## ADULT OBESITY FACTS:

Obesity affects more than 33.9% of Oklahomans.

- More than 33.1% of male Oklahomans are affected by obesity.
- More than 31.4% of female Oklahomans are affected by obesity.

Oklahoma is ranked 8/51 in states impacted by obesity. The age group most affected by obesity in Oklahoma is 45-64 (36.7%).

Oklahoma ranks 9th in adults with Type 2 Diabetes (11.7%).

### OKLAHOMA Obesity Fact Sheet

**Adult Obesity Facts:**

<table>
<thead>
<tr>
<th>Age</th>
<th>Percentage</th>
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</thead>
<tbody>
<tr>
<td>5</td>
<td>5%</td>
</tr>
<tr>
<td>10</td>
<td>10%</td>
</tr>
<tr>
<td>15</td>
<td>15%</td>
</tr>
</tbody>
</table>

Obesity affects more than 33.9% of Oklahomans.

### CHILDHOOD OBESITY FACTS:

17.4% of high school students are affected by obesity. Oklahoma is 6th highest in the nation states that have BMI screening requirements.

### NATIONAL COST OF OBESITY

- **$315.8 Billion**
  - Estimated cost of annual obesity-related healthcare
- **$14.1 Billion**
  - How much more healthcare costs for individuals affected by obesity
- **$4.3 Billion**
  - Nationwide annual costs due to obesity-related absenteeism

Obesity is a serious chronic condition that continues to have a growing impact on our society, and carries with it a large number of related conditions such as diabetes, hypertension, heart disease, and more. Action must be taken to address this epidemic at all levels — individual, family, community, government, healthcare and insurance. To learn more about the disease of obesity, treatment options, weight bias, and more, please visit the Obesity Action Coalition (OAC) Web site at [www.ObesityAction.org](http://www.ObesityAction.org).

### Questions?

If you have any questions regarding the above information or if you would like to receive free educational materials on obesity, please contact the OAC National Office at (800) 717-3117 or info@obesityaction.org.

### References:
- Centers for Disease Control
- Trust for America’s Health
- Obesity Action Coalition

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<table>
<thead>
<tr>
<th>Race</th>
<th>Approx. Percentage</th>
</tr>
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<tbody>
<tr>
<td>Caucasian</td>
<td>32.5%</td>
</tr>
<tr>
<td>African American</td>
<td>35.4%</td>
</tr>
<tr>
<td>Hispanic</td>
<td>33.9%</td>
</tr>
</tbody>
</table>

Oklahoma is ranked 8/51 in states impacted by obesity.