

CHRISTOPHER JOE NORTHUP, MD

MEDICAL CENTER NORTH, D-5203
NASHVILLE, TN 37232-2730

Current Position

Director, Metabolic and Bariatric Surgery
Vanderbilt University Medical Center
Division of General Surgery
Section of Surgical Sciences
Vanderbilt University School of Medicine

Education & Training

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| 2003-04 | University of Virginia, Charlottesville, VA
Advanced Laparoscopic and Bariatric Surgery Fellowship |
| 1998-03 | Medical College of Ohio, Toledo, OH
General Surgery Residency |
| 1994-98 | West Virginia University School of Medicine, Morgantown, WV
M.D. |
| 1990-94 | Marshall University, Huntington, WV
Biology |

Certifications and Licensure

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| 2023- | Focused Practice Designation Certification, Metabolic Bariatric Surgery, American Board of Surgery |
| 2023- | State Medical Board of Tennessee licensure |
| 2021- | State Medical Board of Illinois licensure |
| 2014- | Board Re-Certification, General Surgery, American Board of Surgery |
| 2004-2014 | Board Certification, General Surgery, American Board of Surgery |

Academic Appointments

2024-	Associate Professor, <i>Vanderbilt University School of Medicine</i>
2004-08	Assistant Professor of Surgery, <i>University of Virginia School of Medicine</i>
2003-2004	Clinical Instructor, <i>University of Virginia School of Medicine</i>

Professional Appointments

2024-	Medical Director, Metabolic and Bariatric Surgery, <i>Vanderbilt University Medical Center</i>
2018-21	Medical Director, Premier Weight Loss, <i>Premier Health</i>
2008-17	Regional Medical Director, Mercy Healthy Weight Solutions, <i>Mercy Health Cincinnati</i>
2004-08	Medical Director, UVA Bariatric Surgery Program, <i>University of Virginia</i>

Employment

2024-	Vanderbilt University Medical Center, <i>Nashville, TN</i>
2021-23	BMI Surgery, <i>New Lenox, IL</i>
2017-21	Premier Health, <i>Dayton, OH</i>
2008-17	Mercy Health System, <i>Cincinnati, OH</i>
2003-08	University of Virginia Department of Surgery, <i>Charlottesville, VA</i>

Professional Societies and Offices Held

American Society for Metabolic and Bariatric Surgery (ASMBS)

2019-	ASMBS Executive Council
2019-	EC Liaison, ASMBS Access to Care Committee
2023-	EC Liaison, ASMBS Diversity, Equity and Inclusion Committee
2019-	EC Liaison, ASMBS Access to Care Committee
2019-23	EC Liaison ASMBS, State Chapters Committee
2018-21	Chair, Access to Care Committee
2016-18	Co-Chair, Access to Care Committee
2015-22	Essentials of Bariatric Surgery Task Force

American Board of Surgery (ABS)

2020-	Item Writer, Bariatric Surgery Focused Practice Designation
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American College of Surgeons (ACS)

2023-	MBSAQIP Standards Committee
2017-	MBSAQIP Accreditation Program- Site Surveyor

American Medical Association (AMA)

2022- ASMBS CPT Coding Representative to the AMA

Society for American Gastrointestinal Endoscopic Surgeons (SAGES)

Obesity Political Action Committee (ObesityPAC)

2017- Board Member

ASMBS Illinois State Chapter

2021-24 Board Member

ASMBS Ohio/ Kentucky State Chapter

2014-17 Chapter President

ASMBS Virginia Bariatric Society

2006-08 Secretary/Treasurer

2005 VBS Program Chair

Honors & Awards

- 2023 **Leadership Award, ASMBS Ohio/Kentucky Chapter**
- 2021 **Distinguished Service Award, American Society of Metabolic and Bariatric Surgery**
- 2020 **Best Bariatric Surgeon, Dayton Magazine**
- 2020 **Ohio Top Doctors**
- 2019 **Committee of the Year- Access to Care, American Society of Metabolic and Bariatric Surgery**
- 2014 **Runner-Up, Physician of the Year, Mercy-Fairfield Hospital**
- 2012 **Feature Article on Bariatric Surgery Patient Care, The Wall Street Journal**
- 2006 **Poster of Distinction Award. Cost Comparison of Laparoscopic and Open Adrenalectomy by Diagnosis.” CJ Northup, SA Abdollahzadeh, RL Carty, JA Humsi, AL Wind, VB Simpson, BD Schirmer and JB Hanks SAGES Annual Meeting.**

