Obesity is a serious chronic condition that continues to have a growing impact on our society, and carries with it a large number of related conditions such as diabetes, hypertension, heart disease, and more. Action must be taken to address this epidemic at all levels — individual, family, community, government, healthcare and insurance. To learn more about the disease of obesity, treatment options, weight bias, and more, please visit the Obesity Action Coalition (OAC) Web site at www.ObesityAction.org.

Questions?
If you have any questions regarding the above information or if you would like to receive free educational materials on obesity, please contact the OAC National Office at (800) 717-3117 or info@obesityaction.org.

References:
- Centers for Disease Control
- Trust for America’s Health
- Obesity Action Coalition

Obesity affects more than 24.2% of Californians.

- More than 26.2% of male Californians are affected by obesity.
- More than 23.8% of female Californians are affected by obesity.

California is ranked 47/51 in states impacted by obesity.

- California ranks 46/51 for adults with Hypertension (28.5%).

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CHILDHOOD OBESITY FACTS:

More than 16.8% of children in California are affected by obesity.

- Children affected by obesity by age:
  - 5%: 1, 2
  - 10%: 3, 4, 5
  - 15%: 6, 7, 8, 9, 10

NATIONAL COST OF OBESITY

- Estimated cost of annual obesity-related healthcare: $315.8 billion
- How much more healthcare costs for individuals affected by obesity: 42%
- The direct costs caused by childhood obesity: $14.1 billion
- Nationwide annual costs due to obesity-related absenteeism: $4.3 billion

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