Obesity is a serious chronic condition that continues to have a growing impact on our society, and carries with it a large number of related conditions such as diabetes, hypertension, heart disease, and more. Action must be taken to address this epidemic at all levels — individual, family, community, government, healthcare and insurance. To learn more about the disease of obesity, treatment options, weight bias, and more, please visit the Obesity Action Coalition (OAC) Web site at www.ObesityAction.org.

Questions?
If you have any questions regarding the above information or if you would like to receive free educational materials on obesity, please contact the OAC National Office at (800) 717-3117 or info@obesityaction.org.

WASHINGTON
Obesity Fact Sheet

ADULT OBESITY FACTS:

Obesity affects more than 26.4% of Washingtonians.

Washington is ranked 37/51 in states impacted by obesity.

The age group most affected by obesity in Washington is 45-64 (31%).

Washington ranks 41st in adults with Type 2 Diabetes (8.4%).

CHILDHOOD OBESITY FACTS:

Children Affected by Obesity

Washington IS NOT one of the 19 states that have BMI screening requirements.

NATIONAL COST OF OBESITY

$315.8 BILLION
Estimated cost of annual obesity-related healthcare

$14.1 BILLION
The direct costs caused by childhood obesity

$4.3 BILLION
Nationwide annual costs due to obesity-related absenteeism

Questions?
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References:
- Centers for Disease Control
- Trust for America's Health
- Obesity Action Coalition