JOB DESCRIPTION

Job Title: Metabolic and Bariatric Surgery Dietitian

Job Code: 

Job Grade: 

Department: Metabolic and Bariatric Surgery

FLSA Status: Exempt

Job Summary (to include reporting relationship):
Reporting to the Metabolic and Bariatric Surgery Program Director/Coordinator and/or surgeons, the Metabolic and Bariatric Surgery Dietitian provides nutrition guidance and counseling to metabolic and bariatric surgery patients through development, implementation, and monitoring of dietary recommendations pertaining to weight loss surgery. Provision of clinical nutrition care requires knowledge of the principles of weight loss surgery and the ability to analyze data, assess nutrition status and formulate nutrition care plans.

Job Functions:

- **Screening and Assessment**—Assess the metabolic and bariatric surgery patient by screening the medical record; completing a comprehensive assessment based on medical record data and interview with the patient; and by assessing the patient based on religious, cultural and ethnic preferences.

- **Nutrition Counseling**—Recommends appropriate nutrition intervention to the metabolic and bariatric surgery patient preoperatively and postoperatively based on subjective and objective data, including but not limited to, protein parameters, iron level, vitamin levels, and calcium level.

- **Education**—Educates patient based on cultural, religious and ethnic preferences. Individualizes patient education materials based on patient’s age and comprehension levels. Provides appropriate resources and education according to identified need. Documents education provided, including evidence of family teaching (as applicable), measurable understanding of principles discussed, and assessment of anticipated compliance. Participates in patient group teaching as needed. Serves as a nutrition educator by providing education, lectures and programs to XXXXXXXX Hospital staff, patients and community. Evaluates and develops nutrition education materials.

- **Performance Improvement**—Identifies issues, collects, evaluates and reports data as assigned. Participates in problem solving and resolution of issues. Collaborates with others in committees, work groups or projects designed to improve services.

- **Communication**—Participates in metabolic and bariatric surgery team rounds/meetings and assigned committees. Collaborates with physicians, nurses and other allied health staff to provide patient care. Documents nutrition referrals, as needed, to ensure quality nutrition care throughout the continuum of care. Documents nutritional care in the medical record, according to established policy, procedure and standards.

- **Documentation**—Documents desired outcomes specific to the individual patient problem(s), diagnosis(es), learning capabilities/limitations, and progress towards established goals.
• **Professional development**—Maintains CPEU’s as required by the American Nutrition Association in order to maintain registration. Develops and provides in-service education to department staff, colleagues and other departments.

• **Administrative Responsibilities**—Assists with development of department standards, guidelines, and policies and procedures. Adheres to all regulatory standards. Serves as a preceptor for dietetic interns and/or students.

**Supervision Received:**

General Supervision  ___X___ (functioning independently, referring unusual problems to supervisor.)

Close Supervision  ______ (performing work that is subject to frequent review and/or inspection.)

**Supervision Exercised:** (check those that apply)

Indirect Supervision  ______ of ______________________________ positions(s)

Direct Supervision  ______ of ______________________________ positions(s)

Functional Supervision  ______ of ______________________________ positions(s)

**Working Conditions and Physical Requirements:**

- Work Environment (clinical setting _x_ business/general office __ )
- Lifting and/or moving of patients and/or equipment (continuous __ frequent __ occasional _X_)
- Lifting and/or moving of patients and/or equipment (minimum pounds required ___50___)
- Other Physical Demands (required __ not required _x_)
- Prolonged sitting _x_ and/or Prolonged standing _____
- Color Vision (required __ not required _x_)
- Protective Glove Wear (required __ not required _X_)
- Respirator Wear (required __ not required _x_)
- Exposure to Blood/Body Fluids (regular __ possible __ rare _x_)
- Exposure to Outdoor Weather (continuous __ frequent__ occasional _x_)
- Other Exposures:
  - Formaldehyde or gluteraldehyde (regular __ possible __ rare _x_)
  - Chemotherapeutic drugs, Ribaviron or Pentamidine (regular __ possible __ rare _x_)
  - Ethylene Oxide (regular __ possible __ rare _x_)
- Other:

**Patient Population Served:** (Years listed in parenthesis)

- Neonates/Infants (0-1 years)  ______
- Toddler (1-3 years)  
- Early Childhood (3-6 years)  
- Childhood (6-12 years)  
- Adolescent (12-18 years)  
- Adult (18-65 years)  
- Elders (65 years and older)  

**Age Specific Assessment Competencies Applicable:**

Yes ____  No ____  

The needs of the Hospital and its patients require that hospital positions have flexibility. This job description in no way states or implies that these are the only duties to be performed by the employee occupying this position. Employees are required to follow any supervisory instructions and to perform other duties as requested by their supervisor and/or other management personnel from time to time.

**Approved by:**

Department Head: ___________________________ Date: ___________________________  
Human Resources: ___________________________ Date: ___________________________  

*** All job descriptions are subject to revision by the Hospital. ***

These materials are presented by the American Society for Metabolic and Bariatric Surgery, primarily the Integrated Health Section of the Society, regarding the surgical treatment for obesity or metabolic disease. The documents presented are based on current clinical experience and medical evidence available at this time. The materials are not definitive, and are not the recommendations of the Society. The documents and their contents are not intended as, and cannot not be construed as, stating or establishing a local, regional, or national standard of care.