Committees and Professional Activities

- 2022- **Ad Hoc Journal Reviewer, Bariatric Surgical Practice and Patient Care**
- 2022- **Diversity, Equity and Inclusion, American Society of Metabolic and Bariatric Surgery**
- 2021- **Community and Independent Practice, American Society of Metabolic and Bariatric Surgery**
- 2017-20 **Insurance, American Society of Metabolic and Bariatric Surgery**
- 2013- **Access to Care, American Society of Metabolic and Bariatric Surgery**
- 2012-16 **State Chapters, American Society of Metabolic and Bariatric Surgery**
- 2010-12 **Membership, American Society of Metabolic and Bariatric Surgery**
- 2006-08 **Student Rotation Coordinator, University of Virginia**

- 2005-09 **Professional and Public Education**, *American Society of Metabolic and Bariatric Surgery*
- 2005-08 **Resident Education**, *Society of American Gastrointestinal Endoscopic Surgeons*
- 2005-08 **Resident Selection**, *University of Virginia*
- 2004-08 **Surgery Department Financial**, *University of Virginia*

Publications

Majid SF, Davis MJ, Ajmal S, Podkameni D, Jain-Spangler K, Gueron AD, King N, Voellinger DC, **Northup CJ**, Kennedy C, Archer SB. Current state of the definition and terminology related to weight recurrence after metabolic surgery: review by the POWER Task Force of the American Society for Metabolic and Bariatric Surgery. *Surg Obes Relat Dis*. 2022 Jul;18(7):957-963.

McCawley GM, Ferriss JS, Geffel D, **Northup CJ**, Modesitt SC. Cancer in obese women: potential protective impact of bariatric surgery. *J Am Coll Surg*. 2009 Jun;208(6):1093-8.

Bonatti H, Schmitt T, **Northup CJ**, Schirmer B, Swenson BR, Pruett TL, Sawyer RG, Brayman K. Laparoscopic gastric banding in a kidney-pancreas transplant recipient with new onset type II diabetes mellitus associated with morbid obesity. *Clin Transplant*. 2008 Nov-Dec;22(6):829-32.

Shumaker NR, Rochman CM, Legallo RD, **Northup CJ**, Hanks JB. Incidentally identified adrenal lipoma: case report and review of related literature. *Endocr Pract*. 2008 Mar;14(2):209-12.

Gupta N, Schirmer BD, **Northup CJ**. Image of the month. Cecal diverticulitis. *Arch Surg*. 2008 Mar;143(3):309-10.

Turrentine FE, Henderson WG, Khuri SF, Schiffner TL, Inabnet WB 3rd, El-Tamer M, **Northup CJ**, Simpson VB, Neumayer L, Hanks JB. Adrenalectomy in Veterans Affairs and selected university medical centers: results of the patient safety in surgery study. *J Am Coll Surg*. 2007 Jun;204(6):1273-83.

Bennett JC, Wang H, Schirmer BD, **Northup CJ**. Quality of life and resolution of co-morbidities in super-obese patients remaining morbidly obese after Roux-en-Y gastric bypass. *Surg Obes Relat Dis*. 2007 May-Jun;3(3):387-91.

