JOB DESCRIPTION

Job Title: Meta
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lic and Bariatric Surgery Behavioral Health Provider

Job Code:

Job Grade:

Department: Metabolic and Bariatric Surgery

FLSA Status: Exempt

Job Summary (to include reporting relationship):
Reporting to the Metabolic and Bariatric Surgery Program Director and/or surgeons, the Metabolic and Bariatric Surgery Behavioral Health Provider provides psychological consultation, support, counseling and intervention to bariatric patients and their significant others through evaluation of psychological well-being, in accordance with the stated philosophy and objectives of the Psychology Department. The Behavioral Health Provider is accountable for the safety of the care they deliver.

Job Functions:

▪ Assures the safety of the patient population served by demonstrating age-appropriate skills in assessing, implementing and evaluating plans of care.

▪ Performs psychological evaluation for the preoperative metabolic and bariatric surgery patient and provides a formal written evaluation and interpretation of data (i.e. DIET inventory and Psychological questionnaire) as to the patient’s readiness and ability to make an informed decision regarding surgery.

▪ Participates in the weekly Metabolic and Bariatric Surgery Team meeting to discuss challenging patients, office dynamics, and/or seek supervision on cases.

▪ Participates in the development, implementation, and evaluation of plans for psychiatric care for the patient and their family, including but not limited to, smoking cessation, addiction treatment, eating disorder monitoring, etc...

▪ Participates in post-surgical inpatient rounds on a weekly basis, utilizing here and now methods to create/utilize action based/problem solving techniques around anticipated issues that may arise after leaving the hospital.

▪ Maintains contact with individual’s psychologist/psychiatrist/therapist, if applicable, to provide education to providers about anticipated psychological changes post surgery and to maintain collaborative efforts with recommended treatment plan.

▪ Provides psychological support to postoperative metabolic and bariatric surgery patients surrounding psychosocial issues/stressors. Addresses psychopathology, body image, self-esteem, social support quality of life, marital adjustment, and sexual functioning. Post-surgical follow-up required at 1 month, 6 months, and 1 year with any additional support provided as deemed necessary and/or needed.

▪ Provides couples therapy when necessary. Patients will be given the chance to learn about couple therapy and will have the opportunity to benefit from a systems perspective on how their psychopathology relates to their current weight and disordered eating. Psychoeducation may also be provided to the spouse/partner of the patient that involves explanation of the emotional and physical changes that their spouse may experience after the surgery.
**Job Functions:**

- Attends appropriate in-service and continuing education training program(s) for hospital staff, commensurate with job responsibilities.
- Participates in the monthly information sessions.
- Participates in unit projects, which seek to improve patient care.
- Communicates findings to interdisciplinary team and others as appropriate.
- Participates and leads various group meetings, including but not limited to support group, emotional eating, and body image groups. The CBT focused groups may change periodically to address the many issues/topics that may be addressed in a group format, along with patient’s having the opportunity to benefit from the group process as a whole.
- Administrative responsibilities including keeping informed of current Bariatric research, attending seminars, data entry for future research studies, and professional development.
- Participates in continuing education and/or other appropriate activities to maintain current licensure.
- Other duties as assigned from time to time.

**Minimum Qualifications:**

- Education: Master’s Degree in a field related to mental health.
- Experience: Minimum one year experience.
- Licensure and/or Certification: Licensed Mental Health Counselor
- Skills - Interpersonal and communication skills.

**Supervision Received:** (Please check one)

- **X** General Supervision, functioning independently, referring unusual problems to supervisor.
- _____ Close Supervision, performing work that is subject to frequent review and/or inspection.

**Supervision Exercised:** (Check those that apply and state the type of employees supervised)

- _____ Functional Supervision of
- _____ Direct Supervision of
- _____ Indirect Supervision of
- _____ Not Applicable
**Working Conditions and Physical Requirements:** (Check those that apply)

- Work Environment (clinical setting _x_ business/general office ___)
- Lifting and/or moving of patients and/or equipment (continuous __ frequent __ occasional _x_)
- Lifting and/or moving of patients and/or equipment (minimum pounds required _50_)
- Other Physical Demands (required ___ not required _x_)
- Prolonged sitting _x_ and/or Prolonged standing ____
- Color Vision (required ___ not required _x_)
- Protective Glove Wear (required _x_ not required ___)
- Respirator Wear (required ___ not required _x_)
- Exposure to Blood/Body Fluids (regular __ possible __ rare _x_)
- Exposure to Outdoor Weather (continuous __ frequent__ occasional _x_)
- Other Exposures:
  - Formaldehyde or gluteraldehyde (regular __ possible __ rare _x_)
  - Chemotherapeutic drugs, Ribaviron or Pentamidine (regular __ possible __ rare _x_)
  - Ethylene Oxide (regular __ possible __ rare _x_)
- Other:

**Age Specific Assessment Competencies Applicable.** If yes, staff member has regular clinical contact with patients and an annual review of an employee’s ability to meet age specific needs is required: (Check one)

- Yes _x_  
- No ___

**Patient Population Served, if applicable:** (Age specific years listed in parenthesis)

- Neonates/Infants (0-1 years) ______
- Toddler (1-3 years) ______
- Early Childhood (3-6 years) ______
- Childhood (6-12 years) ______
- Adolescent (12-18 years) ______
- Adult (18-65 years) ___ _x_ ___
- Elders (65 years and older) ___ _x_ ___

The needs of the Hospital and its patients require that hospital positions have flexibility. This job description in no way states or implies that these are the only duties to be performed by the employee occupying this position. Employees are required to follow any supervisory instructions and to perform other duties as requested by their supervisor and/or other management personnel from time to time.

**Approved by:**

Department Head: ______________________________ Date: ______________ 

Human Resources: ______________________________ Date: ______________

*** All job descriptions are subject to revision by the Hospital. ***

*These materials are presented by the American Society for Metabolic and Bariatric Surgery, primarily the Integrated Health Section of the Society, regarding the surgical treatment for obesity or metabolic disease. The documents presented are based on current clinical experience and medical evidence available at this time. The materials are not definitive, and are not the recommendations of the Society. The documents and their contents are not intended as, and cannot be construed as, stating or establishing a local, regional, or national standard of care.*