Obesity is a serious chronic condition that continues to have a growing impact on our society, and carries with it a large number of related conditions such as diabetes, hypertension, heart disease, and more. Action must be taken to address this epidemic at all levels — individual, family, community, government, healthcare and insurance. To learn more about the disease of obesity, treatment options, weight bias, and more, please visit the Obesity Action Coalition (OAC) Web site at www.ObesityAction.org.

Hawaii
Obesity Fact Sheet

ADULT OBESITY FACTS:

Obesity affects more than 22.7% of Hawaiians.

Hawaii is ranked 49/51 in states impacted by obesity.

The age group most affected by obesity in Hawaii is 26-44 (26.4%).

More than 26.8% of male Hawaiians are affected by obesity.

More than 20.3% of female Hawaiians are affected by obesity.

39th Hawaii ranks 39th in adults with Type 2 Diabetes (8.5%).

CHILDHOOD OBESITY FACTS:

12.9% of high school students are affected by obesity.

Hawaii IS NOT one of the 19 states that have BMI screening requirements.

NATIONAL COST OF OBESITY

$315.8 BILLION
Estimated cost of annual obesity-related healthcare

42%
How much more healthcare costs for individuals affected by obesity

$14.1 BILLION
The direct costs caused by childhood obesity

$4.3 BILLION
Nationwide annual costs due to obesity-related absenteeism

References:
• Centers for Disease Control
• Trust for America’s Health
• Obesity Action Coalition

Questions?
If you have any questions regarding the above information or if you would like to receive free educational materials on obesity, please contact the OAC National Office at (800) 717-3117 or info@obesityaction.org.