Presentations

- The Future of Bariatric Surgery Coverage.- Speaker ASMBS Obesity Weekend, New Orleans, LA, Oct 2023
- Orthopedics and Bariatric Surgery.- Session Moderator ASMBS Obesity Weekend, New Orleans, LA, Oct 2023
- Session Moderator, New Technologies.- International Bariatric Club, Oxford, UK, Sept 2023
- The Science of Stapling.- Visiting Professor, Oxford University. International Bariatric Club Keynote Speaker Session , Oxford UK, Sept 2023
- Interacting with Medical Directors.- Access to Care, ASMBS Annual Meeting, Las Vegas, NV, June 2023
- Top Papers, Session Moderator ASMBS Annual Meeting, Las Vegas, NV, June 2023
- Bariatric Surgery: Updated Indications.- American Academy of Clinical Endocrinologists, Seattle, WA, April 2023

Bringing a New Procedure to Your Hospital.- SAGES, Montreal, QC, March 2023

Bundled Payments for Bariatric Surgery.- The ASMBS OH/KY State Chapter Meeting, Columbus, OH. September 2019.

SADI CPT Coding- ASMBS Virtual Meeting, February 2023

Novice QI leaders, Session Moderator and Speaker ASMBS Meeting, San Antonio, TX 2022

Session Moderator, Access to Care.- ASMBS Annual Meeting San Antonio, TX 2022

Post-Surgery Patient: RGB, Sleeve, Band- Is There One Perfect Mediation?- SAGES Virtual Meeting, August 2020.

Bariatric Policies: The Good, the Bad, and the Ugly.- MISS Virtual Meeting, June 2020.

Telehealth: Past, Present and Future.- ASMBS Webinar, May 2020.

Obesity Medications 101.- ASMBS Annual Meeting, 2021

The Big Three: Surgical Anatomy for Bariatric Surgery.- ACS Quality and Safety Conference, Washington, DC. July 2019.

Access to Care and Advocacy.- The Obesity Summit, Flowood, MS. June 2019.

Advantages and Disadvantages of Bundled Payments.- Course Director, Obesity Weekend. Chicago, IL. June 2019.

Guidelines for Metabolic Surgery.- Diabetes Symposium, Dayton, OH. March 2019.

Updates in Patient Access.- ASMBS OH/KY State Chapter Meeting, Columbus, OH. September 2018.

Bariatric Surgery- How Does it Work?- 2018 Obesity Symposium, Munster, IN. October 2018.

Bariatric Surgery and Risk Reduction in Gynecologic Cancers.- ASMBS, Washington, DC. Oct,2017.

Band to Sleeve: One Stage, Two Stages, or Bad Idea?- Midwest Bariatric Summit, Chicago, IL. September 2016.

Why I Partner with J&J.- Medical Device Brand Camp. Ethicon Institute. Cincinnati, OH. July 2016.

Overcoming Bariatric Surgery Coverage.- State Chapter Presidents Course, ASMBS Spring Meeting. June 2016.

Design to Value.- Guest Speaker, Ethicon Institute. Cincinnati, OH. May, 2016.

Bariatric Revision Course- Course Faculty. Kansas City, Sept 2015.

Bariatric Surgery and the Affordable Care Act.- Ohio State University *Care of the Bariatric Surgery Patient* Conference. Aug, 2014.

ASMBS Course Moderator “Video Session: Complications”. June 2014.

Advanced Bariatric Surgery: Complications and Revisions.- ASMBS Complications Course, May 2014.

Bariatric Surgery Course- Ethicon Course Faculty. Cincinnati, OH. 2014.

Advanced Sleeve Gastrectomy Course- Ethicon Course Faculty. Houston, August, 2013.

Complications in Bariatric Surgery.- ASMBS Ohio State Chapter Meeting. Feb, 2011.

Cancer in Obese Women.- Hackensack University Medical Center, Department of Surgery Grand Rounds. Aug, 2010.

Upper Endoscopy: Indications, Techniques and Therapeutics.- SAGES Resident Workshop, Aug 2007.

Bariatric Surgery: Indications and Outcomes.- Invited Speaker, Health Services Foundation Board Meeting. June 2007.

