

SUMMER 2021

IMPORTANT DATES

June 10-12, 2021
ASMBS 2021 Annual Meeting

June 10, 2021
National Metabolic and Bariatric Nurses Day

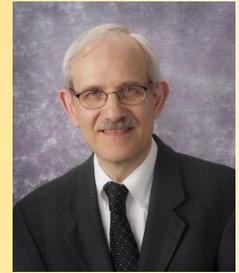
June 30, 2021
CBN Exam Registration Deadline

July 6 – August 23, 2021
CBN Exam Window

LETTER FROM THE CHAIRS

We are very happy to re-introduce the CBN Newsletter. We at the CBN Certification Committee have been working hard to improve the quality and convenience of all aspects of the CBN program.

1. The examination development subcommittee has utilized a virtual environment to carry on an item writing activity and the construction of the 2021-2022 examination.
2. The recertification subcommittee has continued to learn to better utilize the LearningBuilder platform initiated in the fall of 2018, to make the recertification process convenient, efficient, and seamless.
3. The examination preparation subcommittee has updated the online examination preparation course with a launch date of June 1, 2021.



William Gourash, PhD CRNP RN



Jessie Moore, FNP-BC MSN

4. The accreditation subcommittee is continuing to work with the Accreditation Board for Specialty Nursing Certification (ABSNC) toward further establishing bariatric and metabolic surgical nursing as a nursing specialty. They are collaborating to offer a symposium on Saturday (June 12th, 2021) of the upcoming ASMBS Annual meeting on the topic of patient education entitled “Patient Education Symposium: Perspectives and Trends in Metabolic and Bariatric Surgery”. As a part of this symposium, we are surveying all Integrated Health ASMBS members and CBNs to explore this often-discussed but little systematically explored aspect of patient care. Please attend the symposium, complete the survey, and pass the word to your colleagues.
5. Later this year we will be undertaking an update of the “practice analysis” of Bariatric and Metabolic Surgical Nursing and the care of the Severely Obese.
6. Finally, the Distinguished CBN award will be given out at the June ASMBS Annual Meeting and invitations for nominations have been sent out.

We will cover these topics and a few others in greater detail in this issue. Please let us know if you have any questions regarding the CBN Certification and what you might like to see covered in our newsletters (CBN@ASMBS.ORG)

Final Words ... We would like to thank you – all CBNs – for your support for and belief in best practice bariatric/metabolic surgical nursing care and for all of the hard work of the members of the CBN Certification Committee and Susan, the CBN Manager, for without all of you, the CBN would not continue to grow!
Thank you!



SEARCHING FOR CBN NEWSLETTER COORDINATOR

The CBN is looking for a CBN who is creative, organized, and likes to write, and would be interested in “coordinating” the CBN Newsletter. We are looking for you. We are looking to have at least 2 newsletters completed per year and possibly grow to 4. If you would be interested in helping with this project, please email Susan the CBN Manager at CBN@asmbs.org.

Topics from previous newsletters and potential future segments include: sharing of individual CBN activities, projects, and achievements; committee members experiences and reports; networking among CBNs; what it means to be a CBN in the new health care environment- challenges and opportunities; how can institutions support the CBN. The sky is the limit, and we would love to hear all of your ideas and suggestions!



CBN Collaborated Symposium at 2021 Annual Meeting

The CBN encourages all CBNs to attend the symposium on “patient education”, which will systematically explore this important aspect of bariatric surgical nursing.

June 12th, 2021 1:30pm to 3:00pm

Symposium: Patient Education: Perspectives and Trends in Metabolic and Bariatric Surgery

Overview: The purpose of this symposium is to focus on issues and trends that occur during preoperative and pre-hospital discharge bariatric surgical patient education practices. This symposium will address four main topics: patient educational content and how it’s determined, considerations related to dose, delivery, and patient access methods, the measurement of knowledge and effect on patient outcomes, and the effects of COVID-19 on patient education practices.



BARIATRIC SURGICAL PATIENT EDUCATION PROVIDER SURVEY

Please participate and complete when you receive it!

The aim of this survey is to systematically explore who provides, what they provide and how they provide “Bariatric Surgical Patient Education”. We have developed an email survey to explore all aspects of the patient education process. The survey which will be sent out prior to the above symposium with the expectation to be able to present the preliminary results of an email survey in the symposium. The survey name is the “Bariatric Surgery Patient Education Providers Survey – Preoperative Phase (BSPEPS-Preop).

You, as CBNs, and all Integrated Health members of the ASMBS will be receiving an email with an explanation of the survey and the link. Please complete the survey as promptly as possible so your results can be included in the symposium. We will be submitting the results in a manuscript which will be submitted to SOARD after the symposium.

***NEW* BARIATRIC NURSING COURSE**

At the ASMBS 2021 Annual Meeting

Thursday, June 10th
4:30pm – 6:00pm

The course directors are Laura Boyer, FNP-C, CBN and Karen Schultz, MSN, CNS, CBN

Please check back when the annual meeting schedule is finalized
<https://asmbsmeeting.com/schedule/>

Credits available.

