01-1/02 **Resiliency Achievement Program**

Assisted in the program development of an after-school program for underprivileged adolescents in the Virginia Beach area. Provided assistance in selecting program evaluation measures, developing on-site resources, and supervising mentors.

Virginia Beach Rehabilitation Center- Doctoral Level Practicum
Conducted individual and group therapy with traumatic brain injury
patients that focused on memory strategies and coping with brain injury.
Conducted staff workshops on emotional recovery after traumatic brain injury and behavioral modification.

8/00-5/01 **Suffolk Department of Social Services- Doctoral Level Practicum**Conducted individual and family therapy to children, adolescents, and adults. Administered intellectual and personality assessments. Clinical issues: sexual abuse, divorce, school-problems, and depression.

1/99-1/01 Center for Mental Health- Washington, D.C.

(1/99-6/99 Master's level full time internship, 6/99-1/01 Hired as full time therapist) Master's level therapist for inner-city children, ages 3 to 18. Served as crisis intervention therapist as well as conducted play, individual, and group therapy. Therapy sessions (group and individual) centered around anger management, ADHD issues, grief and loss, and adjustment. Assisted the center in developing skill-building workshops, educational groups and art and dance therapy. Met with teachers and parents to encourage a multi-disciplinary approach to treatment.

5/00-12/00 Hampton Roads Neuropsychology

Conducted neuropsychological batteries for the Senior Assessment Center at DePaul Hospital. Completed full neuropsychological batteries and wrote full neuropsychological evaluations. Participated in feedback to patient. Transcribed therapy notes, letters and reports.

5/00-8/00 Virginia Beach Public Schools- Doctoral Level Practicum

Administered intellectual and personality batteries for children and adolescents in the Virginia Beach school district. Interpreted and incorporated test results within formal assessment reports. Collaborated with child study team, parents and school staff to deliver results and offer suggestions for accommodating the child.

9/99-12/99 Veteran's Administration Medical Center (PTSD Clinic)- Doctoral Level Practicum

Conducted post-traumatic stress disorder interviews with veterans. Performed extensive, structured interviews to accurately assess the presence of PTSD. Assisted in psycho-educational group with veterans diagnosed with PTSD.

1/98-5/98 Developmental Evaluation Center- Master's level practicum

Cullowhee, North Carolina

Tested infants and children referred to the Developmental Evaluation Center for developmental, cognitive, and speech delays. Responsibilities included intakes, assessments, and report writing. Administered a variety of infant/child batteries.

8/95-8/97 Counselor- Maple Manor

Charleston, South Carolina

Assisted adults diagnosed with Schizophrenia and other related disorders. Responsibilities included social skills training and coordinating activities at a residential facility.

8/94-5/97 Crisis Intervention Counselor

Charleston, SC

Crisis Counselor on a hotline for various Emotional problems. Received training in active listening techniques and crisis intervention.

RESEARCH EXPERIENCE

12/01-12/03 Dissertation: "MMPI-A Effectiveness: Relationship to Content Area and Diagnosis" Chair: Robert P. Archer, Ph.D.

The MMPI-A has a well-documented battle with producing within normal limits profiles, even when administered to adolescents who clearly meet diagnostic criteria for a DSM-IV disorder. Prior studies (Archer, Handel, Lynch (2003), concluded that many items on the MMPI-A basic scales are ineffective in discriminating between normative and clinical groups. This

study removed ineffective items and re-normed the basic scales to assess changes in sensitivity and specificity and detected slight increases in resulting profiles.

9/01-9/03 Eastern Virginia Medical School- Neuropsychology Center

> Research Technician for the Pfisteria research project conducted via the Survey and Evaluation Research Laboratory at Virginia Commonwealth

University with assistance from MCV, UVA, and EVMS.

8/00-7/01 Eastern Virginia Medical School- Department of Psychiatry

> Research assistant to Robert P. Archer, Ph.D.. Conducted literature reviews, data analysis, and manuscript preparation for submission to academic journals. Assisted in outcome study for Sentara Mental Health Care System, examining the effectiveness of their services in the area.

1/98-7/99 Thesis: "Parental Predictions of Children's Interests and Cognitive

Performance."

Developed and piloted questionnaire assessing parental knowledge of children's interests. Supervised two undergraduate students to assist with data collection and entry.

Prior to 1998 Developed Needs Assessment Survey for the Task Force for Victim's

Assistance Program- Cullowhee, NC

Research Assistant- Department of Psychology, College of Charleston-

Charleston, SC

Research Assistant-Glaxo Wellcome "Medicines: The Inside Story"-

Washington, DC

TEACHING EXPERIENCE

8/05-present	EVMS and VCPCP Adjunct Faculty Courses taught: Private Practice for Clinicians, Ethics, Suicide Prevention
8/99-5/00	Psychology Instructor- VCPCP, Norfolk State campus Courses taught: <i>Introduction to Psychology</i> and <i>Developmental Psychology</i>
8/98-12/98	Graduate Teaching Assistantship- Western Carolina University Co-taught and supervised first year graduate students in <i>Assessment</i> course
8/97-8/98	Teaching Assistantship- Western Carolina University Lectured and tutored for undergraduate Introduction to Psychology Class

Various presentations regarding psychological outcomes of bariatric surgery and the treatment of the bariatric patient from 2009 to present. Presented at Virginia Bariatric Society (VBS), Sentara Hospital System, and American Society for Metabolic and Bariatric Surgery (ASMBS).

Archer, R.P., Handel, R.W., & Lynch, K.D., Elkins, D.E. (2002). Detection of random responding on the MMPI-A: Utility of the F1-F2 index. <u>Journal of Personality Assessment</u>, 78, 417-432.

Archer, R.P., Handel, R.W., & Lynch, K.D. (2001). An evaluation of the effectiveness of MMPI-A items in discriminating between normative and clinical samples. <u>Journal of Personality Assessment</u>, 77, 420-436.

Lynch, K.D., Archer, R.P., Handel, R.W. (2002). MMPI-A Effectiveness: Relationship to Content Area and Diagnosis. <u>Presented at Midwinter Meeting of the Society for Personality Assessment.</u> San Antonio, TX.

Lynch, K.D., Archer, R.P., Handel, R.W. (2001). Detection of Random Responding on the MMPI-A: Utility of the F1-F2 index. <u>Presented at $36^{\underline{\text{th}}}$ Annual MMPI-2/MMPI-A Symposium.</u> Tampa, FL

Lynch, K.D. (2000). Parental Predictions of Children's Interests and Cognitive Performances: Another Look. <u>Poster presentation at American Psychological Association.</u> Washington, D.C.

Lynch, K.D. (1999). Parental Predictions of Children's Interests and Cognitive Performances. <u>Poster presentation at The Southeastern Psychological Association Annual Meeting.</u> Washington, D.C.

PROFESSIONAL AFFILIATIONS

American Society for Metabolic & Bariatric Surgery, Virginia Bariatric Society, American Psychological Association, Virginia Psychological Association, Virginia Academy of Clinical Psychologists (Health Care Benefits Committee, Regional Chair), Tidewater Academy of Clinical Psychologists. Previous National Academy of Neuropsychology