

IOWA

Obesity Fact Sheet

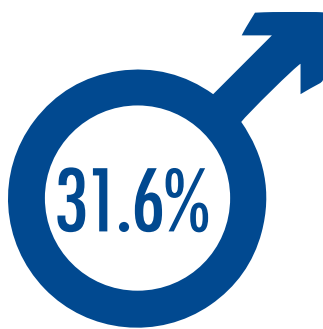
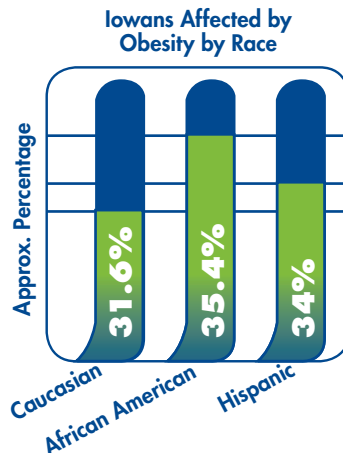


ADULT OBESITY FACTS:

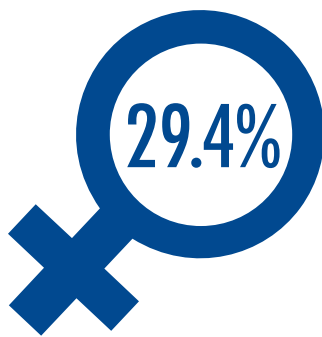
Obesity affects more than **32.1%** of Iowans.



Iowa is ranked **12/51** in states impacted by obesity.



More than **31.6%** of male Iowans are affected by obesity.



More than **29.4%** of female Iowans are affected by obesity.

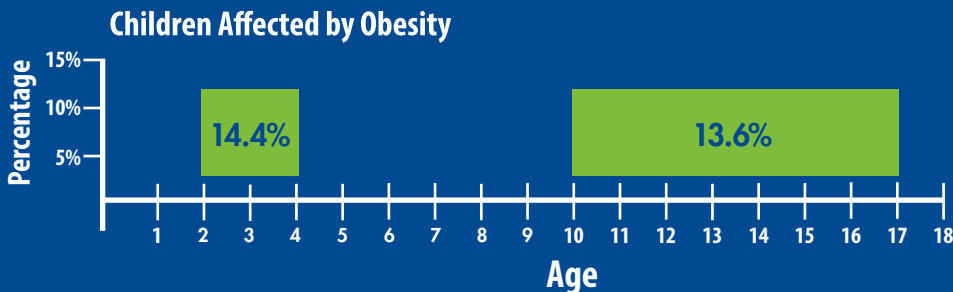


The age group most affected by obesity in Iowa is 45-64 (35.9%).

36th

Iowa ranks **36th** in adults with **Type 2 Diabetes (8.8%)**.

CHILDHOOD OBESITY FACTS:



Iowa **IS NOT** one of the 19 states that have BMI screening requirements

NATIONAL COST OF OBESITY

\$315.8 BILLION

Estimated cost of annual obesity-related healthcare

42%

How much more healthcare costs for individuals affected by obesity

\$14.1 BILLION

The direct costs caused by childhood obesity

\$4.3 BILLION

Nationwide annual costs due to obesity-related absenteeism

Obesity is a serious chronic condition that continues to have a growing impact on our society, and carries with it a large number of related conditions such as diabetes, hypertension, heart disease, and more. Action must be taken to address this epidemic at all levels — individual, family, community, government, healthcare and insurance. To learn more about the disease of obesity, treatment options, weight bias, and more, please visit the Obesity Action Coalition (OAC) Web site at www.ObesityAction.org.

References:

- Centers for Disease Control
- Trust for America's Health
- Obesity Action Coalition

Questions?

If you have any questions regarding the above information or if you would like to receive free educational materials on obesity, please contact the OAC National Office at (800) 717-3117 or info@obesityaction.org.