ONLINE EXAMINATION REVIEW COURSE

The CBN Certification Examination Preparation Subcommittee would like to announce the update of the **Certified Bariatric Nurse Examination Review Course**.

This project has taken place over the last 8 months and has been accomplished virtually.

The launch date is June 1st, 2021

Please check the CBN Section of the ASMBS website: <https://asmbs.org/professional-education/cbn/cbn-online-review-course>.

Please pass on the word to those in your facilities looking to prepare for the CBN Certification examination.

THE DISTINGUISHED CBN AWARD



The Fifth Distinguished CBN award will be presented to recognize a CBN who has made an extraordinary effort to promote the values of the CBN: Compassion, Advocacy, Research and Education.

The award will be given during the 37th Annual Meeting of the ASMBS from June 10 – 12th, 2021. Please see the conference for the day and time. We'd love for you to come out to show your support for this special testament to bariatric nursing and bariatric/metabolic nurses.



HOW DO I BECOME MORE INVOLVED IN CBN? Practice Analysis UPDATE: Here we are again ...

There are 3 ways that you can become involved with the “practice analysis”. In simple terms, it is the definition of the *standard of practice* of bariatric/metabolic surgical nursing. Approximately, every 5 years it is necessary for all certifications to review and update as needed their “Practice Analysis”, sometime called a “Job Analysis”. The practice analysis includes the performance domains and tasks related to the purpose of the credential, and knowledge and/or skills associated with the performance domains and tasks and use them to develop specifications for the examination/assessment instruments. In this “update” situation, we will need to review the current practice analysis which included the domains of practice the tasks, skills, and knowledge needed to practice bariatric and metabolic surgical nursing. Specifically, the review will focus on the question, what has changed over the last 5 years in the practice of metabolic and bariatric surgical nursing? After the review takes place, working with our certification consultant, PSI, a survey will be developed and sent out to bariatric/metabolic surgical nurses all over the country to ask practitioners about job-related tasks; their frequency and importance in their daily work. Additionally, the survey questions will focus on the knowledge required as applied on the job.

The 3 ways you can become involved are:

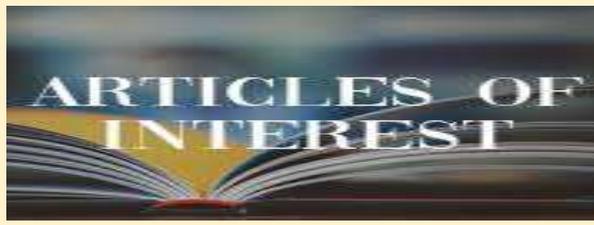
- (1) You can volunteer to be on the CBN Practice Analysis subcommittee. This strategic planning group will actually be working with our certifications consultant to oversee the process.
- (2) You can volunteer to be on the Practice Analysis Task Force which will be assembled by the subcommittee (10-15 CBNs), representing nurses of differing geographic regions, practice environments, levels of bariatric/metabolic surgical nursing experience, and working in all surgical procedures. They will review and discuss the current state of bariatric/metabolic surgical nursing, review and update the survey, and then review the survey results and update the domains, tasks and knowledge statements that are the blueprint of the CBN examination.
- (3) You can complete the survey that will be sent out to you, so your practice perspective is included in updated practice analysis.

At this point, if options 1 or 2 appeal to you, please email the CBN manager at cbn@asmbs.org.

We anticipate this project to beginning in late summer/fall '21 and will take about 9 – 12 months. We hope to publish this practice analysis update in SOARD. Subcommittee and task force members will be eligible to be authors of the publication. Here is a link to our initial practice analysis publication

[https://www.soard.org/article/S1550-7289\(10\)00428-4/fulltext](https://www.soard.org/article/S1550-7289(10)00428-4/fulltext).

We will be sending out an official invitation for volunteers during the summer but if you think at this point you might be interested in participating on the subcommittee or the task force or have questions, please notify use at cbn@asmbs.org . This will help us plan. We will be sending out an official request for “task force members” during the summer.



Prevention of Nausea and Vomiting after Laparoscopic Sleeve Gastrectomy: Are We Doing Enough?

AANA Journal, April 2020, Vol.88, No. 2.

Authored by Kerry L. Varner, MSNA, CRNA and Alice L. March, PhD, RN, FNP, CNE.

https://www.aana.com/docs/default-source/aana-journal-web-documents-1/prevention-of-nausea-and-vomiting-after-laparoscopic-sleeve-gastrectomy-are-we-doing-enough-april-2020.pdf?sfvrsn=6f7edd1e_6

Systematic Review of Patient Education Practices in Weight Loss Surgery.

SOARD 2017 Jun;13(6):1072-1085.

Authored by Karen Groller, PhD, RN-BC, CMSRN

[https://www.soard.org/article/S1550-7289\(17\)30022-9/fulltext](https://www.soard.org/article/S1550-7289(17)30022-9/fulltext)

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OTHER DISCIPLINE

CREDENTIALING

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INTERNATIONAL (new)

* Members of the Leadership Council

This Newsletter was developed by the CBN Committee and produced by the CBN Manager and the Marketing and Communications Coordinator



The American Society for Metabolic & Bariatric Surgery

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