Obesity is a serious chronic condition that continues to have a growing impact on our society, and carries with it a large number of related conditions such as diabetes, hypertension, heart disease, and more. Action must be taken to address this epidemic at all levels — individual, family, community, government, healthcare and insurance. To learn more about the disease of obesity, treatment options, weight bias, and more, please visit the Obesity Action Coalition (OAC) Web site at www.ObesityAction.org.

Questions?
If you have any questions regarding the above information or if you would like to receive free educational materials on obesity, please contact the OAC National Office at (800) 717-3117 or info@obesityaction.org.

References:
- Centers for Disease Control
- Trust for America’s Health
- Obesity Action Coalition

MISSOURI
Obesity Fact Sheet

ADULT OBESITY FACTS:

Missouri ranks 10th in adults with Type 2 Diabetes (11.5%).

Missourians Affected by Obesity by Race

<table>
<thead>
<tr>
<th>Race</th>
<th>Approx. Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Caucasian</td>
<td>30.4%</td>
</tr>
<tr>
<td>African American</td>
<td>38.4%</td>
</tr>
<tr>
<td>Hispanic</td>
<td>31.5%</td>
</tr>
</tbody>
</table>

The age group most affected by obesity in Missouri is 45-64 (37%).

Obesity affects more than 32.4% of Missourians.

Missouri is ranked 10/51 in states impacted by obesity.

29.7% of male Missourians are affected by obesity.

29.6% of female Missourians are affected by obesity.

10th

CHILDHOOD OBESITY FACTS:

Missouri IS one of the 19 states that have BMI screening requirements.

ChildrenAffected by Obesity

<table>
<thead>
<tr>
<th>Age</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>12.9%</td>
</tr>
<tr>
<td>2</td>
<td>13.5%</td>
</tr>
</tbody>
</table>

NATIONAL COST OF OBESITY

- Estimated cost of annual obesity-related healthcare: $315.8 billion
- How much more healthcare costs for individuals affected by obesity: 42%
- The direct costs caused by childhood obesity: $14.1 billion
- Nationwide annual costs due to obesity-related absenteeism: $4.3 billion

Obesity affects more than 32.4% of Missourians.

Obesity affects

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Estimated annual healthcare costs:

- Obesity: $315.8 billion
- Non-obesity: $14.1 billion
- Non-obesity: $4.3 billion

Adapted from: Centers for Disease Control, Trust for America’s Health, Obesity Action Coalition

For more information, visit obesityaction.org.