Obesity is a serious chronic condition that continues to have a growing impact on our society, and carries with it a large number of related conditions such as diabetes, hypertension, heart disease, and more. Action must be taken to address this epidemic at all levels — individual, family, community, government, healthcare and insurance. To learn more about the disease of obesity, treatment options, weight bias, and more, please visit the Obesity Action Coalition (OAC) Web site at www.ObesityAction.org.

Questions?
If you have any questions regarding the above information or if you would like to receive free educational materials on obesity, please contact the OAC National Office at (800) 717-3117 or info@obesityaction.org.

References:
- Centers for Disease Control
- Trust for America’s Health
- Obesity Action Coalition

Montana
Obesity Fact Sheet

ADULT OBESITY FACTS:

Obesity affects more than 23.6% of Montanans.

25.2% More than 25.2% of male Montanans are affected by obesity.

23.4% More than 23.4% of female Montanans are affected by obesity.

Montana is ranked 48/51 in states impacted by obesity.

The age group most affected by obesity in Montana is 45-64 (28.3%).

Montana ranks 47th in adults with Type 2 Diabetes (7.9%).

CHILDHOOD OBESITY FACTS:

10.3% of high school students are affected by obesity.

Montana IS NOT one of the 19 states that have BMI screening requirements.

NATIONAL COST OF OBESITY

$315.8 BILLION Estimated cost of annual obesity-related healthcare

42% How much more healthcare costs for individuals affected by obesity

$14.1 BILLION The direct costs caused by childhood obesity

$4.3 BILLION Nationwide annual costs due to obesity-related absenteeism