Obesity is a serious chronic condition that continues to have a growing impact on our society, and carries with it a large number of related conditions such as diabetes, hypertension, heart disease, and more. Action must be taken to address this epidemic at all levels — individual, family, community, government, healthcare and insurance. To learn more about the disease of obesity, treatment options, weight bias, and more, please visit the Obesity Action Coalition (OAC) Web site at www.ObesityAction.org.

Questions?
If you have any questions regarding the above information or if you would like to receive free educational materials on obesity, please contact the OAC National Office at (800) 717-3117 or info@obesityaction.org.

References:
- Centers for Disease Control
- Trust for America’s Health
- Obesity Action Coalition

**INDIANA**

**Obesity Fact Sheet**

**ADULT OBESITY FACTS:**

- Obesity affects more than 31.3% of Indianans.
- Indiana is ranked 15/51 in states impacted by obesity.
- More than 31.9% of male Indianans are affected by obesity.
- More than 31% of female Indianans are affected by obesity.
- The age group most affected by obesity in Indiana is 45-64 (37.4%).

**CHILDHOOD OBESITY FACTS:**

- 13.6% of high school students are affected by obesity.

**NATIONAL COST OF OBESITY**

- $315.8 BILLION: Estimated cost of annual obesity-related healthcare
- $14.1 BILLION: The direct costs caused by childhood obesity
- $4.3 BILLION: Nationwide annual costs due to obesity-related absenteeism

Indiana is ranked 13th in adults with Type 2 Diabetes (11.4%).