Obesity is a serious chronic condition that continues to have a growing impact on our society, and carries with it a large number of related conditions such as diabetes, hypertension, heart disease, and more. Action must be taken to address this epidemic at all levels — individual, family, community, government, healthcare and insurance. To learn more about the disease of obesity, treatment options, weight bias, and more, please visit the Obesity Action Coalition (OAC) Web site at www.ObesityAction.org.

Questions?
If you have any questions regarding the above information or if you would like to receive free educational materials on obesity, please contact the OAC National Office at (800) 717-3117 or info@obesityaction.org.

References:
- Centers for Disease Control
- Trust for America’s Health
- Obesity Action Coalition

Obesity affects more than 32.4% of Texans.

Texas is ranked 10/51 in states impacted by obesity.

28.5% of male Texans affected by obesity.
30.3% of female Texans affected by obesity.

13thTexas ranks 13th in adults with Type 2 Diabetes (11.4%).

Texas is one of only 21 states that has a physical activity requirement in their schools.

Texas IS NOT one of the 19 states that have BMI screening requirements.

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