Risk of Hemorrhage and Thromboembolic Events in Bariatric Surgical Patients.- **CJ Northup**, DA McCullough, BD Schirmer. Presented at ASBS National Meeting, June 2007.

Laparoscopic Adrenalectomy.- Muller-Jones Society. May 2007.

Laparoscopic Duodenal Diverticulectomy- Heather L Evans MD, John C Bennett MD, Bruce D Schirmer MD, **CJ Northup** MD. SAGES Video Presentation, SAGES April 2007.

Bilateral Adrenalectomy for Metastatic Melanoma- Case Presentation. American Association of Endocrine Surgeons National Meeting, April 2007.

Laparoscopy in the Morbidly Obese- Invited Lecture, W. Norman Thornton Symposium. University of Virginia, Department of OB/GYN, April 2007.

Absorbable Mesh Plug Hernia Repair- Course Instructor, Advanced Laparoscopic Hernia Repair, MCV, Nov 2006.

Surgical Management of Diabetes – Managing Diabetes Annual Conference, Nov. 2006.

Surgical Management of Obesity –Recent Advances in Clinical Medicine Annual Conference, Oct 2006.

Evaluation of Patients for Re-operative Bariatric Surgery - Course Instructor, Minimally Invasive Surgery: The Next Steps. Post-Graduate Course, American College of Surgeons Clinical Congress, Oct. 2006.

DVT Prophylaxis and Management- Inova Fairfax Hospital, Department of Surgery Grand Rounds, Sept 2006.

Workup and Evaluation of Adrenal Tumors” –UVA Department of Surgery Grand Rounds, Aug 2006.

Cost Comparison of Laparoscopic and Open Adrenalectomy by Diagnosis.” **CJ Northup**, SA Abdollahzadeh, RL Carty, JA Humsi, AL Wind, VB Simpson, BD Schirmer and JB Hanks. Poster of Distinction Award, SAGES Annual Meeting, 2006.

Management of the Bariatric Surgical Patient- Rockingham Memorial Hospital Grand Rounds, Feb 2006.

The Professional Bariatric Surgery Team and Center- Instructor, Contemporary Bariatric Surgery Post Graduate Course, American College of Surgeons Spring Meeting, April 2005.

Diagnosis and Treatment of Complicated and Uncomplicated Appendicitis.- MCO Department of Surgery Grand Rounds, Oct 2001.

Pre-, Intra-, and Postoperative Care of the Bariatric Patient- Instructor, Contemporary Bariatric Surgery Post Graduate Course, American College of Surgeons Spring Meeting, April 2005.

ACS Center of Excellence Program –Virginia Bariatric Surgery Annual Meeting, Feb 2005.

Primary Care of the Post-Bariatric Surgery Patient- American College of Physician, VA State Chapter Annual Meeting, Oct 2005.

Bariatric Surgery: Review of NSQIP Outcomes- UVA Department of Surgery Grand Rounds, Sept. 2005.

Updates in Bariatric Surgery- Augusta Medical Center Medical Grand Rounds, June 2005.

Achalasia: Diagnosis and Management.- MCO Department of Surgery Grand Rounds, Mar 2005.

Laparoscopic Ventral Hernia Repair: An Institutional Review.- **CJ Northup**, AB Miller, RA Evangilesta, BD Schirmer. Poster Presentation, SAGES May 2004.

Inguinal Hernia Repair.- MCO Department of Surgery Grand Rounds, May 2003.

Laparoscopic Inguinal Hernia Repair with Epidural Anesthesia: A Personal Perspective and Review. - **CJ Northup**, MA Lilly, CM Davis and ME Arregui Poster Presentation at the American Hernia Society, 2002.

Textbooks

CJ Northup, JB Hanks. Laparoscopic Adrenalectomy. In: Surgical Pitfalls. Editors: Evans, *et al.* 2009.

BD Schirmer, **CJ Northup**. Re-operative Surgery of the Stomach and Duodenum. In: Shackelford's Surgery of the Alimentary Tract. Editors: Shackelford, *et al.* 2007.