Obesity is a serious chronic condition that continues to have a growing impact on our society, and carries with it a large number of related conditions such as diabetes, hypertension, heart disease, and more. Action must be taken to address this epidemic at all levels — individual, family, community, government, healthcare and insurance. To learn more about the disease of obesity, treatment options, weight bias, and more, please visit the Obesity Action Coalition (OAC) Web site at www.ObesityAction.org.

Questions?
If you have any questions regarding the above information or if you would like to receive free educational materials on obesity, please contact the OAC National Office at (800) 717-3117 or info@obesityaction.org.

References:
- Centers for Disease Control
- Trust for America’s Health
- Obesity Action Coalition

KANSAS
Obesity Fact Sheet

ADULT OBESITY FACTS:

Obesity affects more than 34.2% of Kansans.

- 30.5% of male Kansans are affected by obesity.
- 29.1% of female Kansans are affected by obesity.

Kansas is ranked 7/51 in states impacted by obesity.

The age group most affected by obesity in Kansas is 45-64 (38.9%).

Kansans Affected by Obesity by Race

- Caucasian: 31%
- African American: 42.7%
- Hispanic: 35.4%

Kansas ranks 29th in adults with Type 2 Diabetes (9.7%).

CHILDHOOD OBESITY FACTS:

- 12.7% of children are affected by obesity under 18 years old.
- 14.2% of children are affected by obesity 12-18 years old.

Kansas IS NOT one of the 19 states that have BMI screening requirements.

NATIONAL COST OF OBESITY

- $315.8 BILLION: Estimated cost of annual obesity-related healthcare
- 42%: How much more healthcare costs for individuals affected by obesity
- $14.1 BILLION: The direct costs caused by childhood obesity
- $4.3 BILLION: Nationwide annual costs due to obesity-related absenteeism

Obesity Action Coalition
www.ObesityAction.org