

**MINNESOTA**  
(no State Chapter)

**Contact Information for Key State Policymakers**

**Exchange Type:** State-Based Marketplace

**Essential Health Benefits:**

Weight Loss Programs Excluded  
Bariatric Surgery Excluded

**Governor:**

Office of Governor Mark Dayton  
130 State Capitol  
75 Rev. Dr. Martin Luther King Jr. Blvd.  
St. Paul, MN 55155  
Phone: (651) 201-3400  
Fax: (651) 797-1850  
<http://mn.gov/governor/>

Chief of Staff: Jaime Tincher  
Governor's Scheduler: Grace Fleming  
Washington Representative: Bill Richard

**Insurance Commissioner:**

State Insurance Commissioner Mike Rothman  
Minnesota Department of Commerce  
85 7th Place East, Suite 500  
St. Paul, MN 55101-2198  
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**House Health Committee Chairman:**

House Health and Human Services Policy Committee Chair Tina Liebling (DFL)  
367 State Office Building  
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[rep.tina.liebling@house.mn](mailto:rep.tina.liebling@house.mn)

**Senate Health Committee Chairman:**

Senate Health, Human Services and Housing Committee Chair Kathy Sheran (DFL)  
75 Rev. Dr. Martin Luther King Jr. Blvd.,  
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**State Medicaid Director:**

Minnesota Department of Human Services  
Jim Golden  
Medicaid Director  
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**State Medical Society Director:**

Minnesota Medical Association  
Dave Renner, CAE  
Director of Department of State and Federal Legislation  
1300 Godward St. NE, Suite 2500  
Minneapolis, MN 55413  
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**State Hospital Association Director:**

Minnesota Hospital Association  
Mary Krinkie  
Vice President of Government Relations  
2550 University Ave. W., Suite 350-S  
St. Paul, MN 55114-1900  
Phone: (651) 641-1121  
[mkrinkie@mnhospitals.org](mailto:mkrinkie@mnhospitals.org)

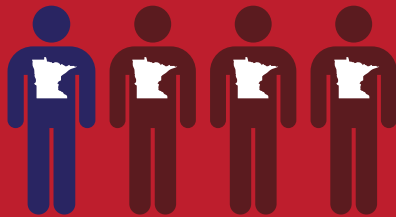


# MINNESOTA OBESITY FACT SHEET



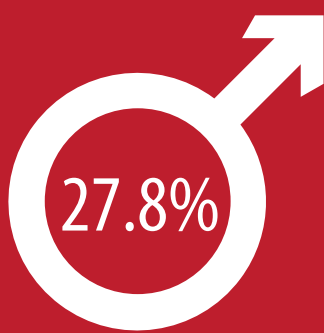
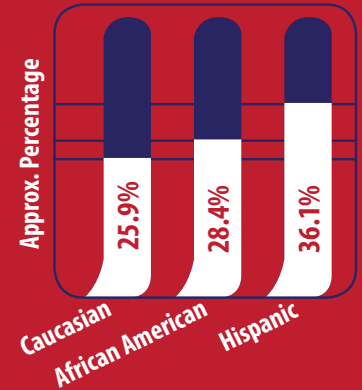
## MINNESOTA ADULT OBESITY FACTS:

Obesity affects more than 25.7% of Minnesotans.

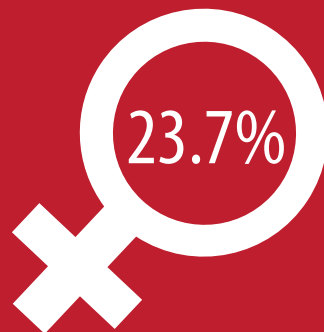


Minnesota is ranked 36/51 in states impacted by obesity.

### Minnesotans Affected by Obesity by Race



More than 27.8% of male Minnesotans are affected by obesity.



More than 23.7% of female Minnesotans are affected by obesity.



**45-64**

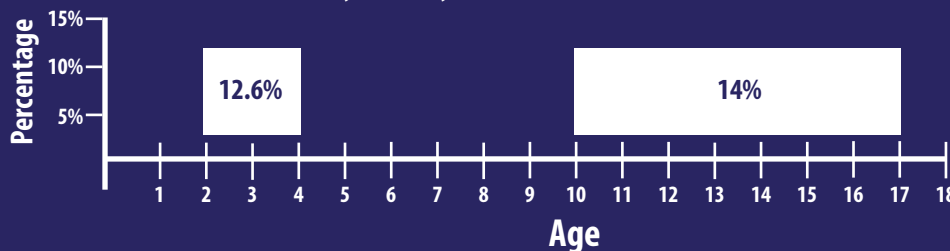
The age group most affected by obesity in Minnesota is 45-64 (30%).

**47<sup>th</sup>**

Minnesota ranks 47th in adults with Type 2 Diabetes (7.3%).

## MINNESOTA CHILDHOOD OBESITY FACTS:

### Children Affected by Obesity



Minnesota is **not** one of 21 states requiring BMI screenings of students.

## NATIONAL COST OF OBESITY:

**\$147-\$210  
BILLION**

The cost of obesity-related medical treatment costs

**42%**

How much more healthcare costs for individuals affected by obesity

**\$14.1  
BILLION**

The direct costs caused by childhood obesity

**\$4.3  
BILLION**

Nationwide annual costs due to obesity-related absenteeism

### Want to learn more about weight and its impact on health?

Weight and health go hand-in-hand. In an effort to raise awareness of weight and its impact on health, the Obesity Action Coalition (OAC) has launched a national campaign, titled *Your Weight Matters*<sup>SM</sup>. To learn more about weight and health and the Campaign, please visit [www.YourWeightMatters.org](http://www.YourWeightMatters.org).



### Contact the OAC

If you have any questions regarding the above information or would like to interview an OAC representative, please contact James Zervios, OAC Director of Communications, at [jzervios@obesityaction.org](mailto:jzervios@obesityaction.org).

### References:

- Centers for Disease Control
- Trust for America's Health
- Obesity Action Coalition