Obesity is a serious chronic condition that continues to have a growing impact on our society, and carries with it a large number of related conditions such as diabetes, hypertension, heart disease, and more. Action must be taken to address this epidemic at all levels — individual, family, community, government, healthcare and insurance. To learn more about the disease of obesity, treatment options, weight bias, and more, please visit the Obesity Action Coalition (OAC) Web site at [www.ObesityAction.org](http://www.ObesityAction.org).

Questions?
If you have any questions regarding the above information or if you would like to receive free educational materials on obesity, please contact the OAC National Office at (800) 717-3117 or [info@obesityaction.org](mailto:info@obesityaction.org).

**ADULT OBESITY FACTS:**

- Obesity affects more than 36.2% of Louisians.
- Louisiana is ranked 1/51 in states impacted by obesity.
- More than 33.4% of male Louisians are affected by obesity.
- More than 36% of female Louisians are affected by obesity.
- The age group most affected by obesity in Louisiana is 45-64 (40.7%).

**CHILDHOOD OBESITY FACTS:**

- Approximately 21.1% of children in Louisiana are affected by obesity.
- Louisiana is NOT one of the 19 states that have BMI screening requirements.

**NATIONAL COST OF OBESITY**

- Estimated cost of annual obesity-related healthcare: $315.8 billion
- How much more healthcare costs for individuals affected by obesity: 42%
- The direct costs caused by childhood obesity: $14.1 billion
- Nationwide annual costs due to obesity-related absenteeism: $4.3 billion

**References:**
- Centers for Disease Control
- Trust for America’s Health
- Obesity Action Coalition

[www.ObesityAction.org](http://www.ObesityAction.org)