

Metabolic and Bariatric Surgery has been my clinical focus for 15 years at Abington Jefferson Health. Throughout my time, I have been involved in every aspect of Bariatric patient care from admission to discharge. Continually looking to improve the lives of patients and the institution as a whole. Over the years, my aspirations have extended beyond my institution as I sought to participate in and improve Metabolic and Bariatric Surgery on a national scale – ASMBS giving me that opportunity. As a member of ASMBS - I have consistently been an active participant as a lecturer, moderator, committee member, certificate program co-creator, committee chair, council member, and an overall positive contributor to the world of Metabolic and Bariatric Surgery.

My goal of being a positive force in education and clinical practice are not limited to my efforts within ASMBS - I carry these attributes throughout my life at my institution, the national/state Physician Assistant societies, and in my personal life as I strive to facilitate growth to those around me and within.

I am seeking a second term as Advanced Practice Provider Member at Large for the ASMBS Integrated Health Executive Council (IHEC). In short - my work on this council is far from complete – with the help of my amazing fellow IHEC members, great advancements have been made in bringing the ideas, experiences, and overall presence of integrated health to the forefront of ASMBS. My hope would be to continue these efforts - as the combined contributions of physicians and all integrated health disciplines can only further improve ASMBS and the world of Metabolic and Bariatric Surgery.

I am currently serving as *Chair for the Advanced Practice Provider (APP) Committee*. That combined with my position on IHEC as Member at Large and Professional Education Committee member gives me a unique and well-rounded perspective on the variety of needs of Integrated Health throughout the organization. I have a multitude of missions – but at the forefront is involvement – getting ASMBS members, whether it be APPs, other integrated health disciplines, or physicians involved is imperative to progress. Involvement can mean a variety of things – being a committee member, to lecturing, to attending conferences and beyond – but overall, the purpose is to recognize and integrate what each ASMBS member has to offer. I have the ability to facilitate inclusiveness, integration, and growth by utilizing ASMBS resources, committees, and a team based dynamic.

As Member at Large of the IHEC I am afforded the opportunity to collaborate with every facet of integrated health, to create new or revitalize old ideas, and to put those ideas into action. I am continually astonished and humbled by the work of the IHEC and being part of that is an honor and something I know I can contribute to and continue to elevate.